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### **UniSA News**



#### On target with quality research that makes a difference With both the ERA and EIA reports

recently released, Australia has probably never had a more comprehensive assessment of its university research. More...



# UniSA behind the scenes at Adelaide Festival

The Adelaide Festival is one of the world's great art events – and the team that brings the event to the world has a strong UniSA influence. More...



#### High protein diet promotes healthy weight loss

The festive season is now upon us and as we go to write our New Year resolutions, UniSA's Dr Tom Wycherley has found a solution for those who have healthy weight loss on their list of goals. More...



### Teenagers urged to keep it tame

Social media and mobile technology can keep us in touch with friends at a constant pace but it can also mean bullying follows students home from the schoolyard. More... December 2012

#### **Other Stories**

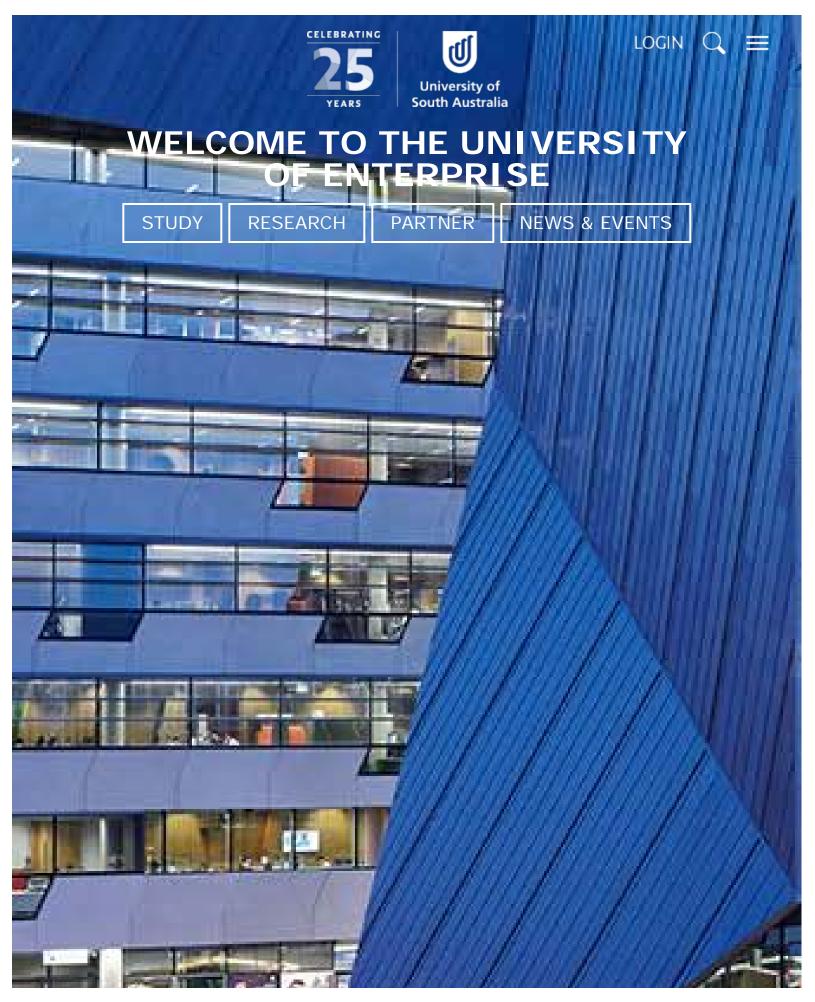
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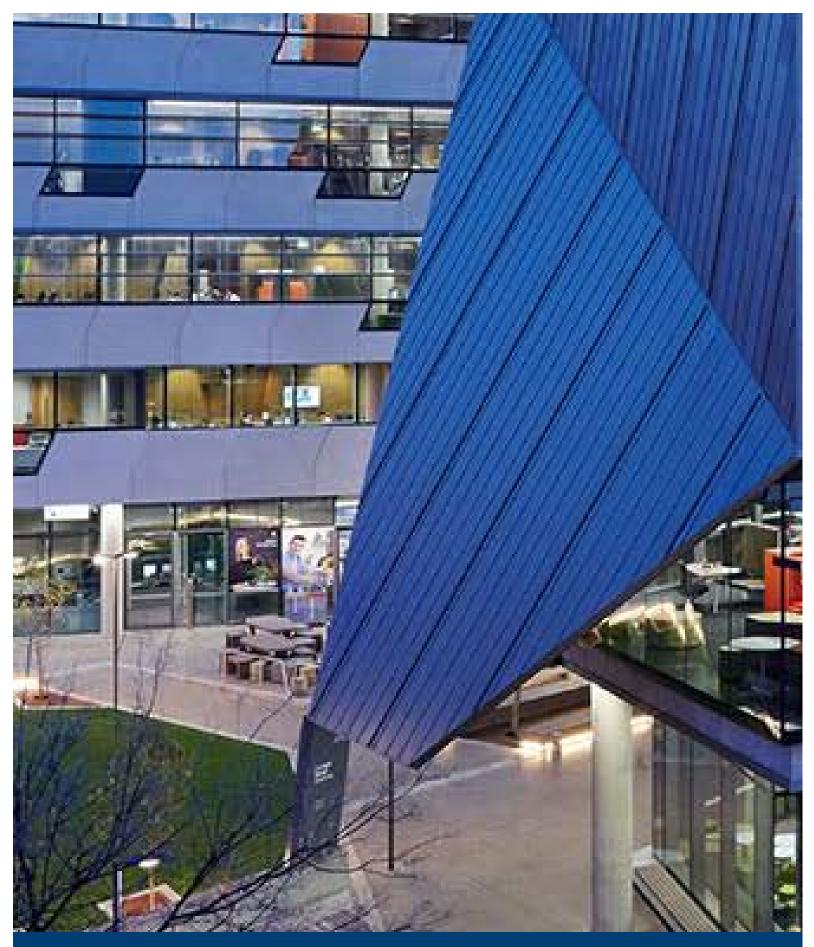
The next edition will be February. Email story ideas by January 31.

