





🔐 Home

Tor Students

🎁 For Staff



Directory

UniSANews Archives Contacts **Media Centre UniSA Home**

UniSA News

July 2013



Health expansion

A partnership with SA Pathology will see UniSA support the growth of one Australia's top cancer research centres and expand the University's footprint in Adelaide's burgeoning west end health precinct. More...



Viewpoint: From Vice Chancellor Prof David Lloyd



Exercise is better together

Taking the dog or kids to the park, playing soccer with mates or a sunset stroll along the beach with a loved one - these types of exercises are actually better for your health, according to UniSA's Professor Timothy Olds. More...

Other Stories

- Sommelier captures Chinese wine consumers
- Slippery when wet: the possibilities of polymers
- Right to choose your health decisions
- Work wired at home and on holiday
- Students have their say in UniLife election
- Art student installs national Indigenous exhibition
- Achievements and **Announcements**
- Upcoming events



Eat Mediterranean for a healthy mind

Eating a healthy Mediterranean diet has proven physical health benefits but it could also provide positive mental health outcomes. More...



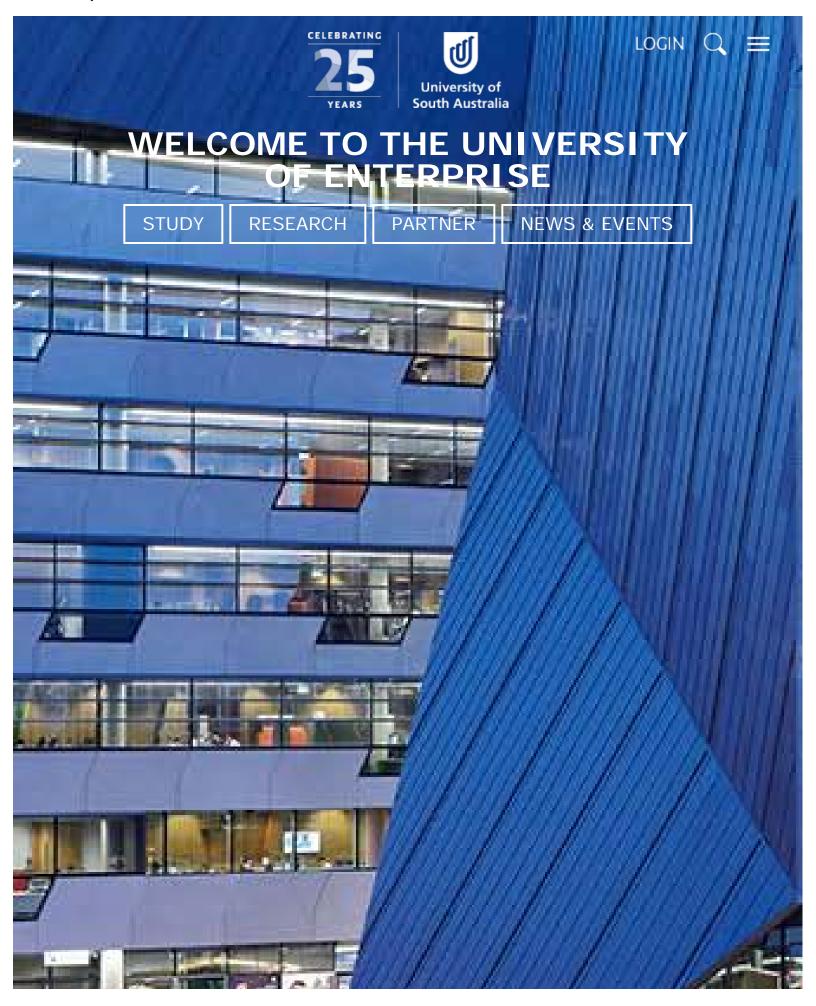
Hawke Lecture journeys into bio-future

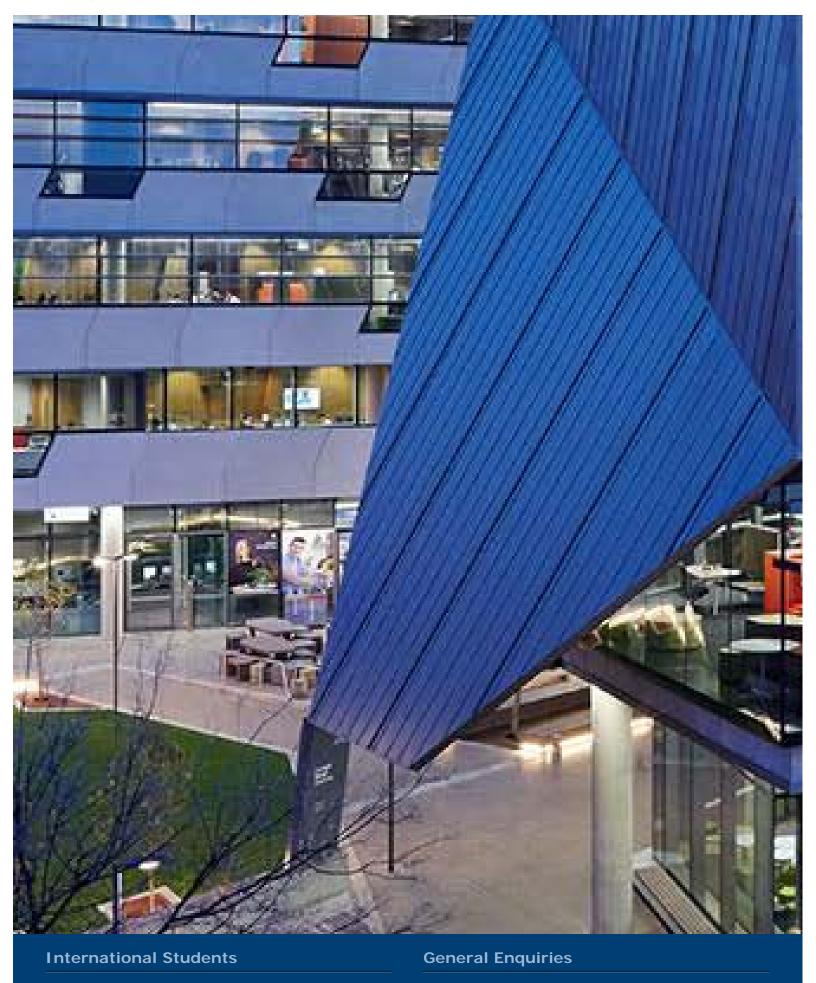
World-leading scientist and microbiologist Dr Elizabeth Blackburn will discuss what the 'bio-future' holds for human health during the Annual Hawke Lecture. More...

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page

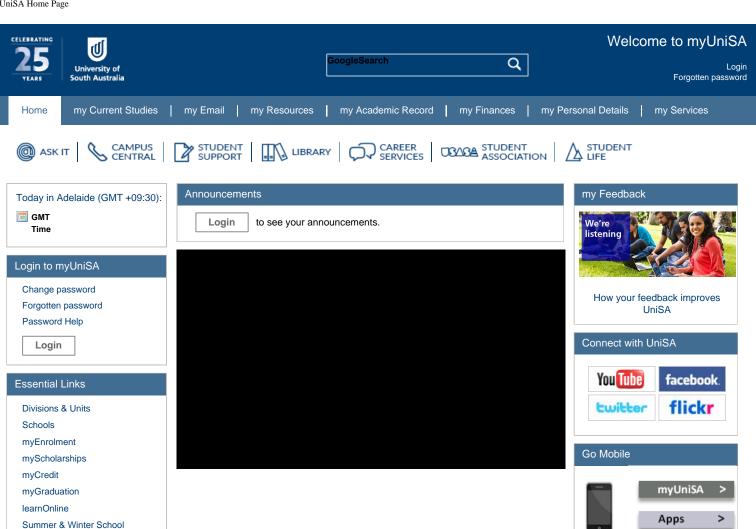
Latest content revision:Tuesday, 9 July 2013





http://www.unisa.edu.au/[2/09/2016, 1:53:54 PM]

Home - University of South Australia 08 8302 6611 Enquire online +613 9627 4854 Further contact details Further contact details Links & legal **Australian Students** CRICOS Provider no 00121B Make an enquiry Web accessibility 08 8302 2376 Disclaimers Further contact details **Privacy Statement** Copyright 2014 Connect with UniSA UniSA respects the Kaurna, Boandik and Barngarla peoples' spiritual relationship with their country.



Disclaimer | Copyright | View our privacy statement | Web Accessibility | CRICOS Provider no. 00121B | Contact | Help | Go Mobile 2 | Read this page





myUniSA









Announcements















Today in Adelaide (GMT +09:30):



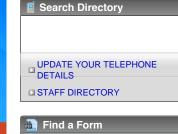
Weather currently unavailable for your location





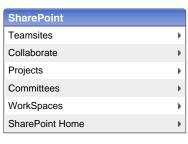
to see your announcements.



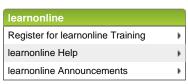


Forms









Online Forms





University home page













Disclaimer | Copyright | View our privacy statement | Web Accessibility | CRICOS Provider no. 00121B | Contact | Help | Read this page



LOGIN (





Home > Directory Results

Search Results

Search

All & , - 1 2 A B C D E F G H I J K L M N O P Q R S T U V W X Y

Search the directory

Keywords can include staff name, phone number, position, title, location (campus or room number), division, school or unit.

For facilities, you can search by name e.g. Aroma Cafe, Switchboard, IT Help Desk etc.

Filter search results

Research Supervisors 927

Research area

Asia Pacific Centre for Work Health and Safety	3
Barbara Hardy Institute	24
Centre for Business Growth	11
Centre for Cancer Biology	99
Centre for Sleep Research	15
Centre for Water Management and Reuse	1
Defence and Systems Institute	3
Ehrenberg-bass Institute for Marketing Science	26
Future Industries Institute	198
Hawke Research Institute	19
Institute for Choice	22
Institute for Telecommunications Research	20
Sansom Institute Health Research NRC	5
Sansom Institute Health Research Operations	43

Schools/Divisions

Sansom Institute Health Research PMB

Art, Architecture and Design	230
Business Services	121
Centre for Business Growth	
Centre for Cancer Biology	1
Commerce	158
Communication, International Studies and Languages	162
Communications and Marketing	1
Division Office Research Eas	1
Education	245
Education Arts and Social Sciences Divisional Office	71
Engineering	234
Facilities Management Unit	1
Future Industries Institute	2
Health Sciences	566
Health Sciences Divisional Office	69
Information Technology and Mathematical Sciences	(223)
Information Technology Engineering and The Environment Divisional Office	123
Law	68
Management	187
Marketing	88
Natural and Built Environments	260
Nursing and Midwifery	279
Pharmacy and Medical Sciences	377
Psychology, Social Work and Social Policy	175
SA Institute Of Business and Technology	6
Science Creativity Education Studio	1
Student and Academic Services	5
Student Engagement Unit	3
The Bob Hawke Prime Ministerial Centre	11
UniSA Business School Postgraduate and Professional	2
Units/Other	
Advancement Services	21
Anne & Gordon Samstag Museum Of Art	17
Assurance Services	6
Business Intelligence and Planning	20
Centre for English Language In The University Of South Australia	65
Chancellery and Council Services	75
Communications and Marketing	83
External Relations and Strategic Projects	12
Facilities Management Unit	164
Finance	94
Human Resources	90

Information Strategy and Technology Services	178
Office Of Strategic Programs	25
Offshore Campus Collaborations	4
Research and Innovation Services	40
SA Institute Of Business and Technology	84
Student and Academic Services	322
Student Engagement Unit	158
Teaching Innovation Unit	47
UniSA International	83
UniSA Regional Hubs	13
UniSA Ventures Pty Ltd	12
University Library	127

Staff

Academic Staff
Professional Staff
2,669

	General Enquiries	International Students
	08 8302 6611	Enquire online
	Further contact details	+613 9627 4854
	Links & legal	Further contact details
	CRICOS Provider no 00121B	Australian Students
	Australian Technology Network	Make an enquiry
	Web accessibility	08 8302 2376
	Disclaimers	Further contact details
	Privacy	
	Copyright 2014	
Connect with UniSA f in		pects the Kaurna, Boandik and Barngarla piritual relationship with their country.