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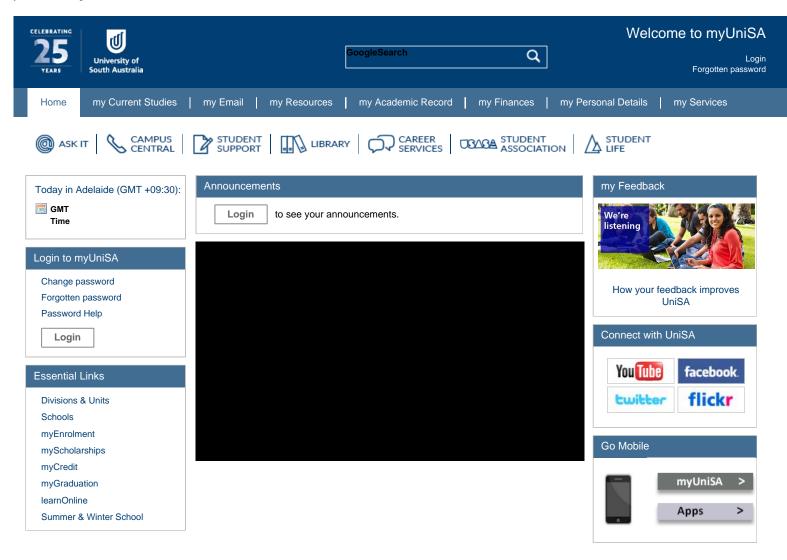
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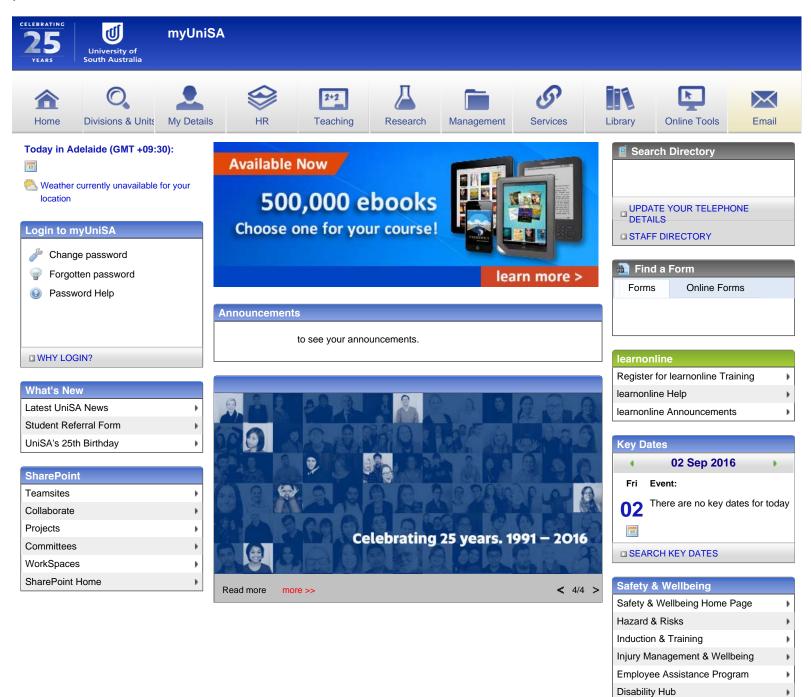
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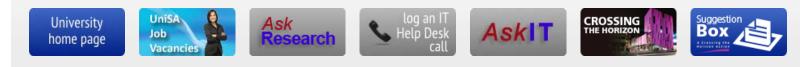
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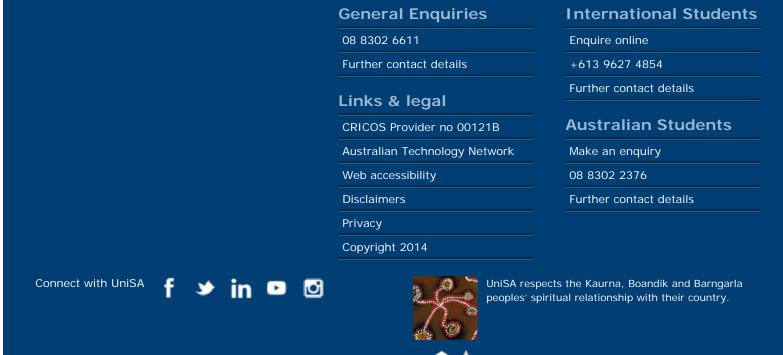
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## **UniSA News**

### From the Chancellery

It was the ancient Ionian philosopher Heraclitus who was first credited with the observation that "nothing endures but change".

It's an axiom that rings unerringly true for the year now nearing its end, from both an industry and an institutional viewpoint.

At a broader level, we have witnessed the removal of the cap on university undergraduate places and also heard how changing global economic circumstances are adversely impacting on grant money available through selected research programs. In addition, the ongoing strength of Australia's currency and changes to foreign visa criteria continue to challenge our higher education sector. Back to story index

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At the University of South Australia, there has been no more significant change than the recruitment and appointment of a new

Vice Chancellor and President, with Professor David Lloyd from Trinity College Dublin to formally take up his position next month.

It has been a great honour for me to act in this role since September, and to help chart a path through the evolving national landscape. Managing this period of transition has been made easier by the clarity of UniSA's vision, and the progress we continue to make towards our collective goals.

Underpinning and informing these aspirations is our strategic blueprint, Horizon 2020, and I am pleased to report, as we reflect on the University's many and varied achievements of 2012, that we have made important progress on a number of key targets related to that vision.

They include:

- Ongoing recognition at global level, including being ranked 23rd worldwide (and number three in Australia) in the QS World University Rankings Top 50 institutions aged under 50.
- The release of our new Teaching and Learning Plan 2012-15, with \$23.7m to be invested in projects to deliver an 'outstanding student experience and exceptional graduates'.
- Winning more than \$8 million in 2012 National Health and Medical Research Council grant funding, our best ever result and more than double the amount we received in 2011.
- The release of our new research and innovation framework 2013-2020 'Excellence with Relevance'.
- Opening of our new \$50m
   Materials and Minerals Science Building at Mawson Lakes, and the commencement of work on our \$85m Learning Centre at City West.
  - Securing \$18m in funding through the Commonwealth's Education Investment Fund to further improve our regional facilities and technology at Whyalla and Mount Gambier.

- Expansion of UniSA College which continues to report strong enrolments in Foundation Studies, as well as pleasing numbers in outreach programs and other initiatives.
- Further upward growth in key performance indicators including overall teacher satisfaction, and research income which has more than doubled since 2004.
- Beginning the development of a Reconciliation Action Plan, which will formalise the University's contribution to reconciliation between Indigenous and non-Indigenous Australians.
- Maintenance of our share of undergraduate first preferences in an increasingly competitive marketplace, and graduate employment rates that remain above the national average.
- Launch of a revitalised Performance Development and Management framework to recognise and guide the efforts and talents of our staff.
- Continuing the roll-out of our Personal Learning Environment which delivers state-of-the-art capabilities for online learning to students and staff.

Apart from exemplifying the University's commitment to excellence and equity, the common thread linking these achievements is their capacity to help deliver outcomes identified in Horizon 2020.

This, in turn, underscores the importance of developing and honouring a comprehensive, practical plan. It is the road map that will guide us through the challenges and opportunities that loom ahead.

To that end, I am looking forward to welcoming Professor David Lloyd when he begins his appointment in the New Year.

In the meantime, I want to take this opportunity – in my final column as Acting Vice Chancellor and the last one for 2012 – to wish you and your loved ones a safe and prosperous holiday season, and the very best for 2013 and beyond.

Professor Joanne Wright Acting Vice Chancellor and President

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## **UniSA News**

December 2012

### New aspirations uncover old dreams Back to story index

#### by Michèle Nardelli

Deep in the footprint of the new City West Learning Centre, there is a strange kind of synergy between what has been uncovered below the surface and what is being constructed above.

In the layers below what was once a Hindley Street car park there are hints of the lives of our first European settlers.

Plates from China, cups and saucers from England, cooking pots and bottles and many more of the everyday items that helped sustain lives in this new world full of aspiration and endeavour.

As part of the process of building the Learning Centre, UniSA has undertaken an archaeological dig. What was uncovered is one of the colony's original homes, unearthing its cellar and the underground hearth of the home thought to have been built shortly after the land was purchased by William Collins in 1838.

And just like the private eyes in movies, archaeologists also hope to learn a lot about life in colonial Adelaide by rummaging through the garbage – or the 19th century equivalent cesspits uncovered during the dig.



UniSA senior project manager Robert Lustri says while the process of hunting for heritage may complicate a build, particularly a large construction project such as the new Learning Centre, the genuine excitement of uncovering pieces of history make it worthwhile.

"Under section 27 of the Heritage Places Act there are obligations to complete an archaeological assessment of a site if it is probable that something is there," he says.

"It is extra work and expense but if we don't make some effort to record and preserve our history we stand to lose an important opportunity to know more about the past than just what the official dates and records can provide.

"Although the site is not considered a designated place of significance, this small foray has still brought forth some really interesting artefacts, more information about the sophistication of housing construction and function, and a better sense of the social fabric of the early days of the colony – and we hope to record that and incorporate some of the artefacts and their stories in the new building."

Over the years the site of the colonial house and its close surrounds has been home to many things – the original home and its yards, later The Temperance Hotel, built by Methodist teetotaller Samuel Morcom which years after it was built, was awarded a government contract to accommodate new migrants to the colony; the Sun Foundry, and a small brewery which was later to evolve into the West End Brewery covering much of the site until the 1980s.

"The next phase of this space will be squarely focussed on giving students the best chance they can have to achieve their career goals," Lustri says.

"The Learning Centre will be a wonderful building. I'm glad we have been able to capture just a little of the past of this place and get a sense of the hope and ambition of the people who once lived and worked here. In spirit it fits very well with our bid to create a new space that will give students a memorable and empowering student experience."