🔐 Home

Tor Students

🐧 For Staff

Directory

UniSANews Archives Contacts **Media Centre UniSA Home**

UniSA News

July 2013

From the Vice Chancellor

Back to story index



While the major events that we've hosted over the past few weeks have generated their share of national, even global headlines, their long-term impact to our university carries even greater significance.

First of all, we held our world-first unijam that received coverage interstate and overseas, as well as attracting input from 7500-plus registered participants in more than 50 nations worldwide.

The top six 'quick wins' taken from ideas generated during the jam have already been announced (see 'Achievements and Announcements' for details), and the remaining content has been codified and analysed with its strategic, long-term suggestions identified and incorporated into a final draft of our new five-year strategic planning blueprint to be released in August.

This document, to be entitled Crossing the Horizon, will articulate a number of actions that will help us deliver on the ambitions outlined in our existing high-level strategy, Horizon 2020.

In addition to the unprecedented unijam consultation process that brought together the ideas and opinions of staff, students, alumni and industry experts, the plan has also been informed by detailed examination of our current institutional performance and by the rapidly evolving external landscape that guarantees ongoing challenges for Australia's higher education sector.

Crossing the Horizon is an action plan, as opposed to an aspirational plan. It details a number of concrete initiatives beneath seven over-arching themes that will help to further establish and differentiate UniSA as a true university of enterprise.

The other recent announcement to grab headlines emanated from a visit by the then Prime Minister

of Australia, Julia Gillard, to our City West campus last month.

As a result of a \$40 million investment from the Commonwealth announced during the visit, UniSA will have an expanded, strategic presence in the rapidly growing health and medical research precinct that will be the largest of its kind in the southern hemisphere.

The new UniSA Centre for Cancer Biology – delivered in partnership with SA Pathology – will help to further enhance the reputation of our institution, and of our state, as a global leader in health research, education and innovation.

There is no doubt that the growth of this precinct, which also includes the SA Health and Medical Research Institute (SAHMRI), the new Royal Adelaide Hospital and the to-be-relocated University of Adelaide Medical School, will fundamentally alter the city's dynamic.

As a result, UniSA will be at the very heart of this exciting shift which is perhaps the most important in the intellectual growth of Adelaide since the grand Victorian buildings of the North Terrace cultural boulevard took shape in the second half of the 19th Century.

And just as the stately edifices of the Library's Institute Building and Mortlock Wing, the Museum, the Art Gallery and Bonython Hall stand as timeless monuments to Adelaide's cultural foundation, UniSA continues to invest in our city's future heritage.

With the Hindley Street Learning Centre - to be known as the Jeffrey Smart Building in honour of our celebrated late alumnus - rapidly approaching completion, we are committing to a major new science, health and biomedical education and research facility on the north side of North Terrace, east of the new SAHMRI building.

This latest addition to our state-of-the-art infrastructure and our distinctive contribution to Adelaide's built environment will bring a vast number of allied health professionals together under a single roof, and will also feature a major new science outreach initiative.

It is also an investment in innovation that befits an institution named among the world's top 50 universities aged under 50, as confirmed by the recent *Times Higher Education* rankings.

This is a watershed in the ongoing evolution of Adelaide as a learning city, and it's both exciting and reassuring that UniSA is playing a pivotal role.

Professor David Lloyd Vice Chancellor and President

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision: Wednesday, 3 July 2013









Tor Students



🎁 For Staff



Directory

UniSANews Archives Contacts Media Centre

UniSA Home

UniSA News

July 2013

Sommelier captures Chinese wine consumers

Back to story index

by Katrina Phelps



Connecting Chinese consumers with a picturesque South Australian vineyard is proving to be a very fulfilling business opportunity for a UniSA MBA student.

Qualified sommelier Tim Nicholls has been able to combine his love of wine with his newly acquired Chinese business skills after completing the Business in China Intensive School (BiCIS) program as part of his UniSA MBA study last year.

The BiCIS program has run for seven years now and provides a great opportunity for local business students to learn first-hand what Chinese business is all about.

"I was completely amazed by what I experienced - Shanghai and Beijing are really setting incredibly high standards for the way they do business," Nicholls says.

"They have a great thirst for global brands but still remain uniquely Chinese.

"The Chinese emerging wine palate is an interesting business opportunity and my experience through BiCIS has helped develop our virtual tourism, wine and wine education service.

"For the Chinese consumer we want to demonstrate that learning about wine and wine production can be a



Tim Nicholls (left) with Chinese visitors at the Red Dolls Wine cellar.

fascinating journey of discovery that only enhances one's appreciation."

With several years experience working in the wine industry in Toronto, Singapore and Europe, Nicholls and his

wife Shelley Dover - who completed the UniSA MBA last year - have established their Red Dolls Wine business which offers a range of wine experiences specifically targeted at the Chinese market, including an 'adopt a vine' program.

"Our primary market for the brand is the visiting Chinese consumer, whether they are visiting friends and relatives, staying for a while to study, or here on business or government delegations," Nicholls says.

"We work in conjunction with Adelaide businesses that are looking for innovative ways to showcase the best of SA.

"I am always excited to meet Chinese people, to learn about their country, and practice my Mandarin."

Nicholls highly recommends the BiCIS program which includes industry and company visits, cultural tours, lectures and guest speakers.

MBA Program Director, Bob Gilliver, says the BiCIS program is often cited by students as a highlight of their MBA, and that it has become one of the annual marquee events in the program.

"Not only does it provide an extraordinary learning experience for our MBA students, it also opens doors with Chinese companies in many different industries and builds connections with other MBA programs in China," Gilliver says.

"All of these factors enhance our push for continued internationalisation of the MBA."

International Management Lecturer Dr Song Yang has been involved in all of the BiCIS programs.

"Each year we've had up to 40 students take part in this intensive residential program to learn about business in Asia," Dr Yang says.

"The magnitude and scale of business in China is huge and the business pace is fast. This creates a dynamic and competitive environment not only in business but also in terms of space. Australia in comparison has a smaller market and business scale, a smaller population, our environment is not as competitive and we have space.

"Personal relationships and networks are also a particular point of difference and it's important that anyone wanting to do business in Asia understands that a different approach is needed.

"MBA no longer means 'missing before action'. More students have started to explore the Chinese markets with the experiences from BiCIS. Tim's story is an example and more will follow."

Students who participated in this year's BiCIS program say highlights of the program included experiencing the Chinese economy inside China as compared to reading about it; networking with Chinese and Australian students; and gaining firsthand knowledge and experience in dealing with Chinese people, business and culture.

top^







🔐 Home

Tor Students

🎁 For Staff



UniSANews Archives Contacts

Media Centre UniSA Home

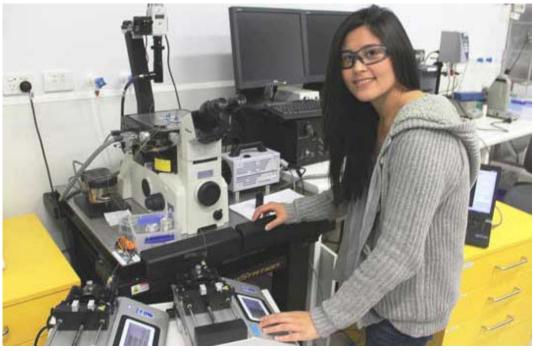
UniSA News

July 2013

Slippery when wet: the possibilities of polymers

by Will Venn

Back to story index



PhD student Tracey Ho is researching the lubricant properties of fucoidan from seaweed and chitosan from the shell of crustaceans.

As project titles go, 'Slippery When Wet: Lubrication with responsive polymers' must be one of the more amusingly named proposals to have secured ARC Future Fellowship funding.

But for its author, Associate Professor David Beattie, that funding - worth more than \$800,000 - has enabled him and his Wark-based research team to investigate how the human body's water based lubrication systems can be replicated and used in medical and industrial processes.

Assoc Prof Beattie explains how examining the fluid found in a knee joint can ultimately assist the process of mineral separation in the mining industry, improve the texture of food, or ease the passage of catheters and stents in the human body.

"Biological lubrication exists in knee joints; there are biomolecules in the fluid in your joints such as polysaccharides and proteins. These molecules also can be found in the fluid in your eyes," Assoc Prof Beattie says.

"Using techniques of chemistry and physics, we are able to quantify how well they lubricate.

"The classic molecules would be hyaluronic acid - present in knee joints - and mucin which is found

in tears. Friction and lubrication experiments involving sticking these biomolecules to surfaces have found that they act as an aid to sliding motion.

"One of the things that has been discovered is that the biomolecules which gave slippy surfaces were very heavily hydrated - water molecules stuck to them. It is these hydrated biomolecules that created an easy gliding motion on surfaces, hence the term and title of the project 'Slippery when Wet'."

Many people tend to think of lubrication in terms of oil based lubricants, but for Assoc Prof Beattie and his team the emphasis is on water based lubrication.

"There's a big scientific effort behind trying to understand it and design systems that make use of it for applications in biomaterials, food systems and engineering systems," he says.

Assoc Prof Beattie points to catheter and stent insertion as one of the classic applications arising from this research area in the past, where adding hyaluronic acid based polymer film coatings onto plastic surfaces ensured those surfaces have good sliding properties, reducing friction when passed into the body, in addition to being biocompatible.

At The Wark, working with Assoc Prof Beattie is PhD student Tracey Ho. She is currently researching the lubricant properties of two different types of polymers – one extracted from seaweed (fucoidan) and one derived from the shell of crustaceans (chitosan).

"These two different polymers, when combined, make polymer multilayers which I am researching for lubrication studies," Ho says.

"The polymers are compatible with each other and they may come to have biomedical applications as a combined lubricant film.

"It is interesting to see whether the plant based fucoidan has the same frictional characteristics as animal based hyaluronic acid.

"Coming from seaweed, fucoidan is a natural harvested product and has anti-bacterial properties, so to come up with a bio-lubricant that is innately anti-bacterial is another good chemical side benefit."

As well as bio-lubricants, the industrial applications of slippery polymers relate to an earlier area of research that Assoc Prof Beattie was engaged in at The Wark.

"I spent most of my career at the University working with the mining industry – the molecules we were studying and the chemicals we were using were not dissimilar to the structure of molecules being used as bio-lubricants; we would use polysaccharides to make minerals more easily separated," he says.

"When we got down to the detail of how they were working in industrial processes, we also discovered that hydration water was quite important in how they altered surface properties for mineral separation.

"Also, the way we studied their attachment to surfaces for lubrication or mineral separation was similar, which gave us a head start in our new research."

Assoc Prof Beattie's research has benefited from establishing a relationship with Marinova, a Tasmanian-based biomaterials company that extracts fucoidans from seaweed. It is from Marinova that the seaweed polysaccharides for research are sourced.