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## **UniSA News**

December 2012

# Students awarded for West End makeovers and botanical tea houses

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by Katrina Phelps



Six UniSA Interior Architecture students can add a Design Institute of Australia award to their portfolio.

Jane Lawrence, UniSA Program Director of Interior Architecture, congratulated all students who entered the Built Environment student category of the Design Institute of Australia Awards (SA Chapter).

"The exceptional results of our interior architecture students clearly demonstrate the high calibre of design that our students attain," Lawrence said.

"They made a significant impression at the awards. Their work reflects their extraordinary and exciting design capabilities in a diverse array of student projects on offer in the program and is a reflection of the multiplicity of interior design practice generally."

Fourth year student Sia Roussos won the Gold award for her interior architecture studio design 'The Gresham' (pictured above).

Her design was part of a fourth year urban renewal project that investigated the role of place-making in Adelaide. Students researched current buildings and sites, and made suggestions for interventions and enterprises to activate the city's West End precinct.

The award-winning project focussed on renewing Gresham Street (located between North Terrace and Hindley Street near King William Road). Roussos described her project as an open and dynamic gallery space that activates multiple paths of entry and navigation. She created an ornamental canopy which she said provided a mode of interaction that allowed the occupants to congregate and reside within the gallery as an exciting indoor to outdoor environment.

Fourth year students Alex Gilmore-Johnstone and Sasha Donohoe won Silver awards for their design projects. Gilmore-Johnstone's award was for a real-life design project that helps visitors navigate the complicated corridors of Royal Adelaide Hospital; while Donohoe won for her retail proposition in Station Arcade. Meanwhile, second year students Sara Miller and Katie Donaldson won Gold awards

and fellow second year student, Ebony Mattschoss was awarded Silver for their tea house designs.

Katie Donaldson (pictured right) also won the overall People's Choice Award in the Built Environment Category.

"This is a significant achievement for anyone to attain but particularly for an undergraduate student it's a tremendous effort," Lawrence said.

Donaldson's challenge for this project was to design a tea house within the Adelaide Botanical Gardens in response to a specific and individual tea variety. For her tea house, Donaldson took inspiration from keemun, a Chinese black tea.



"Touted as the burgundy of black teas, keemun has a subtle smoky flavour which has inspired primary materials such as corten steel, concrete and treated pale grey oak," Donaldson explains.

The tea house design was set over a waterway and was described in the award citation as a 'sophisticated second year design project that takes advantage of the botanic views while considering every aspect of tea drinking rituals'.

For more information on the Design Institute of Australia Awards (SA Chapter) and to view the students' designs, click here.

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## **UniSA** News

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### Graduate designs on the libraries of Back to story index tomorrow

#### by Will Venn

The digital revolution has created a fresh chapter in the purpose and function of libraries, as is evident in the work of graduate architects who exhibited their library designs at the University of South Australia's Art, Architecture and Design Graduate Exhibitions this year.

The majority of those graduates responded to the challenge of a national competition, with a brief to design a library and plaza that will be central to Sydney's Green Square development and that will be dynamic, engaging, thought provoking and environmentally sustainable.

Innovative designs which imagine libraries less as square, dusty, book repositories and more as interactive, green-friendly social hubs, were among the standout works on display at City West campus.

The graduate architects' designs found traditional concepts of libraries refashioned in startling, playful ways. Jeremy Millington's

use of the Lancet arch (pictured above), spelt out a gothic design which is a parody of the selfimportant nature of books themselves.

"The idea is that in 20 or 30 years' time, as digital forms of communication increase, the book takes a back seat in terms of its relevance," said Millington.

"The Lancet arch is associated with court houses and there is that same level of self-justification there that can be found in books; that at their base there is a geometry that has a fundamental validity or self-belief to it."

Megan Darbyshire's design, which emphasised water sustainability through undulations in the plaza area, has proved strong enough for her to be named one of the shortlisted finalists whose design could be used in the development of Green Square.

"I was shocked when I first heard that my design had been nominated. It has been great working on this project and I will be making a presentation about my design, in Sydney, at the end of the year," Darbyshire said.

For Kym Wiseman (pictured right), designing a library with a dual desk seesaw-type mechanism means that every time a book is physically removed from its storage area, a lever is released which scratches a panel on a wall.

"I'm interested in the mechanism of architecture;



the kinetics of design and there are interesting parallels between the useability of books and of the building," Wiseman said.



"The way that library books often degrade over time, through constant use, is reflected in the

architecture; the removal of a book will leave a physical mark on the building.

"The more that the books are used over time will be reflected in the facade of the building as the panels will alter in appearance."

Studio coordinator and lecturer in the architectural program, Matt Davis, reflected on the value of the exhibition.

"The calibre of work on display is outstanding and the event is an excellent opportunity to showcase design work by our graduates who are on the threshold of exciting careers in architecture."

The Art, Architecture and Design Graduate Exhibitions, which ran until December 14, featured creative works of more than 300 graduates from the areas of visual arts, architecture, industrial design (product innovation), interior architecture and visual communication design.

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# Mawson Lakes Sports Precinct at the Back to story index starting line

by Will Venn

The beginning of 2013 will see the starting gun being fired on the new \$2.3 million Mawson Lakes Sports Precinct, with construction work taking place during the first half of the year.

The new development, at the University's Mawson Lakes campus, is designed to be environmentally sustainable and of benefit to both the University and the local community.

The precinct will become home to a new turfed and irrigated sport and community recreation oval which will house two soccer pitches, with lighting



to encourage greater use in the evening and provision of new toilets and a small change room next to the oval.

In addition to the oval there will be three multi-use hard surface courts, ideal for netball or tennis, as well as improvements to the existing Palms Golf Course and an extension of the existing campus wetlands area, with designs to capture storm water.

The project is jointly funded by UniSA, Mawson Lakes Community Trust and Endeavour College, the City of Salisbury and is also being backed with a \$125,000 grant from the State Government.

Wendy Piltz, senior lecturer in Health and Physical Education at Mawson Lakes, is an expert on quality learning environments and describes the new precinct as an "entirely appropriate setting in which to learn".

"It has been a long time coming, so it is good news that this development is starting to take place," she said.

"Facilities which include the new hard courts will help our health and physical education students as they prepare to work with young people, teaching them to move with confidence and competence across the spectrum of activities.

"Our students are well respected within the local community and schools, and this will help their progress as so many enter the profession of teaching physical education upon graduating from university."

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Mawson Lakes Sports Precinct at the starting line



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### Hawke Centre tackles critical issues Back to story index

UniSA's Bob Hawke Prime Ministerial Centre is wrapping up a successful 2012 with its last major event for the year now complete.

Hawke Centre Director Elizabeth Ho said its final November forum about the impact of climate change on the peoples of the Pacific was especially revealing and moving.

"Dr Alice Aruhe eta Pollard, Director of West 'Are 'Are Rokotanikeni (WARA) in the Solomon Islands offered a stark and emotive reminder of the impact of climate change on the peoples of the Pacific," Ho said.



"The waters are lapping higher and higher and communities are suffering very close to our own shores.

"As we move into the 21st century, we are reminded how dependent we are on good science to help us shape policy in our challenged world, to feed our populations and to protect our health and environment."

For more information on the forum or to listen to the podcast, visit the Hawke Centre website.

Ho said that in 2013 the Centre will continue to look at the theme of science.

"Our only Australian female recipient of the Nobel Prize and one of the world's most distinguished molecular biologists, Professor Elizabeth Blackburn, will be delivering the 16th Annual Hawke Lecture," Ho said.

"Prof Blackburn is passionate about the issue of girls and science education, and believes society needs to nurture and support teachers and busy families, to encourage and inspire girls and young women to consider science as a field of study and as a profession.

"Prof Blackburn being involved with this event is an exciting prospect for the Hawke Centre and builds on its commitment to offer deep insights into aspects of human development to the community."

Also in 2013 Robyn Archer AO, Creative Director of the Centenary of Canberra and former Artistic Director of the Adelaide Festival of Arts, will speak at a joint Hawke Centre and Australia Day Council of SA event in March.