Assoc Prof Beattie will be spending time at Marinova in this month to update the scientists there on the latest results from Ho's work, and the hope is that there will be new opportunities to explore the application of fucoidans in bio-lubrication research.

From the food we eat, to the minerals we mine and even the ways we are able to move, slippery polymers have many purposes that Assoc Prof Beattie and his team are helping to realise.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision:Wednesday, 3 July 2013







🔐 Home

Tor Students

🐧 For Staff



Directory

UniSANews Archives Contacts **Media Centre**

UniSA Home

UniSA News

July 2013

Right to choose your health decisions

Back to story index

by Katrina Phelps



Margaret Brown at Parliament House.

For UniSA health ethics and palliative care researcher Margaret Brown, it was a very proud moment in April this year when the South Australian Parliament passed the Advance Care Directives Act 2013.

The passing of the Act was a culmination of her 20 years of research, teaching and policy development in the area of advance care directives - that is the right to document in advance decisions about your health care and refusal of medical treatment, if the time comes when you can no longer make those decisions.

"All the research I have done over the past 20 years has related in some way to advance care directives and improving the accessibility, understanding and knowledge of them," said Brown, Adjunct Research Fellow with UniSA's Hawke Research Institute.

One of the main principles of the Act is that an advance care directive enables a competent adult to make decisions about his or her future health care, residential and accommodation arrangements. and personal affairs either by stating their own wishes and instructions or through one or more substitute decision-makers.

"This Act that has been passed is quite an important piece of legislation," Brown said.

"The purpose of the Act is to strengthen people's right to refuse treatment especially at the end of life.

It is not about euthanasia.

"It should be an Act that everyone is aware of."

The Act stemmed from the South Australian Advance Directive Review Committee of which Brown was the Deputy Chair. The recommendations from the Review Committee went to Parliament and the Act is based on those recommendations.

"We are now preparing to pilot new *End of Life Guidelines* which will assist doctors in having the conversation about resuscitation decisions with the patients and or their family, so the Guidelines will be available when the *Advance Care Directives Act 2013* comes into effect in 2014."

And when that day comes, Brown will be even prouder to know that her life's work will have a positive impact on the lives of other South Australians.

Events to inform

Two events will be held at UniSA's Bob Hawke Prime Ministerial Centre on July 16 about the new SA advance care directive and end of life choices.

The first will be forum at 10am about the new SA Advance Care Directive – Your health, your choice: what is different about the new SA Advance Care Directive?

The forum will explain the new South Australian *Advance Care Directives Act 2013*, why we need it, when and how it will be implemented, and how you can help design the community awareness campaign for the new advance care directive.

The forum is being presented by the Hawke Centre and the Australasian Association of Bioethics and Health Law.

The panel will be facilitated by Dr Bernadette Richards who is a Director on the Board of the Australasian Association of Bioethics and Health Law.

The panelists are Jean Murray, Sandra Bradley, Kathy Williams and Christopher Boundy. For more information about the panelists and the event, see the Hawke Centre website.

Following this forum, the Hawke Centre and Palliative Care Council of South Australia will host a lecture at 12pm titled Who cares? The role of communities at the end of life.

The lecture will be presented by Rod MacLeod, Senior Staff Specialist in Palliative Care at HammondCare in Sydney and Conjoint Professor in Palliative Care at the University of Sydney.

Prof MacLeod will use national and international examples to illustrate how Australia compares against other compassionate communities.

Both events are free but registrations are essential via the Hawke Centre website www.hawkecentre.unisa.edu.au.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision: Wednesday, 3 July 2013







🔐 Home



Tor Students



🐧 For Staff



Directory

UniSANews Archives Contacts **Media Centre**

UniSA Home

UniSA News

July 2013

Work wired at home and on holiday

Back to story index

by Will Venn



The stealthy advance of work into personal time is evident from the results of a recent study examining the impact of how we access work emails, during the day and at night.

The report by UniSA's Centre for Work + Life reveals that almost half of those who can access work emails through mobile devices will check those emails outside of their working hours.

Morning, noon and night: The infiltration of work email into personal and family life includes results from a survey of almost 1400 people across Australia in February which highlights the prolific extent to which people check their work emails each day.

Those surveyed said that knowing what is happening at work and being able to manage their workloads were the main reasons why they would check their emails, yet just 10.6 per cent of respondents said they checked work emails because they enjoyed being connected to work.

The survey found that managers and professionals are most likely to check their emails outside of work hours and most people would do so several times

The media coverage generated by the report, both in Australia and Asia, with headlines heralding "the dark side of the digital revolution" suggest checking work emails is the tip of a bigger iceberg relating to work-life balance, with the march of new technology blurring the boundaries between domestic and office life.

Dr Natalie Skinner, author of the report from UniSA's Centre for Work + Life, said the research had an

important role in raising awareness of the impact new technology has on workers.

"For bosses and managers our study shows that expecting workers to be connected and responsive outside of work hours has negative effects on quality of life," she said.

"For workers our findings communicate that it is a common experience to check emails outside of work hours to help manage a workload that is too high or too demanding, and that for many workers this has a negative effect on work-life balance."

One of the report's findings also points to the gender difference in terms of the effect of checking emails outside of work hours, for men and women.

"Whilst the timing of email checking makes no difference to men's work-life outcomes, for women checking emails before breakfast or whilst on holidays is associated with the highest work-life interference of all groups in the study," Dr Skinner said.

It's a finding which relates to previous research undertaken by the Centre for Work + Life, which last year revealed full-time working women's dissatisfaction with their work-life balance had almost doubled, from 15.9 per cent in 2008 to 27.5 per cent in 2012.

"It's important that this phenomena is framed and understood as a common experience in the modern workforce, rather than an issue that is only experienced by a few workers," Dr Skinner adds.

"In other words, our study, along with other research in Australia and internationally, indicated that it is our workplace cultures and systems that are pushing workers towards expanding their working hours by using technology for work tasks such as checking and responding to work emails."

The counter argument, that suggests during working hours people will use social media, access home emails or perhaps eat their breakfast cereal at their work desk, holds little sway in balancing up the negative interference from work.

"It is not unusual to have some degree of overlap between work and other life domains," Dr Skinner said.

"It is realistic to expect that these boundaries are fluid and permeable to some extent. In our research we consistently find that people report that work is more likely to negatively interfere, to spillover, into life outside of work, rather than the opposite in which personal or family life spills over extensively into the work domain.

"Physical and mental health is compromised when paid work becomes too demanding and intrusive and interferes with other important life activities such as family and personal life, leisure and rest."

Dr Skinner said the responsible use of new technology and the ability to balance technological innovations with fair work practices are further outcomes which arise from the research.

"Devices such as smartphones are relatively new from a historical perspective, and it is also only relatively recently that their use has become widespread. The challenge now is to do some careful thinking, planning and negotiating in our workplaces to develop work practices and work cultures that use these technologies wisely," she said.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision: Wednesday, 3 July 2013















UniSANews Archives Contacts **Media Centre**

UniSA Home

UniSA News

July 2013

Students have their say in UniLife election

Back to story index

by Katrina Phelps

Final year Bachelor of Nursing student Arun Thomas (pictured right) has been elected UniLife President for a second term following student elections last month.

And his focus for this 2013/14 term will be increased engagement with students.

"The representatives on all six campuses will be running forums and getting feedback from their students regarding what changes they would like to see in order to provide our UniLife services more effectively," he said.



"I want us to be a more transparent and student-focused association."

Another focus area for Thomas is providing advice to students and making sure that they are aware of the free advocacy services available to them.

His positive experiences with student academic cases were a highlight of his first year as President along with increasing the UniLife funding through effective negotiation from \$1.2m to \$1.4m and bringing the UniLife budget back to surplus for the first time in five years; making positive changes to the way students are allocated work placements; leading a complete restructure of UniLife to more effectively deliver services to students; and playing a major role in initiating UniSA Sports and the smooth transition of UniLife sports clubs to UniSA Sports.

"This position is all about being helpful to students and providing services that students can utilise for their benefit," he said.

Meanwhile in Whyalla, Bachelor of Social Work student Mitch Wilson (pictured right) is the new student representative.

As the representative for a regional campus, he said he's hoping to encourage more engagement within the student body.

"Our campus has a somewhat lower



student cultural development and fewer activities than other campuses," Wilson said.

"I can see that there is an awesome potential for more student engagement on the Whyalla campus. Becoming the student rep seemed to be the next logical step to help progress this, after being a volunteer for the previous three years.

"I am hoping to achieve a sense of team spirit for all the students on campus, with maximum involvement and initiative that spans across all disciplines.

"Furthermore I am looking to encourage community engagement and representation in the University for future students to enjoy."

For the full list of the UniLife representatives see here .

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision:Wednesday, 3 July 2013







🔐 Home

Tor Students

🎁 For Staff

Directory

UniSANews

Archives

Contacts

Media Centre UniSA Home

UniSA News

July 2013

Art student installs national Indigenous exhibition

by Katrina Phelps





Brad Harkin with a piece in the unDisclosed: 2nd National Indigenous Arts Triennial exhibition at Samstag.

A UniSA arts student has the privilege of installing a travelling exhibition from the National Gallery of Australia as it makes its way around the country.

The unDisclosed: 2nd National Indigenous Arts Triennial exhibition was open until July 5 at UniSA's Samstag Museum of Art and is now being packed up for its next exhibition at the Western Plains Cultural Centre in Dubbo.

Bachelor of Visual Arts student Brad Harkin installed unDisclosed in Canberra and at the Samstag Museum of Art and will travel to the remaining exhibition venues in New South Wales and Queensland.

UnDisclosed features the work of 20 Aboriginal and Torres Strait Islander artists from regional, remote and urban communities providing an overview of the diversity and richness of contemporary Indigenous art practice in Australia today.

Harkin received a Wesfarmers Indigenous Arts Fellowship to give him the valuable opportunity to install the exhibition in Canberra at the National Gallery and at the other interstate venues.

"The knowledge and experience I gained doing the install at the National Gallery - I can't compare it," he says.

"My Fellowship is based around *unDisclosed* but I've been able to travel back and forth to help with other exhibitions at the National Gallery.

"The first time I was involved in an exhibition with really expensive and old artwork – it was quite nerve-racking walking up a ladder to install a piece.

"It's pretty amazing being surrounded by incredible works of art and my job is to move them around."

Harkin already had experience in installing works of art, through casual work at the Samstag Museum of Art.

"The Westfarmers Indigenous Arts Fellowship and the professional programs provided by the Samstag Museum enable artists and students to develop and flourish by playing a role in the understanding and presentation of culture," says Samstag Director Erica Green.

"We are very pleased that Brad, a UniSA student and part of the Samstag Museum installation team, was the recipient of the prestigious Wesfarmers Fellowship which supported him to return to Samstag to install the National Gallery's *unDisclosed* exhibition.

"These opportunities give Brad the skills, knowledge and experience for a career that he is really passionate about and interested in."

Harkin, who originally trained and worked as a mechanic but has always had an interest in drawing, also works at the Tandanya National Cultural Institute Inc.

"Tandanya has been an incredible stepping stone," Harkin says. "I like the environment, the community and family feel it has. I hope to work there for a long time to come."

And in a separate project, he actually helped his sister with an exhibition of her poetry earlier in the year.

"It was really cool helping her install her exhibition and being able to help her," he says.