The Hawke Centre offers a diverse array of free events. In 2012 its comprehensive public program traversed the Arab Spring, the Murray-Darling Basin Plan, child protection, modern slavery, palliative care, the future of investigative journalism, forensic architecture, ageing, rural leadership, Australia and our Asian future, and other areas of human endeavour.

More details about 2013 events will be available in the New Year. To subscribe to the Hawke Centre mailing list and receive details about its free 2013 events, visit the Hawke Centre website.

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### **UniSA News**

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### The power of positive ageing

by Will Venn

A UniSA graduate's inspiring work with elderly people has been recognised by COTA (Council on the Ageing), which has awarded her the 2012 COTA Outstanding Achiever Award.

Despite having long term ME/Chronic Fatigue syndrome, at the age of 75, Jennifer Tosolini dedicates her time to working with elderly people and is a living example of her own maxim: 'Don't let your age or society define you as a person'.

Tosolini began university study at the age of 64 and has a Bachelor of Arts (Sociology). Since graduating from UniSA with a Graduate Diploma in Social Sciences (Counselling Studies) in 2009, Tosolini has put her skills to use, counselling residents in aged care facilities and training staff to provide high levels of care service.

From introducing simple activities and puzzles, working with people who have Alzheimer's Disease and dementia, to

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conducting cognitive stimulation and validation group therapy sessions at care facilities including Resthaven Malvern and ACH (Aged Care Housing) Milpara, Tosolini is dedicated to improving the sense of well-being of those in care.

"For many people who come into residential care there is a huge gulf between what their family understands is happening and what that person is actually going through," Tosolini says.

"It is a difficult situation to be in as some residents feel that they have lost everything and that creates a sense of grief which can make it difficult for them to adjust to a new environment.

"Many do not want to burden their family with their thoughts.

"The process of counselling, slowly working to build on something, which sometimes can simply be a single word that a person speaks, takes time – but this process enables positive adjustment to occur."

As well as conducting cognitive stimulation and validation group therapy sessions, Tosolini also engages in person-centred counselling and the support she provides to residents at ACH Milpara extends to their families as well.

Recently, Tosolini researched, wrote and facilitated an eight-week program called 'Life Review – The Getting of Wisdom' for seven volunteers who work with residents at ACH Milpara and Highercombe.

Her next goal is to complete a Postgraduate Certificate in Philosophical Studies.

"People have to understand that society defines you, only if you let it. 'Sit down, be quiet, look after your grandchildren' are typical expressions that are made, whereas I think that it is very limiting to allow others to dictate or define who you are as a person," Tosolini says.

"We're all capable of achieving much more than we think we can.

"Fortunately I'm lucky to have moved out of the severe stage of ME; I do as much as I can despite the limitations placed upon me and manage my energy output as carefully as possible."

Tosolini says she was stunned to receive the COTA Award, which is presented to 'a person (over the age of 50) who continues to contribute actively and selflessly to their community, and whose exceptional achievements are an inspiration to all'.

"UniSA has the right attitude to positive ageing and I'd like to think I'm a good example of positive ageing too," she says.

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### **UniSA News**

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# Culture as commodity in rural communities

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#### by Catherine Moore

Rural communities in Iran and rural Indigenous groups in Australia could benefit from research conducted by UniSA Three Minute Thesis competition People's Choice winner Najmeh Hassanli.

Hassanli believes her research about regional development being sustained through cultural exchange, can benefit rural communities in Iran and extend further to rural Indigenous groups within Australia.

Her thesis titled *Development of local tourist accommodation industry in Iran*, to be released next year, discusses how bottomup development approaches can be implemented when culture is used as a resource for economic sustainability.

"There are basically two different views towards commoditisation of cultures," Hassanli says.

"Based on the destructive view of commoditisation, the value of

culture and heritage is transformed into commercial value, thus becoming meaningless for the local people and less authentic for tourists.

"Against this view, culture is portrayed as dynamic, where interaction between tourists and locals changes or adds new meaning to the culture, thus helping to preserve and sustain the culture rather than destroy it."

Hassanli's research is developing a framework for local tourist accommodation start-ups to help them structure their businesses while maintaining their culture.

"These operators use their home as a place of earning income. They have incorporated elements of their local culture in hosting tourists. This includes the use of local architecture, cuisine, music and handicrafts," she says.

"The operators live close to nature in the countryside and away from the common bureaucracy and administrative structure of the country, restoring and preserving the values related to cultural heritage, handicrafts and tourism."

Hassanli believes this framework – which is based on how business operators interact with each other, other locals, capital, the market and the government – supports community identity and sustainability.

The School of Management student hopes her framework can also be used by other communities interested in setting up their own culturally sensitive regional development.

"Recently I experienced Australian Indigenous culture as a tourist myself, with Aboriginal Cultural



Tours. I met the tour owner/operator Quenten Agius and believe my research may bring some benefit to such enterprises in gaining economic benefits while maintaining their culture through tourism and enterprise development," Hassanli says.

"I think the main constraint in implementing bottom-up frameworks may be that governments may not give local people a say in political decision making, especially in developing countries. There should be more education on the benefits of such approaches both to governments and local communities."

Hassanli, who currently holds a UniSA Postgraduate Award scholarship, came third in the University's *Three Minute Thesis* (3MT) competition, as well as taking out the People's Choice award for her presentation on regional development through cultural exchange. She says her 3MT experience has been a rewarding part of her postgraduate studies.

"It has been an incredible experience for me and I'm really grateful to the staff at the Division of Business especially School of Management and my colleagues at the Postgraduate Scholars' Association, especially the chair Azmiri Mian, for their support and encouragement."

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### Achievements and Announcements Back to story index

Richmond midfielder and Brisbane community centre inspire harmony



Winners of the inaugural award for Muslim and non-Muslim Understanding, representing the Brisbane community centre, the eXchange, Cait Wildman and Karen Dare and Richmond midfielder Bachar Houli with Rear Admiral Kevin Scarce, Governor of South Australia and UniSA Chancellor Dr Ian Gould.

AFL footballer Bachar Houli (pictured centre), and the eXchange community centre in Brisbane are the inaugural recipients of the Award for Muslim and non-Muslim Understanding.

Established by UniSA and the Australia Day Council to highlight the efforts of Australians who are contributing to social harmony and community cohesion, the awards will become an annual event for the Centre for Muslim and non-Muslim Understanding.

The awards were presented by Governor of South Australia, Rear Admiral Kevin Scarce.

Community coordinator from the eXchange Cait Wildman said she was delighted to represent the hundreds of non-Muslim volunteers who had devoted hundreds of hours to the suite of support programs in place to support migrant and refugee families to learn English and share culture in the Kelvin Grove Urban Village, which is home to the eXchange.

The eXchange, is a thriving community centre that has changed the lives of Muslim and non-Muslim members and visitors. The centre opened its doors in 2009 and, in response to a growing representation of Muslim people in the neighbourhood, worked to develop services, groups and programs that would encourage community engagement, promote health and well-being and reduce social isolation.

Accepting his award, Richmond midfielder Bachar Houli said he was deeply honoured to receive an award he felt was extremely important to the community.

"Whatever I can do to improve tolerance and understanding is an

honour and a gift from God," he said. The first devout Muslim to play AFL, Houli has become a leading influence for many young Australian Muslims with his dedication and commitment to his AFL career enabling him to become a role model in his Muslim community. He works one day a week as an AFL multicultural ambassador and has been credited with tremendously increasing the awareness about his religion among AFL, AFL clubs and the mainstream community.

Director of UniSA's Centre for Muslim and non-Muslim Understanding, Professor Salman Sayyid, says nominations for the awards came from most Australian states and that reviewing the many entries was inspiring.



"There is a lot of great work being done in the wider community to enhance cooperation, understanding and community strength," Prof Sayyid said.

#### Students pitch responsible drinking

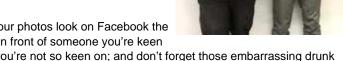
A responsible drinking campaign developed by Marketing and Communication students Nick John and Tom Benson will come to life on campus in 2013.