Harkin, who is a painter himself, has deferred his final year of study to focus on the Wesfarmers Fellowship. He is passionate about working with artists and sees his future in working one-on-one with artists.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision: Wednesday, 3 July 2013



Unioanews



🐧 For Students

For Staff



Directory

UniSANews

Archives

Contacts

Media Centre UniSA Home

UniSA News

July 2013

Achievements and Announcements

Back to story index

Moving up the ranking list

UniSA has moved up 13 places to rank 48 in a listing of the world's Top 100 universities under 50 years old.

UniSA is the youngest Australian institution to feature in The Times Higher Education Top 100 list.

UniSA Vice Chancellor Professor David Lloyd says he is delighted with the results.

"As an institution which is just 22 years old, to be placed in such an advanced position is a great achievement," he says.

"What is important here is that we are moving up and what's clear is that much of our improvement relates to core university activities such as teaching and research and our strong relationships with industry."

For more information see our media release about this.

Jeffrey Smart honoured with new building naming rights

UniSA will honour the life and contribution of the great Australian artist Jeffrey Smart by naming its major new learning centre building, the *Jeffrey Smart Building*.

The decision to honour the artist was made by the University Council on June 20, only hours before learning of Smart's death in Tuscany, although the artist's permission to use his name in this way had been obtained several weeks before that.

UniSA Vice Chancellor Professor David Lloyd said the contribution Smart has made to Australian art has been significant and enduring.



Jeffrey SMART, Self portrait at Papini's, (detail) 1984–85 oil and acrylic on canvas, Private collection, © the artist

"We were privileged to hold a unique retrospective of Jeffrey Smart's lifetime's work last year in our Samstag Museum - *Master of Stillness: Jeffrey Smart paintings 1940 -2011* - which was a very special event and one that showcased the great talents of this artist," Prof Lloyd said.

"His highly individual style, his commitment to his work and his lifelong passion for always learning and innovating in his craft were evident in every piece. It is that spirit we will honour in the naming of our learning centre, located at the heart of the city where Jeffrey Smart first explored his talent."

For more information about this see our media release.

Honours for our alumni

An acclaimed Australian artist, former lecturer in photostudies at UniSA's SA School of Art, and honorary doctor of the University, Fiona Hall was awarded the Office of the Order of Australia for her contribution to art and society in the Queen's Birthday Honours List in June.

She joins a group of 18 alumni and friends of the University who were honoured in a wide range of fields for their contributions to society.

Recognised as one of Australia's leading contemporary artists, Hall has made her mark in a career that spans 40 years. Her work, including photography, sculpture, public art, installation and graphic design, focuses on nature and culture and the challenge of the environmental issues facing the world today.



Fiona HALL, Different Forms of Intelligence, 2007, bronze, marble wood cast-glass, vinyl and fluorescent light, 3.97 x 5.90 x 4.20, University of South Australia Art Collection.

Photograph Sam Noonan.

She has exhibited in Sydney, New Zealand and Moscow and has won many accolades – in SA, the Premier's Award for Lifetime achievement and the SA Great Award for achievements in the arts, and the Contempra5 Art Award at the National Gallery of Victoria.

With support from ArtsSA she developed a permanent work for UniSA - *Different forms of intelligence* - which marks the entrance to the Hawke Building (pictured above). In 2012 she was made an Honorary Doctor of the University.

Among the other winners were many professionals who have been acknowledged for excellence in their fields.

Dr Pamela Schulz who began her studies at UniSA in the 1980s with a Graduate Diploma in Women's Studies, continued through to achieve three further awards, a Bachelor of Arts, a Master of Education Studies and a Doctor of Communications. She was awarded an OAM for her services to public relations and the community.

Assistant Police Commissioner in SA Paul Dickson was awarded an APM for his outstanding leadership and management in the force. He completed a Graduate Certificate in Management at UniSA and a Bachelor of Business in human resource management.

UniSA Vice Chancellor Professor David Lloyd said the recognition the Queen's Birthday honours bestow is an important acknowledgement of the contribution made by education.

"All of these worthy recipients are lifelong learners and lifelong doers," Prof Lloyd said.

"If you look at the group they come from all fields - the arts, health sciences, business, social services, and communications - but what they have in common is a passion for learning and a desire to use their education to enhance their work and to deliver better outcomes for the wider community.

"I expect that the skills they have gained at UniSA have supported their success but I also believe some of the graduate qualities we hope to impart – leadership, continuing learning, being a great communicator and inspiring others - have also been reflected in their success and the honours they have been awarded. We are rightly proud of them."

A full list of the UniSA's Queen's Birthday honours is available here.

unijam quick wins

UniSA's world first unijam event may be over but the work on putting so many ideas into action is well underway.

And continuing the collaborative approach, participants were given the opportunity to vote for their preferred 'quick five wins'.

The most popular idea was a UniSA shuttle-bus pilot between the metropolitan campuses.

Following that in popularity was creating a university community gardens project, a smoke-free university and a UniSA App.

And tied in fifth place was moving to full video recording of lectures and college wear student merchandising.

The University is now considering how to implement these suggestions.

A team of interested people are already working together on the community garden initiative. They have organised a meeting for interested staff and students on Monday July 22 to share ideas.

As for other unijam initiatives not included in this six quick wins, a new strategic action plan will be released in August.

Telecommunications engineer receives entrepreneur award

Director of UniSA's Institute for Telecommunications Research (ITR) Professor Alex Grant, has received the Pearcey Entrepreneur Award for South Australia.

The Pearcey Award recognises people who have "taken a risk, made a difference and been an inspiration in the Australian ICT and Digital Media industries", says Pearcey Foundation chairman Wayne Fitzsimmons, who presented the award in June.

Prof Grant is a telecommunications engineer and his research focuses on the mathematical foundations of communications.

Based on research done at the ITR, Prof Grant together with colleagues Dr Paul Alexander and Dr Lars Rasmussen cofounded spin-off company Cohda Wireless in 2004.

Cohda Wireless is the company behind the so-called 'talking cars' – an advanced wireless communications technology which allows cars to communicate with each other to avoid accidents.

Congratulating Prof Grant, UniSA Vice Chancellor Professor David Lloyd, says the Pearcey Award recognised the important relationship between research excellence and the application of research ideas in a real world framework.

For more information see a media release about this.

UniSA radio documentary makes waves in New York

A radio documentary produced by UniSA researcher Sharon Mascall-Dare has taken out two awards in the recent 2013 New York Festival's International Radio Program Awards.

Broadcast globally by the BBC World Service, 'ANZAC' explores multiculturalism within the context of Anzac commemoration and remembrance. The documentary was also aired in Australia on Anzac Day this year by the ABC.

'ANZAC' won both a Silver Award for 'Best Writing' and a Bronze Award for 'Best History Programme'.

Mascall-Dare, who is based the School of Communication, International Studies & Languages, says the documentary reveals the forgotten stories of Anzac Day.

"The Anzac story is an Australian story, a story of courage and resilience, but it's also about mateship in an international context, connecting Australians to other nations who've also experienced the horrors of war in the last century," Mascall-Dare says.

"The documentary also includes Australians who have been left out of the Anzac story until now. We hear about Anzacs from Chinese backgrounds and Indigenous backgrounds. Their stories are now being rediscovered, as Australia prepares to mark the Anzac Centenary in 2015."





Head of the School of Communication, International Studies & Languages, Professor Clayton MacKenzie congratulated Mascall-Dare on the award-winning documentary, which was produced as part of her PhD.

"This is a significant achievement by one of our higher research degree students. The International Radio Program Awards attract thousands of entries from broadcasters throughout the world and have been called the 'Oscars of Radio'," Prof MacKenzie says.

"Sharon has brought the Anzac story to the world and has now been recognised internationally for her fantastic efforts during her studies at UniSA."

Mascall-Dare was recently appointed as a Captain with the Australian Army Public Relations Service. Her appointment follows a six-month recruiting process and the submission of her PhD which is currently under examination.

Be illuminated - research degree event

An information session will be held later this month about research degrees at UniSA.

Illumination, UniSA's research degree information event, will showcase where a research degree can take you and what scholarships are on offer. It also gives participants an opportunity to meet academics and current research students.

UniSA PhD candidate Mostafa Razzaghmanesh recommends students who have a novel or new idea start or continue their research degree at UniSA.



"Finding a practical, innovative and interesting research topic that could help to solve a human problem is one of the challenges of a research degree," Razzaghmanesh says.

Razzaghmanesh is working to develop resilient green roofs as part of a project jointly funded by the South Australian Government and Aspen Development. He says green roofs, which cover the highest part of a building or structure with vegetation, address some of the problems associated with urbanisation.

Come along to *Illumination* on July 24 to find out more about how research degrees at UniSA provide valuable experience in engaging with industry, government, education providers and professionals to solve real-world problems.

Illumination will be held from 3.30-6.00pm at the Kerry Packer Civic Gallery on UniSA's City West campus. For more information see here.

Citizen Science set to grow at UniSA

A community science program that has been running at UniSA for the past several years has been taken to a new level with funding for an ongoing research initiative.

The \$1.5 million initiative, Creating Biophilic Cities through Citizen Science, is a five-year program which will see a new research unit created at UniSA's Barbara Hardy Institute.

The program will expand on the successes of previous Citizen Science projects such as the Great Koala Count and Operation Magpie. New large-scale citizen science projects and community events will be developed following extensive community and stakeholder consultation.

The program includes a partnership with New Zealand's Victoria University of Wellington to further underpin research into the way people engage with nature.

Project leader, Philip Roetman, said public participation in research activities would increase community understanding of, and interaction with, local species and natural environments around

South Australia and further afield.

"Everyone can play a part: from outlining what concerns they have about their local environment, to collecting ecological data and sharing their own observations," Roetman said.

"New media and developing web and mobile-based technologies will further encourage community involvement.

"Projects will be designed to inform government planning and policy and results will be delivered back to the community for further education."

The initiative was launched at UniSA in early June, and a Memorandum of Understanding has been signed with the Victoria University of Wellington.

Scholarship success for 135 UniSA students

UniSA's Scholarships and Grants ceremony this year has seen more than 130 students set to benefit from scholarship funding totalling \$480,000.

The ceremony which took place at the start of June, recognised the range of students in receipt of scholarships and provided an opportunity to acknowledge the generosity of donors who support them.

The ceremony, attended by dignitaries including the Minister for Employment, Higher Education and Skills, Grace Portolesi, and the Lieutenant Governor of South Australia, Hieu Van Lee, was deemed a philanthropic success by UniSA Vice Chancellor Professor David Lloyd.



Lorrie Bruun (left) presenting student Kayla Kennedy with the St. Andrew's Hospital Nursing Experiential Learning Grant.

"It highlights the importance and joy of giving," Prof Lloyd said.

"For our students it is an opportunity to thank their supporters and for the donors it is a chance to see just how important their contribution is in making education possible.

"Students who display exceptional ability but who, due to an array of cultural, geographical and socioeconomic circumstances, might not otherwise have had the chance to realise their true academic potential and their success are afforded a vital educational opportunity through individual and corporate philanthropy."

Learning and Teaching grants

UniSA has been awarded funding for two projects in the Office for Learning and Teaching 2013 grants (round one).

Associate Professor Denise Wood from the School of Communication, International Studies and Languages will lead a \$211,000 project into the design of inclusive, technology-enhanced learning environments.

Assoc Prof Wood says the project will provide guidelines for academics on the design and redevelopment of inclusive online curricula and develop a prototype of an open source responsive learning system which adapts to individual student needs.