John and Benson (pictured right) won *The Drinking Pitch* competition run by Premium Wine Brands (PWB), which aimed to promote responsible alcohol consumption and raise awareness of the risk of drinking to excess.

John and Benson – who won as 'Team John Benson' – designed a campaign called '99 bottles of beer on the wall'. John and Benson said their campaign focusses on the outcomes that can occur from heavy drinking.

"We are specifically targeting the young student audience by speaking to them in a realistic and colloquial manner," Benson said.

"Examples include how crappy your photos look on Facebook the morning after; looking like a fool in front of someone you're keen



on; waking up next to someone you're not so keen on; and don't forget those embarrassing drunk dials and phantom texts!"

Team John Benson won \$6000 and will work with PWB and local creative company Kojo to produce their campaign early next year.

John said 99 silhouettes of bottles and glasses will be placed at relevant social gathering points across UniSA's major campuses.

"On these bottles will be four coloured QR codes, which can be scanned by any smart phone," he said.

"The initial scan will take students to our campaign Facebook page detailing instructions for our competition as well as inviting students to check-in to commence participation.

"Students will be able to win prizes such as CabCharges, meal vouchers and an ipad."

John and Benson said being part of PWB's competition was an invaluable experience to support their future careers in the marketing industry.

Second place went to Dan Beacom and Lachy Praulins from 'Team Ziggy Pop' with their campaign 'Don't be a Sheep – Think for Yourself', winning \$1500.

Third place went to Amy Waine from Team Bonzai with 'Drink til you Forget – What will you Regret?', winning \$1000. This entry was also voted the most popular pitch by the public.

For more information about The Drinking Pitch and to view the winning campaigns, click here.

#### Fresh scientist stops mineral ores turning to jelly

A researcher from the Ian Wark Research Institute has won the Fresh Science 2012 state final for his ability to communicate his research, which could change the way valuable metals such as gold are extracted.

As the South Australian finalist, Dr Ataollah Nosrati (pictured right) recently spent four days at the Fresh Science finals in Melbourne for a science communication workshop with some of the best early career science researchers and communicators in the country.



Dr Nosrati says his research into the mechanisms that cause a sticky, jelly-like material to form in mine processing tanks has the potential to save mining companies millions of dollars.

"Some of world's largest mineral deposits are mined and processed every day as concentrated slurries in large tanks in challenging conditions to extract valuable metals. The operation is often shut down due to the formation of a sticky gel-like material in the processing tanks, which can have huge negative impacts, including several millions of dollars in lost revenue and increased safety concerns," he says.

"My research has identified and established plausible mechanisms responsible for this gelation and more importantly proposes possible mitigation strategies for this costly and intractable issue in real mineral plants."

The research project, co-funded by the Australian Research Council and industry, and supervised by Professor Jonas Addai-Mensah, is paving the way for improved processing options for valuable metals in Australia.

Fresh Science is a national event designed to enhance the reporting of science in the media. The national finals involve intensive communication training, with the aim of securing media coverage for leading scientific research. For more information, click here.

#### Soil is fundamental says award-winning professor

Two international accolades have recently been bestowed upon Professor Ravi Naidu, Director of the Centre for Environmental Risk Assessment and Remediation (CERAR).

Prof Naidu has been named a Fellow of the American Association for Advancement of Science for his exemplary professional work, research, prolific contribution to technical literature, and voluntary activities around the world as a technical expert and advisor in areas relating to soil and ground water. The Association is the



world's largest general scientific society, and publisher of the journal Science.

And for his outstanding contributions to soil science internationally, Prof Naidu has been awarded an International Soil Science Award from the Soil Science Society of America.

Prof Naidu, who is also the Managing Director of Australia's CRC for Contamination Assessment and Remediation of the Environment (CRC CARE), said he hopes the awards will help him spread the message about the importance of soil.

"Soil is such a fundamental part of life, and human and environmental health relies so heavily on soil health – yet soil is too often neglected or forgotten," Prof Naidu said.

"As the number and volume of contaminants grow worldwide, we will increasingly need efficient and cost-effective remediation technologies. In this sense, our work has never been more important.

"I'm very grateful to receive this recognition, but the awards are not crucial in a personal sense. Their

real value lies in the chance they give me to better spread the message about contamination issues in general, and CRC CARE and CERAR's work in particular."

#### Learning Life from Illness Stories

A new book edited by UniSA researchers shares the stories of people affected by illness and explores if people can have a good life while living with illness.

Learning Life from Illness Stories, edited by UniSA researchers Peter Willis and Kate Leeson, includes contributions from people living with cancer, multiple sclerosis, Parkinson's disease, rheumatoid arthritis and early onset dementia, as well as people who have watched loved ones die of such illnesses.

"They share their experiences of pain, grief and despair but also of love, hope, determination and the pursuit of happiness," Leeson explains.

"This is a book about courage, finding strength and sources of joy in hard times, and about learning to appreciate what you have rather than dwelling on what you have lost."

For more information, please contact Kate Leeson or see the Hawke Research Institute website for details on ordering a copy for \$29.95.

#### Narrative of War Research Group launches new book

A collection of different people's experiences of the lived reality of war have been published in a book that has been launched at UniSA.

Edited by Dr Nigel Starck, *Legacies of War* is the compilation of 16 previously untold stories, which chronicle the wartime experiences of civilians, journalists, doctors and soldiers.

"Legacies of War is not just one person's story based on a single war but instead a way of understanding war from many different angles," Dr Starck says.

"People embrace the remembrance of war in a number of ways, including the pilgrimage to Anzac Cove in Turkey which is undertaken by thousands of Australians every year. Legacies of War offers readers a bridge to understand the historical background of modern conflicts and more importantly, an insight into the experience of war."

Legacies of War is the third book in a series by UniSA's

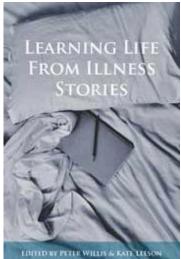
Narratives of War Research Group. A number of UniSA academics from the Research Group contributed to the book, including Professor Claire Woods, Professor Kerry Green, Associate Professor Peter Bishop, Dr Paul Skrebels, Dr Russell Fewster and Sharon Mascall-Dare.

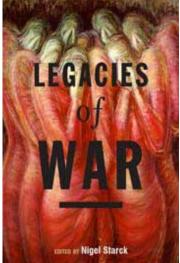
For more information and to purchase the book online, click here.

#### Pharmacy student shines in national competition

Final year Pharmacy student Suzanne Schultz (pictured right) was awarded a prize for 'best oral presentation for contributed papers' at a recent national pharmacy conference that invited posters and presentations from students, academics and practitioners.

Schultz, who has been Operations Manager for a national group of pharmacies while also studying full-time, said she was excited to win the prize and honoured given that Emeritus Professor Andrew Gilbert from UniSA was last year's winner of the award.







Her presentation at the Pharmacy Australia Congress (PAC12) was based on her pharmacy practice Honours paper about pharmacist attitudes to homeopathic products being sold in

Australian community pharmacies. Her research presentation concluded that the commercial benefit of selling homeopathic products is low while the credibility risk is high, and that other pharmacy products and lifestyle advice can address the conditions for which homeopathic products are available for self-selection.

She thanked her Honours supervisors, Dr Libby Hotham and Professor Allan Evans, for their inspiration for the project, and support, encouragement and advice during her Honours research.

Schultz, who previously completed a Master of Business Administration at UniSA, is keen to pursue further academic research in the future, as well as contributing to the profession as a practicing pharmacist and in policy and governance.

#### **Refrigeration awards**

UniSA staff and students proudly represented the University at the recent Australian Institute of Refrigeration, Air Conditioning and Heating Awards, coming home with two national awards.

A team of three UniSA researchers – Frank Bruno (pictured right on LHS), Martin Belusko and Steven Tay – won the Excellence in HVAC and Refrigeration Research for outstanding achievements in research that has produced additional knowledge in heating, ventilation, air conditioning and refrigeration systems with importance for future improvements in these technologies.