She will partner with the Queensland University of Technology, the Australian National University, University of Adelaide and Media Access Australia on the project. The project team also includes Dr Sheila Scutter (School of Health Sciences), Dr Tina Du (School of Information Technology and Mathematical Sciences), Drs Leanne Glenny and Collette Snowden (School of Communication, International Studies and Languages), Deidre Tedmanson (School of Psychology, Social Work and Social Policy), Bruce Underwood (School of Education) and Tracey Johnson (Education, Arts and Social Sciences Divisional Office).

Associate Professor Shane Dawson from the Learning and Teaching Unit will lead a \$208,000 project using video annotation software to develop student self-regulated learning.

Assoc Prof Dawson says the project seeks to further research and develop a social annotation technology called the Collaborative Lecture Annotation System – a tool developed by the project team comprising academics from UniSA, the University of Sydney, University of New South Wales, University of British Columbia and Athabasca University.

"The technology allows students to assess their learning progression and allows teachers to monitor the development of self-regulated learning skills and identify the need for learning support and guidance that is both automated and scalable," he says.

Engaging with Industry

University of South Australia's Senior Researcher Dr Karen Nelson-Field's leading research into viral marketing has earned her a place as a speaker in this year's MIC-ON 2013 Marketing Week.

Dr Nelson-Field will present on August 14 at Adelaide's very own Marketing Week with industry partner, Unruly Media's Phil Townend.

Dr Nelson-Field has led research in the social media space, particularly in social video, at the Ehrenberg-Bass Institute and has been has been internationally recognised both in academic and industry circles.

This presentation will showcase some of Dr Nelson-Field's work over the past two years and provide insight to marketing managers in terms of how emotions are related to video sharing and memory, and along the way dispel several branding content myths.

"The challenge for marketers is calculating what kind of video content is most likely to be successful in igniting engagement with consumers and delivering return on investment," Dr Nelson-Field says.

Her presentation at Marketing Week comes ahead of the launch of her book, *Viral Marketing: The Science of Sharing.* The book covers new knowledge on sharing, memory and the influence of creative devices in the social media space.

To see Dr Nelson-Field present register at MIC-ON.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision:Wednesday, 3 July 2013





RESEARCH PARTNER **NEWS & EVENTS STUDY**

LOGIN Q





Home > Calendar

Calendar

Upcoming events in Norway

5 September 2016

Find out about studying at the University of South Australia and living in Adelaide.

Find out more



View:

Search for an event

Enter a keyword

From dd/mm/yyyy:



To dd/mm/yyyy:



Current Events



Upcoming events in India

23 July - 8 September 2016

Find out about studying at the University of South Australia and living in Adelaide.



Upcoming events in **Australia**

05 August - 3 September 2016

Find out about studying at the University of South Australia.

View events by

/////	/////	///////	///////

Domestic (International	0

Event type

Alumni

Future Students

Hawke Centre

Hawke Research Institute

Postgrad

Public Events

Research

Sansom Institute **UniSA Students**

UniSA's 25th Birthday

ICT Innovation & Collaboration Centre

Upcoming events

September 2016 (14 Events)





Chemotherapyinduced mucosal



Upcoming events in **Norway**



Upcoming events in Sri Lanka

Academic units

Business and Law

Education, Arts and Social Sciences

Health Sciences

barrier injury

2 September 2016

Professor and Dean: Academic within the Division of Health Sciences at the University of

5 September 2016

Find out about studying at the University of South Australia and living in Adelaide.

07 September - 12 September 2016

Find out about studying at the University of South Australia and living in Adelaide.

IT, Engineering and the Environment



Upcoming events in Myanmar

07 September - 11 September

Find out about studying at the University of South Australia and living in Adelaide.



Futures of waste

07 September - 7 October 2016

This exhibition of photographs and accompanying seminar will address the origins and dimensions of waste...



Venture Catalyst Pitching & **Information Session**

8 September 2016

Do you have a great idea or an existing company that needs a financial injection to turn in Adelaide's...



The Futures of Waste - Keynote Address

8 September 2016

The role of sustainability and materials in the new innovation economy: Green Materials from Waste...



Upcoming events in **Denmark**

10 September 2016

Find out about studying at the University of South Australia and living in Adelaide.



EU Doctoral Pedagogies Colloquium: Models, Challenges, Outcomes

14 September - 15 September 2016

The Hawke EU Centre for Mobilities, Migrations and Cultural Transformations in collaboration with the...



2016 UniSA Nelson Mandela Lecture

15 September 2016

Discover a wealth of a different kind with Geraldine Cox AM



Upcoming events in Kenya

16 September - 24 September

Find out about studying at the University of South Australia and living in Adelaide.



NON-**REPRESENTATIONAL** THEORY: PERFORMATIVE, **EMBODIED AND AFFECTIVE KNOWLEDGE**

21 September 2016

Masterlass by Sir Nigel Thrift







Foundations of active ageing

23 September 2016

As part of our Successful Ageing Seminar series, we invite you to attend this FREE seminar to hear from...



THE SENTIENT CITY

28 September 2016

Hawke Research Institute Annual Distinguished Lecture

October 2016 (3 Events)



Art Talks With Jeffrey Tate, Principal Guest Conductor

6 October 2016

Art Talks With Jeffrey Tate, Principal Guest Conductor Inconversation with Professor David Lloyd, Vice...



CHART 2016, 'Shoulder to Shoulder'

12 October - 4 November 2016

A thematically linked multimedia Exhibition, these artworks reflect on different concepts and themes...



Minimise =

Europe, the world and the challenges of the 21st century

31 October 2016

For the Hawke EU Centre Annual Lecture, Baroness Royall argues that the values of the European Union...

November 2016 (5 Events)



UniSA Hong Kong Alumni Dinner

5 November 2016

Celebrate UniSA's 25th Birthday with Vice Chancellor and President, Professor David Lloyd and fellow...



Adelaide's International Jubilee **Exhibition and**

2016

An exhibition exploring an Jubilee Exhibition building, and tracks the.



Minimise 6

Welcome House

09 November - 30 November 2016

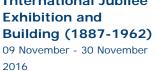
An exhibition created by members of the refugee community, who receive support from Kilburn's 'Mercy...



National Water Forum 2016

11 November 2016

Are integrated decisions about water management better than stand-alone choices?



1887 Exhibition, held in the



Art Talks With Pinchas Zukerman, **Artist in Association**

22 November 2016

Art Talks With Pinchas Zukerman, Artist in

Association. In-conversation with Professor Tanya Monro,...

Areas of study and research

Click to expa

Health Sciences UniSA Business School Education, Arts and Social Sciences

IT, Engineering and the Environment

UniSA College















UniSANews
Archives
Contacts
Media Centre
UniSA Home

UniSA News

July 2013

West end health expansion

Back to story index

by Katrina Phelps



At the Centre for Cancer Biology announcement in June (from left) UniSA Vice Chancellor Professor David Lloyd, Co-Director of the Centre Professor Sharad Kumar, Prime Minister at the time The Hon Julia Gillard MP and South Australian Premier Jay Weatherill.

A partnership with SA Pathology will see UniSA support the growth of one Australia's top cancer research centres and expand the University's footprint in Adelaide's burgeoning west end health precinct.

With a Federal Government investment of \$40m, the Centre for Cancer Biology (CCB) expansion was announced by the then Prime Minister Julia Gillard during a visit to UniSA last month.

"Australians pride themselves in being world class in medical research and I believe this centre will be the home of many breakthroughs of the future," Gillard said at the announcement.

"It is going to be a world class facility, space to house up to 250 of Australia's top researchers and what they're going to be doing is working towards a deeper understanding of blood cancers like leukemia."

The CCB is one of the top three cancer research centres in Australia. It drives the development of innovative therapies through fundamental discoveries and patient-focused research.

Co-Director of the CCB, Professor Sharad Kumar said the new partnership with UniSA will allow the centre to expand and build upon its current work.

"Our expertise are in fundamental cancer biology, differential diagnosis and translational research and we are looking forward to bringing that expertise to UniSA and being able to expand in the new facility," Prof Kumar said.

"The CCB is a centre of excellence, with several top people in cancer biology, genetics and translation including a number of emerging young leaders.

"We definitely have overlapping interests and we see the partnership as an opportunity to complete the circle of fundamental research, drug development and translation for patient use with this in turn driving more discovery research. So in the medium to long-term we want to take basic discoveries from the laboratory to the clinic."

UniSA's Provost and Chief Academic Officer, Professor Allan Evans explained this further.

"The alliance will complement UniSA's acknowledged expertise in the quality use of medicines, pharmaceutical science and pharmacokinetics research and build upon its recent investment in attracting international research leaders in cancer medicinal therapy and innovative drug formulation," Prof Evans said.

"As an example, CCB researchers will identify new molecular 'targets' which can be the focus of a new drug development program. UniSA's medicinal chemists and pharmaceutical scientists would then screen existing compounds and design new medicines that could zero in on this target and inhibit the growth or spread of cancer cells."

The CCB will form part of the University's significant health and biomedical footprint in the North Terrace hospital precinct and will be housed in a new facility currently being planned.

"In order to maximise the health benefits that the CCB and the expansion of the new health precinct will deliver, we will build a major science, health and biomedical education and research facility on the north side of North Terrace," said UniSA's Vice Chancellor, Professor David Lloyd.

"This state-of-the-art infrastructure will bring many allied health professionals together under a single roof; it will house our new CCB colleagues, specialised clinics and a centre for healthcare innovation, as well as a major new outreach initiative."

During the CCB announcement, The Hon Julia Gillard MP looked over plans for the health precinct expansion.

"I want to commend the vision of having a health and medical research precinct," Gillard said.

"A place where you can see the hospital working, so people getting treatment; see the medical staff of tomorrow being trained; and you can see the researchers who are providing cures of the future, working alongside them."

For more information, see our media release about the announcement or watch a video highlights from the announcement.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision:Tuesday, 9 July 2013





UNISANEWS



🔐 Home

Tor Students

🎁 For Staff

Directory

UniSANews Archives Contacts **Media Centre UniSA Home**

UniSA News

July 2013

Exercise is better together

Back to story index

by Rosanna Galvin



Taking the dog or kids to the park, playing soccer with mates or a sunset stroll along the beach with a loved one - these types of exercises are actually better for your health, according to UniSA's Professor Timothy Olds (pictured below).

While all forms of exercise provide health benefits, it's exercising with other people or animals preferably outdoors - that will have the maximum impact on your health. And it all comes down to stress reduction, Prof Old says.

"Any form of physical activity is going to decrease your risk of cardiovascular mortality," he says.

"But some domains of physical activity are more effective than others. Physical activity in the leisure domain - sport, playing with kids - has a much greater ability to reduce cardiovascular mortality than occupational physical activity, which is undertaken as part of your job or a chore.

"Exercise can provide a range of psychological benefits including reducing depression and stress. But studies show occupational physical activity has no impact, or even a negative impact, on the psychological benefits, while leisure time physical activity has very positive effects.

"It's not just physical activity itself. The context of physical activity and the domain of where it takes place both need to be taken into account."

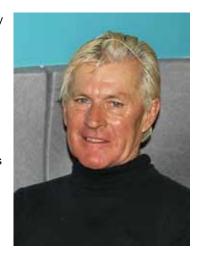
At the heart of this research is the link between stress and a range of lifestyles diseases. Prof Olds says stress creates chronic low grade inflammation which can lead to ailments including obesity, lower back pain and cardiovascular diseases.

Prof Olds speculates that exercising outdoors with friends, family or pets may be one way to reduce that inflammation and in turn improve health outcomes in Australia.

"I suspect the mechanism behind it all is stress. In recent years, we have found that low grade inflammation is at the centre of a whole range of lifestyle diseases, from depression to obesity. I suspect that enjoyable exercise, physical activity outdoors, and sharing activity with others reduces inflammation," he says.