The team has developed much improved refrigeration and air conditioning storage systems that can be used for residential, commercial and industrial purposes.

"Currently systems that store cooling and heating are expensive and unreliable," Dr Bruno said.

"We have developed a system that is reliable, low cost and high performing."

A prototype has been developed and is now being trialled.

Meanwhile Ramadas Narayanan won Student of the Year at the Awards. This award recognises outstanding scholarship at any level in the heating, ventilation, air conditioning and refrigeration systems industry.

UniSA was the only university to receive awards. Dr Bruno said this highlights that UniSA leads Australian research in these areas.

#### Researcher meets Rupert Murdoch ahead of Chemical Fellowship in the US

The Mawson Institute's Dr Tony Aitchison (pictured right on LHS), was awarded the Dow Chemical Fellowship from the American-Australian Association (AAA) in New York in November.

The Fellowship was officially presented by media mogul Rupert Murdoch at the AAA ceremony held at The Sheraton.





Starting next June, Dr Aitchison will spend 12 months at Michigan State University (MSU) in the

United States, developing a lithium ion battery able to withstand extreme temperatures.

The researcher, who is based in the Clarke Laboratories, says he is looking forward to his tenure overseas.

"While I was in the US in November, I was able to visit the MSU campus and meet with the researchers I will be working with. I even had the chance to watch an American college football match," he says.

"Working overseas and collaborating with new researchers as part of the Fellowship will be a great step in my career."

#### Samstag scholarships

A thrice UniSA graduate is one of the recipients of the prestigious Anne and Gordon Samstag International Visual Arts Scholarships.

Adelaide painter Christian Lock intends to use the scholarship to expand his conceptual and aesthetic framework, developing his practice's installation and sculptural potential.

Lock draws on sources as diverse as surfboard design and European surrealism to create dream-like abstractions that bring 'easy and difficult into a strange continuum'.

The second recipient of the scholarship is Alex Martinis Roe who is from Melbourne but currently lives in Berlin. She is a multi-disciplinary artist and has held recent solo exhibitions in Berlin, Sydney and Dublin and has been included in numerous group exhibitions in Australia and overseas.

Roe plans to use the scholarship to undertake post-doctoral research contributing to the production of a major documentary/situation design project.

The scholarships, which have been awarded since 1992, fund 12 months' study overseas for the recipients.

UniSA's Anne and Gordon Samstag Museum of Art administers the scholarships and Museum Director Erica Green says the scholarships will provide Lock and Roe the time and context to develop as professional artists and perhaps build international careers.

#### **Rethinking wellbeing**

A UniSA symposium, Rethinking Wellbeing: Perspectives on language, education and health has examined the role that language communication plays in improving the wellbeing of those around us.

The symposium, which was presented earlier this month by the Research Centre for Languages and Cultures, examined the latest research findings of the impact of languages in areas including health care, social wellbeing, and literacy and learning.

More than 10 speakers from a range of Australian and international universities presented at the symposium, which was attended by more than 55 people over the course of two days.

From shortening the length of time patients stay in hospital, to increasing mental flexibility and reinforcing family bonds, the benefits of language are universal, says Research Centre Director Associate Professor Angela Scarino.

"Language is so pervasive and useful, that its values have become invisible. The symposium helped to demonstrate what those values are, in the contexts of improving wellbeing, in health and education," said Assoc Prof Scarino.

Symposium topics which were covered included Aboriginal education and language and wellbeing in Aboriginal education and health.

#### Water Research Award

UniSA PhD graduate Dr Wei Zhang (pictured right) has received this year's Australian Water Association (AWA), South Australian Branch Postgraduate Research Award.

The award was announced at the SA AWA Gala Dinner at Adelaide Festive Theatre.

Dr Zhang completed his PhD research under the supervision of Professor Linda Zou at the SA Water Centre of Water Management and Reuse.

His PhD thesis is on 'Developing visible, light sensitive titania/adsorbent composite and its application in water treatment'. The project is funded by an ARC Linkage grant, and the industry collaborator is a water company in Victoria.

Dr Zhang's research outcomes have been published in six journal articles and four presentations at conferences. Receiving a prestigious AWA Award is the pinnacle of recognition for innovation and excellence in Australia's water industry.



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#### RESEARCH PARTNER **NEWS & EVENTS** STUDY

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## Calendar

#### Upcoming events in Norway

5 September 2016

Find out about studying at the University of South Australia and living in Adelaide.

Find out more



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#### Academic units

Education, Arts and Social **Sciences** 

**Health Sciences** 

### Current Events



#### Upcoming events in India 23 July - 8 September 2016

Find out about studying at the University of South Australia and living in Adelaide.



Upcoming events in **Australia** 

05 August - 3 September 2016

Find out about studying at the University of South Australia.

### Upcoming events

#### September 2016 (14 Events)



Chemotherapyinduced mucosal



Upcoming events in Norway



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Upcoming events in Sri Lanka

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#### **barrier injury** 2 September 2016

Professor and Dean: Academic within the Division of Health Sciences at the University of South...



#### Upcoming events in Myanmar

### 07 September - 11 September 2016

Find out about studying at the University of South Australia and living in Adelaide.



# The Futures of Waste - Keynote Address 8 September 2016

The role of sustainability and materials in the new innovation economy: Green Materials from Waste...



#### 2016 UniSA Nelson Mandela Lecture 15 September 2016

Discover a wealth of a different kind with Geraldine Cox AM



5 September 2016

Find out about studying at the University of South Australia and living in Adelaide.



#### Futures of waste 07 September - 7 October 2016

This exhibition of photographs and accompanying seminar will address the origins and dimensions of waste...



#### Upcoming events in Denmark 10 September 2016

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#### Upcoming events in Kenya

16 September - 24 September 2016

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07 September - 12 September

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2016

#### Venture Catalyst Pitching & Information Session 8 September 2016

Do you have a great idea or an existing company that needs a financial injection to turn in Adelaide's...



#### EU Doctoral Pedagogies Colloquium: Models, Challenges, Outcomes 14 September - 15 September 2016

The Hawke EU Centre for Mobilities, Migrations and Cultural Transformations in collaboration with the...



#### NON-REPRESENTATIONAL THEORY: PERFORMATIVE, EMBODIED AND AFFECTIVE KNOWLEDGE

21 September 2016 Masterlass by Sir Nigel Thrift IT, Engineering and the Environment



## Foundations of active ageing

#### 23 September 2016

As part of our Successful Ageing Seminar series, we invite you to attend this FREE seminar to hear from...

and and

### THE SENTIENT CITY 28 September 2016

Hawke Research Institute Annual Distinguished Lecture

#### October 2016 (3 Events)



#### Art Talks With Jeffrey Tate, Principal Guest Conductor 6 October 2016

Art Talks With Jeffrey Tate, Principal Guest Conductor Inconversation with Professor David Lloyd, Vice...

#### November 2016 (5 Events)



#### UniSA Hong Kong Alumni Dinner 5 November 2016

Celebrate UniSA's 25th Birthday with Vice Chancellor and President, Professor David Lloyd and fellow...



# National Water Forum 2016

11 November 2016

Are integrated decisions about water management better than stand-alone choices?



CHART 2016, 'Shoulder to Shoulder' 12 October - 4 November 2016

A thematically linked multimedia Exhibition, these artworks reflect on different concepts and themes...



#### Europe, the world and the challenges of the 21st century 31 October 2016

For the Hawke EU Centre Annual Lecture, Baroness

Royall argues that the values of the European Union...

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#### Welcome House 09 November - 30 November 2016

An exhibition created by members of the refugee community, who receive support from Kilburn's 'Mercy...

#### An exhibition exploring an 1887 Exhibition, held in the Jubilee Exhibition building, and tracks the...

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Adelaide's

**Exhibition and** 



**International Jubilee** 

Building (1887-1962)

09 November - 30 November

#### Art Talks With Pinchas Zukerman, Artist in Association 22 November 2016

Art Talks With Pinchas Zukerman, Artist in

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# On target with quality research that makes a difference

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#### by Michèle Nardelli

**UniSA News** 

With the 2012 Excellence in Research for Australia (ERA) report handed down in the first week of December and the trial Excellence in Innovation for Australia (EIA) report released a week before, Australia has probably never had a more comprehensive assessment of its university research.

Combined, the reports give a picture not only of what Australian researchers are contributing to the wealth and quality of knowledge globally, but also how that research is making a difference to our health and well-being, the economy and our environment.

The University of South Australia delivered a significant improvement in its ERA result moving from a position where 70 per cent of its research was assessed as world class or better in 2010 to a 2012 report that shows 86 per cent of assessed research is now world class.



University of South Australia Acting Vice Chancellor Professor Joanne Wright says the results show that the University's plans to develop a wide portfolio of world class research are on target.

Based on data collected from 2005 to 2010, UniSA was assessed as world standard or above in fields such as resources engineering and extractive metallurgy, mechanical engineering, information and computer sciences, psychology, human movement and sports science, cultural studies and economics.

Prof Wright says the improved results are a coming-of-age for UniSA as it celebrates its 21st birthday.

"We've dramatically improved our research performance in the two years since the first ERA assessment and our plans are to continue to target world class quality in all of our research," she says.

At the same time the trial project to assess the impact of research at 11 Australian universities also proved successful for the University.

A model to assess the benefits and impacts of 162 research case studies across Australia showed that 87 per cent of the research assessed was having a considerable to outstanding impact in the wider world.

University of South Australia Deputy Vice Chancellor: Research, Professor Sakkie Pretorius says the EIA trial has been an invaluable foray into finding a way to measure research that is meaningful in the community.

"It shows people in real life terms, the value of the substantial tax dollars invested in funding research across the nation," he says.

"It is also significant in the research world because it reveals quite clearly what excellent and powerful research looks like."

Prof Pretorius said it was too easy for the notion of research to take on a closed, "locked away in laboratories" status, so that people lost connection with its value and purpose.

"The EIA trial has been thoroughly worthwhile and will help to shape the future of how we measure our research success nationally and globally," he says.

UniSA's Ian Wark Research Institute featured as an outstanding example of research that is making a difference in the world and specifically to the mining industry through its work in developing mineral flotation science.

"The Wark's strong partnership with the mining sector delivered more than \$318 million to the industry between 1988 and 2006 through successful technology transfer and by the end of this year that figure is set to rise to \$1 billion," Prof Pretorius said.

"It is just one example of how research delivers tangible economic outcomes for the nation. And across the full range of research assessed a picture emerges that translates to research that saves lives, provides employment, and protects the environment – all central to building a better world."

The University's 12 projects assessed for the trial, ranging from the industry-partnered development of the world's first fully plastic automotive mirror, right through to research into improving the use of medicines for better health and economic outcomes, all rated as having considerable to outstanding impact.

Professor Pretorius says coupled with the strong improvement in the Excellence in Research for Australia results announced this month, it is clear that UniSA is building a strong base for quality research that makes a difference.

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**UniSA News** 

# UniSA behind the scenes at Adelaide Festival

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December 2012

by Kelly Stone



Adelaide Festival staff members who have studied with UniSA are: Gillian Mercer, Koral Chandler, Anne Wiberg, Sarah Pledge, Olivia Maros, Matthew Bennett, Michelle Read, Rachel Kurenda, Anna Hughes, Hilary Abel, and Lucy Guster.

The Adelaide Festival is one of the world's great art events – and the team that brings the event to the world has a strong UniSA influence.

Eleven UniSA alumni and two UniSA students are part of the 32-member team that is currently working behind the scenes to prepare for the 2013 Adelaide Festival.

Alumni range from disciplines including Visual Arts, Communication, Marketing and Social Work, while current students are from Management and Public Relations.

Adelaide Festival Corporation Publicist Koral Chandler is studying a Bachelor of Public Relations and says there is plenty to look forward to at the 2013 Festival (see breakout story below).

Chandler says her studies at UniSA helped her to secure her first job in marketing and publicity (with the Governor Hindmarsh Hotel), while her work now in a strategically-focussed team at the Adelaide Festival means she is drawing on expertise from her studies almost every day.

Chandler's job includes working with the head of publicity on media relations for the Festival.

"I write media releases, organise media materials and help media outlets with stories about the Festival," Chandler says.

"The best part of my job is the contact I have with media personnel – they're a really fun bunch. I also love learning new and exciting skills from the Adelaide Festival team, a team which I am lucky to be a part of."

Business Development Director Gillian Mercer is studying a Bachelor of Management and is enjoying learning the theory behind what she practises during her working day.

She is responsible for sponsorship and business development activities including industry liaison and corporate hosting.

"I enjoy building relationships with corporate organisations, facilitating access to the arts," she says.

"I also enjoy the challenge of meeting financial targets and the generation of new ideas to achieve new income streams for the event."

Digital Marketing Assistant Matthew Bennett is a graduate of Communication, Media and Culture and says his degree – and Marketing major – has helped him in his role.



"I loved my time at UniSA and my studies have given me a greater insight into the reasoning behind our digital marketing strategies and the various roles required to implement the strategies," Bennett says.

"As Digital Marketing Assistant, I am responsible for maintaining our social media presence on Facebook and Twitter while also updating our website and mobile app.

"I love working with new media such as our website and app, as well as using all of the latest social media sites to reach our audience."

Visual Arts Manager Lucy Guster is a graduate of two UniSA programs – Bachelor of Visual Arts and Graduate Diploma in Arts and Cultural Management.

Guster says the combination of studying visual arts practice and arts management training has really provided her with the ideal basis for her role as Visual Arts Manager.

"I have always felt that having the experience of making artwork myself, helped me to be more understanding when working with artists to show their work for the Festival," she says.

Guster says her role involves looking after "all things visual arts", including helping to plan and develop projects, liaising with international and Australian artists and galleries, and delivery of exhibitions and events including budgeting, contracts, logistics, travel and accommodation.

"My favourite part of the job would have to be working with the artists," she says.

"I feel proud and very fortunate to have the opportunity to work closely with such an array of incredible international artists, like Laurie Anderson for the 2013 Festival.

"It is always so wonderful to meet them in the flesh after years of emails, phone calls and skype – and even better to see their projects come to fruition.

"I also love working with such an amazing team of people at the Festival – so knowledgeable and professional, but who also know how to have fun."

As a sponsor of the visual arts program of the Adelaide Festival, UniSA's Marketing and Development Director Alan Brideson says there are strong synergies between UniSA and the Adelaide Festival, with UniSA being the leading provider of visual arts education in South Australia.

#### 2013 Adelaide Festival

The 2013 Adelaide Festival will run for 17 days and nights from Friday March 1 to Sunday March 17.

It will feature 53 events, of which 29 are exclusive to Adelaide; 314 performances; 27 Australian premieres; and 14 theatre, five dance and 21 music events, alongside Adelaide Writers' Week, two visual arts exhibitions featuring the work of Laurie Anderson at the Anne and Gordon Samstag Museum of Art and Turner from the Tate at the Art Gallery of South Australia.

Adelaide Festival Publicist Koral Chandler says current Visual Arts students will be excited that one of the most interesting contemporary artists of our time, Laurie Anderson, has three different projects in the 2013 program – *Dirtday*!, her acclaimed multi-media monologue; *Kronos* Quartet and Laurie Anderson performing their first ever musical collaboration; and *Laurie Anderson: The Language of the Future – Selected Works 1971-2013* at the Anne and Gordon Samstag Museum

#### of Art.

Chandler says a hot tip for young people at this year's Festival is Sylvie Guillem in 6000 miles away.

"Sylvie is one of the world's greatest ballerinas. She'll be starring in a mesmerising program by three of today's most important choreographers, Mats Ek, William Forsythe and Jiří Kylián," Chandler says.