"I think that's what we've ignored so far: the quality of exercise is important. Being outdoors, just being exposed to sunlight, will elevate your mood, reduce depression and improve cognitive function.

"Studies have also shown that the health benefits of having a strong social network are the equivalent of not smoking.



"Physical activity you enjoy is actually better for you. That's the bottom line."

To understand what physical activity people enjoyed, UniSA researchers asked a large number of participants to rate how much they enjoyed every single activity they undertook during their day out of 10. The result was what Prof Olds' calls 'the W pattern'.

"If you look at the pattern of this over the course of a work day, it follows a very characteristic W shaped pattern – you start off quite happy and then it just goes down and reaches its very bottom when you arrive at work," he says.

"It slowly rises as lunch time draws near but after lunch it goes right back down again. As home time gets closer and you're just about to leave, it goes up again.

"The W pattern clearly shows that physical activity in the leisure domain is far more enjoyable than that undertaken at work.

"It is common sense – a man walking to work alone on a cold, rainy day to a job he hates is not going to experience the same health benefits as he is when he is walking, at the exact same pace and for the exact same distance, along the beach with someone he loves."

Prof Olds, who is based at the School of Health Sciences, hopes this latest research will influence national guideline recommendations on physical activity.

"The national guidelines suggest that you should aim for 30 minutes of physical activity every day. But there's no mention at all of the type of physical activity or the context in which you do it," he says.

"I believe those guidelines should suggest that while any kind of physical activity is good, for the best results the physical activity should be something you enjoy rather than a chore, it should be done with other people and ideally it should provide some exposure to nature."

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision:Monday, 8 July 2013















UniSANews
Archives
Contacts
Media Centre

UniSA Home

UniSA News

July 2013

Eat Mediterranean for a healthy mind Back to story index

by Katrina Phelps



Eating a healthy Mediterranean diet has proven physical health benefits but it could also provide positive mental health outcomes.

UniSA is part of a team investigating this theory in a study that is providing mental health clients with free food hampers, healthy menu plans and cooking support.

Being undertaken at Noarlunga's Community Rehabilitation Centre, the Trevor Parry Centre, the sixmonth pilot study – Healthy Eating for Life with a Mediterranean Diet (HELFIMED) – will be incorporated into the clients' rehabilitation program.

UniSA lead researcher on the project, Senior Research Fellow Dr Natalie Parletta (pictured right), said people with mental health issues often had a poor diet too.

"When it comes to treating mental health problems, I believe that lifestyle

factors such as diet and physical activity are very important however these factors are often not part of a treatment plan," said Dr Parletta from UniSA's School of Population Health.

"Research has shown that a person who eats a lot of processed take-away food is at greater risk of suffering from anxiety and depression. And processed food high in fat, salt and sugar is addictive so it can be hard to break this unhealthy cycle.

"During the HELFIMED pilot study we will be teaching the participants basic cooking skills and encourage them to eat more whole foods that are part of a traditional Mediterranean-style diet, such as fruit, vegetables, olive oil, legumes, nuts, seeds and fish.

"The more we can encourage them to eat healthy food, the more they will be able to get a taste for it."



As Dr Parletta and the study team were getting ready to begin the pilot study, they undertook cooking workshops at the Trevor Parry Centre with positive results.

"The cooking workshops were very well received and there was a real buzz about it afterwards," Dr Parletta said.

"We started off with a tuna/vegetable pasta and steamed vegetables with olive oil and lemon juice. There was some skepticism about how the vegetables would be received but the participants ate it all and commented that they didn't know vegetables could taste so good."

The researchers have developed a website at www.helfimed.org which will provide recipes and other resources.

As part of the pilot study, and reflective of high levels of omega-3 fatty acids provided by a Mediterranean-style diet, participants will also take 750mg of long-chain omega fatty acids each day in the form of fish oil tablets.

"The long chain omega-3s in fish oil are not only good for heart health but are highly concentrated in the brain and previous research indicates that they may assist some people in improving their mental health," Dr Parletta said.

The HELFIMED pilot study is a partnership between UniSA and Southern Mental Health (Southern Adelaide Local Health Network).

Manager of the Southern Mental Health Outer South Sector, John Strachan said they are delighted to be collaborating with UniSA in encouraging and evaluating the benefits of improved cooking skills and healthy eating for their clients' well-being.

"We are doing this project to investigate the benefits of a healthy diet and fish oil supplementation for both physical and mental health," Strachan said.

"Research indicates mental health consumers with a severe and enduring mental health diagnosis have higher rates of chronic disease than the general population and this leads to reduced life expectancy of up to 25 years."

The food hampers provided to the study participants – from Tony and Mark's Fruit and Veg Wholesale in Newton – will contain nuts, legumes, olive oil, fruits and vegetables.

Dr Parletta is looking to build on the HELFIMED research in the future, extending it to a range of studies in mental health and also with parents of young children.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page





UNISANEWS



🔐 Home



Tor Students



📅 For Staff



Directory

UniSANews Archives Contacts **Media Centre UniSA Home**

UniSA News

July 2013

Hawke Lecture journeys into bio-future

Back to story index

by Kelly Stone

World-leading scientist and microbiologist Dr Elizabeth Blackburn (pictured right) will discuss what the 'bio-future' holds for human health when she delivers the Annual Hawke Lecture for the University of South Australia's Bob Hawke Prime Ministerial Centre on August 21.

Dr Blackburn is Australia's only female Nobel Laureate and has been named one of the 100 most influential people in the world (Time, 2007) for research which revolutionised understanding of the key factors that attribute to ageing and human mortality.

For the first time the Annual Hawke Lecture will be conducted in conversation format with the ABC Science Show's Robyn Williams.

Hawke Centre Executive Director Elizabeth Ho says Dr Blackburn will share the passion and insights that have driven her towards her celebrated scientific achievements.



"We're delighted Dr Blackburn will present the 16th Annual Hawke Lecture, and this time in the novel form of an interview with one of Australian's best science presenters, Robyn Williams," Ho says.

"I invite the South Australian community to attend this event and share in Dr Blackburn's reflections on women and science as she describes discoveries that are transforming our understanding of human health."

Dr Blackburn's research opened the door to new understanding about telomeres - the ends of chromosomes - and discovery of telomerase - the replenishing enzyme that influences the human lifespan, challenging conventional thinking about the ageing process.

Telomeres sit at each end of human chromosomes and telomere shortness is linked to a wide array of diseases, many associated with ageing. Dr Blackburn isolated the enzyme telomerase in 1984, along with her then student Carol W. Greider. Telomerase is now known to be responsible for determining the length of telomeres.

Dr Blackburn's work in this area has helped to establish the effects of telomeres on disease burden and ageing. As an example, along with her colleagues, Dr Blackburn investigated the effect of stress on telomerase and also on telomeres. They discovered that psychological stress may accelerate ageing right inside the cells. Owing to these discoveries, Dr Blackburn was the recipient of the Nobel Prize in Physiology or Medicine in 2009, along with colleagues Carol W. Greider and Jack Szostak.

Dr Blackburn is currently the Morris Herzstein Endowed Chair in Biology and Physiology in the Department of Biochemistry and Biophysics at the University of California, San Francisco.

The premier national event on the public calendar of the University, the Annual Hawke Lecture will be held on Wednesday August 21 at the Adelaide Town Hall, at 5.30pm for a 6pm start. The event is free but registrations are essential. Go to: www.hawkecentre.unisa.edu.au.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision:Wednesday, 3 July 2013

News Home

Archives

Contacts

Media Centre

UniSA Home

news

August 2016

> from the University of South Australia



Gala celebrates 25 years of enterprise

Bathed in UniSA blue, the 25th Birthday Gala Dinner at the Adelaide Convention Centre certainly reflected the generosity and warmth of the University community. more



SA first partnership for specialist health research and education more



From the Vice Chancellor more



Marathon marvel: Jess Trengove prepares for Olympic run in Rio more



The latest achievements and

announcements more



Academics do want to engage with business, but need more support more



Highlights from the Media Centre more



Joint Automotive Innovation
Centre at UniSA more



Translating Aussie rules for Chinese viewers more



Virtual reality experience at Open Day more



Global MBA students learn wine marketing with UniSA more



CCTV: who can watch whom under the law? more



Electronic music pioneer John Foxx performs at UniSA more



See what's been happening in 2016 more



UniSA's 25th Birthday Gala Dinner and O-Week more

Your UniSA News community 107,619

top^



Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA | Site help | Open Day | UniSA Events Calendar | Read this page



Some archive files are in the Adobe Acrobat format. In order to read this format, you will need Adobe

UniSANews

Archives

Contacts

Media Centre

UniSA Home

Archives

Acrobat Reader.

Please note that there may be links to pages that no longer exist

2016

July

June

May April

March

February

January

Older issues			
2015 December November October September August July June May April March February	2014 December November October September August July June May March February January	December November October AugustSeptember July June May April FebMarch Summer Edition	2012 December November October Jeffrey Smart August/September July June May April March February
2011 December November October September August July June May April March February	2010 December November October September August July June May April March February	2009 Summer October September August June May April February-March	2008 Summer October September August June May April February-March
2007 Summer Edition November September August	2006 Nov/Dec October September August	2005 November October September August	2004 Nov/Dec October September August

June July July July May June June June April May May May February April April April February February February

2003 2002 2001 2000 Nov/Dec Nov/Dec Nov/Dec December October October October September September September August August August July July July May May June April April May March April March February February March February

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision:Monday, 8 August 2016



UniSANews

Archives

Contacts

Media Centre

UniSA Home

Contacts

Editor

Rosanna Galvin, ph (08) 8302 0578

Web author

Edmund Boey

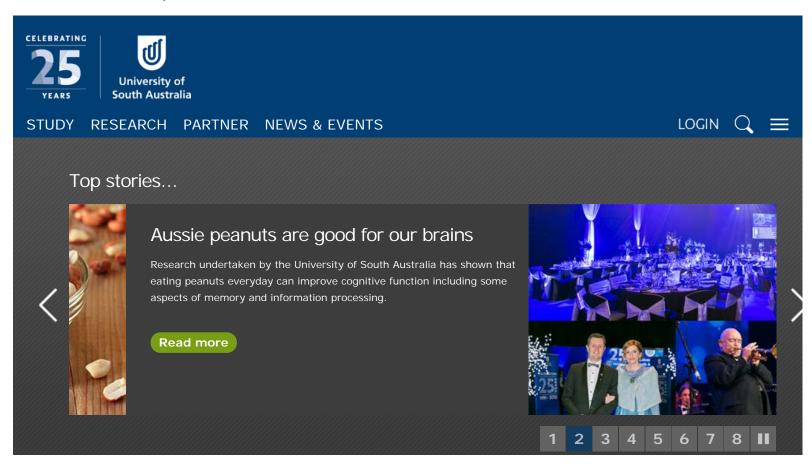
Graphic designer

Alison Albanese, ph (08) 8302 0028

If you have a story suggestion, please email unisa.news@unisa.edu.au by the first of each month for inclusion in that month's newsletter.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision:Monday, 1 September 2014



Home > Media centre

Find an expert

University of South Australia's staff available to comment on their areas of teaching or research expertise. If you would like more help locating UniSA experts, or more information about the University, please contact the Media Office.

Phone: 61 8 8302 0966

Email: michele.nardelli@unisa.edu.au

Find an expert

THE CONVERSATION

The Conversation is an independent source of analysis, commentary and news from the university and research sector

Four common claims about education funding and quality that need explaining

By Alan Reid, Research Professor, School of Education, University of South Australia

Media centre

Latest news

> View mo



Reuters ranks UniSA a research innovator in Asia

The University of South Australia has made the Reuters list of Asia top 75 universities for Innovation....

> Read More









On any given night 1 in 200 people in Australia are homeless and hundreds of thousands more are under severe financial stress and in danger of becomin...

> Read More



UniSA partners on national 'Respect. Now. Always.' student survey

The University of South Australia is to partner with other universities across



The latest trends and developments in research, technology and innovation.

unisabusiness

Showcasing our research and achievements, and how we contribute to business in South Australia and across the world.

UniSANewsRoom >> Follow us



UniSA newsroom @UniSAnewsroom 01-Sep

Super news -UniSA's Venture Catalyst wins best entrepreneurship support award AND people's choice award at the KCA conference awards.

UniSA newsroom @UniSAnewsroom 01-Sep

Patent prolific: @UniversitySA is in Reuters list of Asia's top 75 universities for innovation https://t.co/x9IW3vICxW #@unisaresearch

UniSA newsroom @UniSAnewsroom 29-Aug

#unisaresearch shows small investments open doors for vulnerable or homeless https://t.co/So5ASrCx1A @unisaresearch https://t.co/a975YKZxkZ

Events











Art Talks With Jeffrey Tate, **Principal Guest Conductor**



UniSA Hong Kong Alumni



National Water Forum 2016



Art Talks With Pinchas Zukerman, Artist in Association



Australia in a ground-breaking national student survey on sexual assaul... > Read More



UniSA keen to embrace new ATN-Indonesia partnersh

UniSA's highly successful 2016 Graduate Certificate in Data Analysis for Policy Review and Formulation supported by the Department of Foreign Affairs ...

> Read More

UniSA One

> Visit our YouTube Chann



UniSA 25th Birthday Messages

25 years ago we brought together a collection of colleges, institutes and schools and melded them into one university. The colleges of advanced education, the schools of art and mining, and the...

> Watch video













> Watch video

Adam Goodes signs Indigenous Defence Consortium MoU with University of South Australia

The University of South Australia and the Indigenous Defence Consortium (IDC) formalised a new collaboration designed to advan and support business and education opportunities in the defence...

Mount Gambier Learning Centre Launch



UniSA has officially opened its brand new learning centre in Mt Gambier, showcasing some of the most sophisticated facilities for teaching and learning in regional Australia. The \$12.5 million state...

> Watch video

New centre to stimulate innovation in South Australia

Business growth, and driving innovation and entrepreneurship in South Australia is the focus of the new Innovation and Collaboration Centre (ICC), launched at the University of South Australia. A...

> Watch video

Publications



enterprise is a magazine that showcases UniSA innovation and research relevant to today's society. Read the latest digital edition of enterprise online.

news

Francisco de la constitución de la constituci

UniSA News is a monthly online publication that shares news from around the UniSA campuses, and celebrates the achievements of our staff, students and alumni

Media Contacts

Michèle Nardelli

Manager News and Media Ph: (08) 8302 0966

Mobile: 0418 823 673

Email: michele.nardelli@unisa.edu.au

Katrina McLachlan Media Liaison Coordinator Ph: (08) 8302 0961 Mobile: 0414 972 537

Email: katrina.mclachlan@unisa.edu.au

Will Venn

Media Liaison Officer Ph: (08) 8302 0096 Mobile: 0401 366 054

Email: will.venn@unisa.edu.au

Useful Links

Links to our previous and other news related websites

- > Previous news & events home
- > UniSA News
- > News archive 2000 2011



Join us in celebrating our 25th birthday by sharing your stories and photos, attending our events and reading about our history.

Areas of study and research



Health Sciences UniSA Business School

Education, Arts and Social Sciences

IT, Engineering and the Environment

UniSA College

International Students

Enquire online

+613 9627 4854

Further contact details

Australian Students

Make an enquiry

08 8302 2376

Further contact details

General Enquiries

08 8302 6611

Further contact details

Links & legal

CRICOS Provider no 00121B

Web accessibility

Disclaimers

Privacy Statement

Copyright 2014

Connect with UniSA











UniSA respects the Kaurna, Boandik and Barngarla peoples' spiritual relationship with their country.





TECHNOLO NETWORK OF UNIVERSITIES





RESEARCH PARTNER NEWS & EVENTS STUDY

LOGIN Q





Home > About UniSA > Governance and management structure > Disclaimer of liability

About UniSA

University profile	>
Strategic action plan 2013- 2018	>
University vision, mission & values	>
University achievements	>
UniSA's Teaching and Learning Framework	>
Global Engagement	>
Governance and management structure	>
Advancement Services Assurance Services Business Intelligence and Planni Chancellery Communications and Marketing Copyright at UniSA Facilities Management Unit Finance Unit Graduate Research Centre Legal Services Human Resources Information Strategy and Technology Services External Relations and Strategic Projects Aboriginal Engagement and Strategic Projects Student Engagement Unit Library Provost & Chief Academic Office Research and Innovation Research and Innovation Services Student and Academic Services The Bob Hawke Prime Ministeria Centre UniSA International University Council Senior Staff Student Engagement and Equity Vice Chancellor and President	er es
Divisions and Schools	

Honorary Doctorates

Disclaimer of liability

General disclaimer

While every effort is made by the University to ensure that accurate information is disseminated through this medium, the University of South Australia makes no representation about the content an suitability of this information for any purpose.

It is provided "as is" without express or implied warranty.

The University disclaims all warranties with regard to this information, including all implied warranties or merchantability and fitness. In no event shall the University of South Australia be liable for any special indirect or consequential damages or any damages whatsoever resulting from loss of income c profits, whether in an action of contract, negligence or other tortious action, arising in connection with the use or performance of this information.

Further, the University of South Australia has provided Hypertext links to a number of sites as a servito our clients. This should NOT be taken as implying any link between us and those various organisations or individuals.

The user of the links remains responsible for any fees charged by the linked site and is reminded that merely downloading images and/or text would amount to a breach of Australian and international law unless permission is given by that site.

The University of South Australia reserves the right to alter, amend or delete any program, fee, cours admission requirement, mode of delivery or other arrangement without prior notice.

Disclaimer for blogs

Blogs created by staff and students of UniSA present an unfiltered and authentic depiction of student life and staff activities at UniSA. In an effort to present this authentic depiction, the University does no censor or in any way exercise editorial control over communications of its bloggers.

Consistent with this decision not to exercise editorial control, the statements or communications of the bloggers in blogging sites linked from the UniSA corporate website do not represent a statement of th University's official position or policy.

Digital Learning Strategy 2015 - 2020	>
Regional campuses	>
Our Indigenous engagement	>
Working at UniSA	>
History and development	>
UniSA's 25th birthday	>
Quality & compliance	>
University publications	>
Corporate publications and annual reports	
UniSA video	>

Areas of study and research

Click to expa

Health Sciences UniSA Business School Education, Arts and Social Sciences

IT, Engineering and the Environment

UniSA College





STUDY RESEARCH PARTNER NEWS & EVENTS

LOGIN (





Home > About UniSA > Governance and management structure > Copyright at UniSA

Copyright at UniSA



Copyright at UniSA

All material published on the University of South Australia website is protected by copyright.

Except as permitted by copyright law, no further copying, storage or transmission of material published on the University's webpages may be undertaken without prior written permission of the University of South Australia.

To request permission to use material published on the University's webpages, please contact the University Copyright Coordinator.

A comprehensive range of resources and downloads is available from the University of South Australia Copyright website. Authentication is required to access these pages.

Areas of study and research

Click to expa

Health Sciences UniSA Business School Education, Arts and Social Sciences

IT, Engineering and the Environment

UniSA College







STUDY RESEARCH PARTNER NEWS & EVENTS

LOGIN (





Home > About UniSA > Governance and management structure > Privacy Statement

About UniSA

	,,,,
University profile	<i>></i>
Strategic action plan 2013- 2018	>
University vision, mission & values	>
University achievements	>
UniSA's Teaching and Learning Framework	>
Global Engagement	>
Governance and management structure	>
Advancement Services	
Assurance Services	
Business Intelligence and Plann Chancellery	Ŭ
Communications and Marketing	J
Copyright at UniSA	
Facilities Management Unit Finance Unit	
Graduate Research Centre	
Legal Services	
Human Resources	
Information Strategy and	
Technology Services	
External Relations and Strategi	С
Projects	
Aboriginal Engagement and	
Strategic Projects Student Engagement Unit	
Library	
Provost & Chief Academic Office	er
Research and Innovation	
Research and Innovation Service	ces
Resources	
Student and Academic Services	
The Bob Hawke Prime Ministeri	al
Centre	
UniSA International	
University Council Senior Staff	
Student Engagement and Equit	V
Vice Chancellor and President	,
Divisions and Schools	

Honorary Doctorates

Privacy Statement

This page outlines how the University of South Australia collects information through the use of its website. This information does not extend to external websites linked from the University website.

Collection of Information from the Website

Cookies

One way of collecting information is through cookies, which are small information files that many websites store on your hard disk. For example, when you log onto your University email from a particular computer for the first time, cookies containing your log on information will be saved to your hard disk. The server can then read your cookie file to confirm your identity for that site. Cookies car only collect information that has been provided by the user, or information such as the IP address which the server already knows.

Email addresses

The University may also collect information that you submit via any email address that you provide whilst visiting its website.

Website Usage

The University makes a record of your visit to its website using Google Analytics Web statistics service. The University logs the following information for statistical purposes - IP address, the date and time of the visit to the site, the pages accessed and documents downloaded, the previous site visited and the type of browser and OS being used. More information about Google Analytics and privacy.

Internal Users of the University Computer Environment

The University has an onus to ensure that unacceptable behaviour does not occur on the computer systems and the policy relating to privacy on the University's IT network formalises this commitment.

Privacy Policy

For information on how the University holds, uses and discloses personal information collected generally, please view the University's policy on Privacy.

Digital Learning Strategy 2015 - 2020	>
Regional campuses	>
Our Indigenous engagement	>
Working at UniSA	>
History and development	>
UniSA's 25th birthday	>
Quality & compliance	>
University publications	>
Corporate publications and annual reports	
UniSA video	>

Areas of study and research

Click to expa

Health Sciences UniSA Business School Education, Arts and Social Sciences

IT, Engineering and the Environment

UniSA College







University of South Australia







🖰 For Students





Directory

< back

Web accessibility

The University of South Australia is committed to ensuring access to online materials for people with disabilities. As such we aim to meet the "Level AA" rating of the World Wide Web Consortium (W3C) Web Content Accessibility Guidelines 1.0 which covers Priority 1 and Priority 2 guidelines.

- Web Content Accessibility Guidelines
- Checklist for accessible online content
- Useful accessibility resources
- Ten tips for creating accessible content
- Information for people with disabilities
- UniSA Online Accessibility Action Plan
- Web Accessibility Network for Australian Universities

Web Content Accessibility Guidelines

The UniSA corporate website aims to:

- provide a text equivalent for every non-text element, for images, graphics, animations, applets etc
- ensure all information conveyed with colour is also available without colour, for example from context or markup
- use style sheets for layout and presentation
- use tables to mark up tabular information, for example data tables (not for layout purposes)
- ensure pages are accessible when viewed in older browsers, for example a browser that does not recognise style sheets should be rendered so that it is meaningful
- use relative rather than absolute unit sizes so that text in a window can be resized to larger (see Using this website)
- ensure that moving, blinking or scrolling text can be paused or stopped
- ensure that pages are usable when scripts, applets, or other programmatic objects are turned off or not supported
- provide clear navigation mechanisms.

For more detailed information please see the UniSA Web Authoring Guide for authors maintaining subsites within the UniSA website and developing online material.

Web accessibility information for people with disabilities

If you are having difficulty accessing any online materials produced by the University because of a disability please contact disability@unisa.edu.au.

Please provide the following information:

- your contact details
- the location of the page you are accessing
- the operating system and browser version you are using
- any other software you are using

• the nature of the problem you are experiencing.

The University's disability service will then make arrangements to provide you with the information you are seeking in an accessible manner.

Information about the full range of disability services provided by the University is available at disability services for students and Human Resources Equity and diversity - disability information

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision:Monday, 22 November 2010



Australian Government

Department of Education and Training



Commonwealth Register of Institutions and Courses for Overseas Students

Home

Course Search

Institution Search

CRICOS Contacts

Study In Australia

CRICOS has moved to cricos.education.gov.au. Please update your bookmarks.

Welcome to the Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS)

This is the official Australian Government website that lists all Australian education providers to offer courses to people studying in Australia on student visas and the courses offered.

Course Search

Use this search to find information about courses offered by Australian education institutions.



Institution Search

Use this search to find information about Australian educational institutions.

Additional information about registration of institutions and courses for overseas students •

Department of Education and Training | Webmaster
Copyright © Commonwealth of Australia | Department of Education and Training Web Site Privacy Statement | Disclaimer





PARTNER NEWS & EVENTS STUDY RESEARCH

LOGIN Q





Home > Further contact details

Further contact details

If you've got an enquiry and would like get in touch with UniSA, you will find our contact information and campus location details listed below.

General enquiries

Fax +61 8 8302 2466

University of South Australia GPO Box 2471 Adelaide, South Australia 5001 Australia Ph 1300 301 703

The University switchboard is attended from 9am to 5pm, Monday to Friday. If you know the extension of the person you wish to contact, dial (08) 8302, followed by the last four digits of the extension. You can also search for staff telephone numbers in the Directory.

Dialling information for external callers

Please note that all standard landline telephone numbers throughout Australia are eight digits in length. Australian mobile and toll-free numbers will differ. The numbers listed within this directory are internal university extension telephone numbers (unless otherwise indicated.)

For example, to call a university extension 26611:

- within the university, dial 26611
- within Adelaide (local number) and/or the 08 region, dial 830 followed by the extension eg 830 26611
- within Australia but outside of the 08, dial 08 83026611
- outside of Australia, dial (your international access number), then 61 8 830 26611

Security

All hours 1800 500 911 - free call (Internal callers dial 88888)

Future student enquiries

Ph: (08) 8302 2376 Fax: (08) 8302 0977 Make an Enquiry

Address: Level 1, 101 Currie Street, Adelaide SA 5000

Mail: GPO Box 2471, Adelaide SA 5001

Open weekdays from 9:00am to 5:00pm, excluding public holidays.

International students enquiries

Future student enquiries (international)

Graduate Studies Office (research degrees)

SM Building, City West campus

GPO Box 2471 Adelaide SA 5001 Ph: +61 8 8302 5880

Fax: +61 8 8302 0828

Email: research.degrees@unisa.edu.au

Campus postal addresses

University of South Australia GPO Box 2471 Adelaide SA 5001

City East - Campus Central

Level 3 – Playford Building, Frome Road

Adelaide SA 5000 Ph: 1300 301 703 Fax: (08) 8302 2466

Email: campuscentral.cityeast@unisa.edu.au

City West - Campus Central

Level 2 - Jeffrey Smart Building

Adelaide SA 5000 Ph: 1300 301 703 Fax: (08) 8302 0590

Email: campuscentral.citywest@unisa.edu.au

Magill - Campus Central

Level 1 Building B Lorne Avenue Magill SA 5072 Ph: 1300 301 703 Fax: (08) 8302 4090

Email: campuscentral.magill@unisa.edu.au

Mawson Lakes - Campus Central

Ground Floor - C Building Mawson Lakes Boulevard Mawson Lakes SA 5095 Ph: 1300 301 703

Fax: (08) 8302 3550

Email: campuscentral.mawsonlakes@unisa.edu.au

Whyalla - Campus Central

111 Nicolson Avenue Whyalla Norrie SA 5608 Ph: 1800 808 957 (free call)

or +61 8 8647 6161 (Local)* or +61 8 830 26161 (Metro)

Email: campuscentral.whyalla@unisa.edu.au

^{*} Note: interstate, overseas, SA country and Whyalla callers wishing to call the Whyalla extension should use 8647 (instead of the 830) followed by the last four digits of the extension, for example 26111 would become 8647 6111 (ie omit the 2).

Mt Gambier - Campus Central

Wireless Road West Mount Gambier SA 5290 PO BOX 798 MOUNT GAMBIER 5290

Ph: +61 8 8721 8900 (local)* or +61 830 28900 (Metro)

Email: mountgambier.enquiries@unisa.edu.au

* Note: interstate, overseas, SA country and MT Gambier callers wishing to call the MT Gambier extension should use 8721 (instead of the 830) followed by the last four digits of the extension, for example 28900 would become 8721 8900 (ie omit the 2).

Media enquiries

Michèle Nardelli

Manager News and Media Ph: (08) 8302 0966 Mobile: 0418 823 673

Email: michele.nardelli@unisa.edu.au

Kelly Stone

Media Liaison Coordinator Ph: (08) 8302 0963 Mobile: 0417 861 832

Email: kelly.stone@unisa.edu.au

Alan Brideson Director

Marketing and Development Unit

Areas of study and research

+ Click to expa

Health Sciences UniSA Business School Education, Arts and Social Sciences

IT, Engineering and the Environment

UniSA College

International Students

Enquire online

+613 9627 4854

Further contact details

Australian Students

Make an enquiry

08 8302 2376

Further contact details

General Enquiries

08 8302 6611

Further contact details

Links & legal

CRICOS Provider no 00121B

Web accessibility

Disclaimers

Privacy Statement

Copyright 2014

Connect with UniSA















TECHNOLO NETWORK OF UNIVERSITIES

< back

UniSA site help

- Software requirements
- Viewing options
- Navigation
- Accessibility

Software requirements

Several documents on this website are available in Portable Document Format (PDF). To view these files, you may need to download and install Adobe Acrobat Reader.



Follow this link to download the latest version of Adobe Acrobat Reader.

Software downloads available via links from this site are third party products. These products may be subject to a licence agreement between you and the relevant product owner. To the extent permitted by law, UniSA accepts no liablitlity in respect of such third party products and UniSA provides no warranty and gives no endoresement in respect of such products or any party connected with them.

Viewing options

The UniSA website has been designed to accommodate as wide an audience as possible. As such, all commonly available browsers are supported on this website. However, the site is best viewed with Internet Explorer version 5.5 or later at a resolution of 800 x 600 pixels. If you need to enlarge the screen the best way to do so is to use the zoom option located at the bottom right corner of your browser as this will not affect the layout of the page detrimentally.



Follow this link to download the latest version of Internet Explorer.

Please note that when viewed on Netscape there is some degradation to the look and feel of the site although navigation is not hampered. Users of Netscape should take note of the Netscape end of support notice.



Follow this link to download the latest version of Firefox web browser.

Navigation

There are a variety of ways to find information on this website. The groups of links at the top of the home page provide the main navigation to key areas of content. In sub pages, navigation menus on the left hand side link to more detailed information within the site.

The grey navigation bar at the top of the home page and every page provides quick access to frequently accessed information, including the search function. Privacy, disclaimer, copyright, contact, accessibility and CRICOS information is available from the footer. A web enquiry facility is available in the Contact UniSA page.

Accessibility

If you have a disability, refer to our web accessibility information. The Adobe Accessibility Resource

Centre provides tools that can help people who use speech readers to read the content of PDF documents. If you are encountering difficulties accessing the UniSA Corporate website, please email webenquiry@unisa.edu.au.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision:Thursday, 16 July 2009





RESEARCH PARTNER NEWS & EVENTS

LOGIN Q



Home > UniSA Open Day 2016





Open Day was held on Sunday 14 **August**

This year's Open Day was the best yet with over 90 presentations, 80 information

booths and 43 things to see and do. We hope you enjoyed your time on campus and found all the information you needed about your pathway and study options. If you still have questions, make sure you attend our Open August Events or contact our Future Student Enquires Team.

Missed a presentation?

If you didn't manage to make it to Open Day, watch our program overview videos to find out more about the range of programs on offer.

What's next?

UniSA's Open August Events

Open Day is held at our City West and City East campuses and is a great chance for you to explore all the study options on offer at UniSA in the one spot. Once you have decided on your direction, you will have another opportunity to step onto our Mawson Lakes, Magill and Whyalla campuses. You can explore the facilities and hear from current students, staff and industry professionals. Attend Magill @ Twilight if you are interested in studying Education, Psychology, Social Work, Communication, Media & Arts. Discover Mawson is for those thinking about careers in the areas of engineering, information technology, environmental science, geospatial science, science and advanced materials, aviation and mathematics. Find out about education, nursing, social work, business and Foundation Studies at Whyalla Open Day.

Event	Date	Location
Magill @ Twilight	Wednesday 24 August	Magill campus
Discover Mawson	Thursday 25 August	Mawson Lakes campus
Whyalla Open Day	Sunday 28 August	Whyalla campus

Further information and registrations



How to Apply Open August events We're here to help UniSA's Open Day is Contact Future View our step-bypart of Open August, Student Enquiries for step video explaining a series of events more information on how to submit your studying at UniSA. UniSA application. giving prospective students and parents a range of opportunities to visit our campuses, ask questions and assist with the selection of courses and careers **Contact Future Student Enquiries** Learn more **Open August events**

Future Student Enquiries Team

Areas of study and research

Click to expand

Health Sciences UniSA Business School Education, Arts and Social Sciences

IT, Engineering and the Environment

UniSA College







University of South Australia







🖰 For Students





< back

Browsealoud

Browsealoud is a text to speech tool that you can download and use on our website. It converts text to audio which allows the content of our websites and any Browsealoud capable website to be read to you.

Features

- reads aloud all website content including PDF and MS Word documents
- words are spoken aloud as you move your cursor over them
- choose the voice to use
- change the reading speed
- create shortcut/hotkeys to start/stop reading
- have the program start when the computer starts

textHELP **BrowseAloud**

System Requirements

In order to download and run BrowseAloud, you must have the following System Requirements:

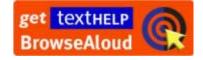
PC users

Operating Systems: Windows XP, Vista and Windows 7 Pentium 4 1.8GHz Processor 512 MB RAM (1 GB RAM recommended on Windows Vista and above) Sound Card + Speakers 15MB Free Disk Space

Recommended Browsers: Internet Explorer 6, 7 or 8. Firefox 3.6 For PDFs: Acrobat Reader 9

Apple Mac users

OSX 10.3.9 or later (now supports Mac OSX Snow Leopard) 256 Mb RAM (512 Mb is preferable) Compatibility with Power PC or Intel processor. Browser: Safari v3 or later 20MB disk space



For more information or support please visit the Browsealoud support page.

top^

Disclaimer | Copyright | Privacy | Web accessibility | CRICOS Provider no 00121B | Contact UniSA Site help | Open Day | UniSA Events Calendar | Read this page Latest content revision: Wednesday, 23 June 2010