"Sylvie's show is one of the most exciting shows on our Fringe Benefits list. Students under 30 should check out our list of shows that we are offering at Fringe Benefits prices, they are huge bargains!"

Click here for Fringe Benefits information and go to the Adelaide Festival website for more information about the Festival in 2013.

The University has secured a special 10 per cent discount for University alumni, staff and students on selected shows. Click here for information.

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UniSA Nevvs

December 2012

# High protein diet promotes healthy weight loss

Back to story index

by Rosanna Galvin

The festive season is now upon us and as we go to write our New Year resolutions, UniSA's Dr Tom Wycherley (pictured right), has found a solution for those who have healthy weight loss on their list of goals for next year.

Based at the Sansom Institute for Health Research, the Postdoctoral Research Fellow's latest study shows that a high protein diet may be the key to successful, healthy weight loss.

Steering away from the traditional diet format, which advises food consumption to be based on a 10-20 per cent protein, 45-65 per cent carbohydrates and less than 30 per cent fat formula, Dr Wycherley's research reveals that when consuming a reduced energy diet over an average 12 week period and increasing the proportion of protein while reducing carbohydrate intake results in greater weight loss.



"A number of studies have shown that additional body composition benefits can be obtained within a weight loss diet by increasing the proportion of protein at the expense of carbohydrate, without altering the level of energy intake," he said.

"Having said that, these results are not observed unanimously and no definitive large-scale well controlled studies have been conducted. We combined the results of all the studies that have looked at the effects of manipulating the carbohydrate/protein ratio of low fat, weight loss diets to see whether there was an overall advantage of higher protein diets.

"Our results showed that people who consumed a high protein diet achieved better weight loss. The studies went for an average duration of 12 weeks and over this time participants who followed a high protein diet lost 790g of additional body weight compared to those consuming diets with standard protein amounts.

"Furthermore, our research showed that high protein diets mitigated the typical weight loss induced reductions in muscle mass, which meant participants were losing more fat tissue, representing a better quality of weight loss."

As well as weight loss, the study, which was published in *The American Journal of Clinical Nutrition* this month, showed that a high protein diet may have positive benefits for metabolism and appetite.

"Another significant finding was that resting expenditure was reduced to a lesser extent on a high protein diet. The majority of the energy you expend during the day comes from your resting energy expenditure and when you're losing weight, it is typical for your resting energy expenditure to also reduce," Dr Wycherley said.

"We also found that a high protein diet had an impact on satiety, which is the feeling of fullness. While

we were unable to combine all the individual study results for satiety in our analysis, three of the five studies that measured it reported that participants felt fuller for longer on a higher protein diet."

While the study offers a viable weight loss solution for those hoping to lose excess weight in a healthy way, Dr Wycherley says more research needs to be done to investigate whether high protein diets can provide long-term benefits.

"We would like to find out more about the magnitude of the results in the long-term. One of the key issues with weight loss is maintaining it over a long period of time. We don't know at this stage whether losing more weight and having a better quality of weight loss translates to long term benefits for weight status and health," he said.

"We also looked at the blood lipid profile, which showed a greater reduction of triglycerides with a higher protein diet. Elevated triglycerides have been associated with increased cardiovascular disease risk however we are still not sure if lowering triglycerides actually reduces the risk."

Dr Wycherley's next research project will investigate nutritional strategies for improving health outcomes in remote Indigenous Australians, after he was recently awarded a four-year National Health and Medical Research Council Early Career Fellowship.

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**UniSA News** 

December 2012

### Teenagers urged to keep it tame

Back to story index

by Katrina Phelps

Social media and mobile technology can keep us in touch with friends at a constant pace but it can also mean bullying follows students home from the schoolyard.

UniSA is involved in a new online campaign that is targeting Australian teenagers, drawing attention to bullying and the consequences of thoughtless and hurtful use of social media.

Online bullying expert, Dr Barbara Spears (pictured right), from UniSA's School of Education, is the lead researcher on the project that is driving the new campaign.

Dr Spears says up to 80 per cent of Australians aged between 12 and 18 will be exposed to the Young and Well Cooperative Research Centre's (CRC) interactive online campaign *Keep it Tame.* 



"There is a constant battle to promote the anti-bullying message online as constant access to technology means there is no escape from bullying," Dr Spears said.

"One of the keys is getting the individual to realise that their behaviour is bullying.

"Our new campaign doesn't tell young people how they should behave online but encourages them to take active ownership of what happens in social relationships through their actions online."

The *Keep it Tame* campaign guides teenagers through a series of mock social media posts and highlights the hurtful effects of the online exchanges, ultimately encouraging people to act with respect.

"We're not anticipating them to change behaviour overnight but the campaign is about respect so if young people understand how to be respectful of themselves and others, that's a good basis for promoting values and better behaviour," Dr Spears said.



"Over the five-year project we hope to see cyber bullying decrease and help-seeking behaviour increase."

The Young and Well CRC is an Australian-based, international research centre that unites young people with researchers, practitioners, innovators and policy-makers from more than 70 partner organisations.

The Keep it Tame project is an initiative of the CRC and is led by UniSA in conjunction with the

University of Western Sydney, Zuni and the Queensland University of Technology.

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### Gala celebrates 25 years of enterprise

Bathed in UniSA blue, the 25th Birthday Gala Dinner at the Adelaide Convention Centre certainly reflected the generosity and warmth of the University community. more



SA first partnership for specialist health research and education more



From the Vice Chancellor more



Marathon marvel: Jess Trengove prepares for Olympic run in Rio more



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**UniSA's 25th Birthday Gala Dinner and O-Week more** 



**Electronic music pioneer** John Foxx performs at UniSA more



See what's been happening in 2016 more





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Please note that there may be links to pages that no longer exist



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Web author Edmund Boey

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If you have a story suggestion, please email unisa.news@unisa.edu.au by the first of each month for inclusion in that month's newsletter.

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#### Top stories...



#### Aussie peanuts are good for our brains

Research undertaken by the University of South Australia has shown that eating peanuts everyday can improve cognitive function including some aspects of memory and information processing.

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### Find an expert

University of South Australia's staff available to comment on their areas of teaching or research expertise. If you would like more help locating UniSA experts, or more information about the University, please contact the Media Office.

Phone: 61 8 8302 0966 Email: michele.nardelli@unisa.edu.au

Find an expert

### THE CONVERSATION

The Conversation is an independent source of analysis, commentary and news from the university and research sector

Four common claims about education funding and quality that need explaining By Alan Reid, *Research Professor, School* 

of Education, University of South Australia

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#### Reuters ranks UniSA a research innovator in Asia

The University of South Australia has made the Reuters list of Asia top 75 universities for Innovation....

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#### Small investments open doors for the homeless

On any given night 1 in 200 people in Australia are homeless and hundreds of thousands more are under severe financial stress and in danger of becomin...

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## UniSA partners on national 'Respect. Now. Always.' student survey

The University of South Australia is to partner with other universities across



The latest trends and developments in research, technology and innovation.

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Showcasing our research and achievements, and how we contribute to business in South Australia and across the world.

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Super news -UniSA's Venture Catalyst wins best entrepreneurship support award AND people's choice award at the KCA conference awards.

#### UniSA newsroom @UniSAnewsroom 01-Sep

Patent prolific: @UniversitySA is in Reuters list of Asia's top 75 universities for innovation https://t.co/x9IW3vICxW #@unisaresearch

#### UniSA newsroom @UniSAnewsroom 29-Aug

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Australia in a ground-breaking national student survey on sexual assaul... > Read More



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#### UniSA 25th Birthday Messages

25 years ago we brought together a collection of colleges, institutes and schools and melded them into one university. The colleges of advanced education, the schools of art and mining, and the...

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#### Adam Goodes signs Indigenous Defence Consortium MoU with University of South Australia

The University of South Australia and the Indigenous Defence Consortium (IDC) formalised a new collaboration designed to advan and support business and education opportunities in the defence...

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#### Mount Gambier Learning Centre Launch

UniSA has officially opened its brand new learning centre in Mt Gambier, showcasing some of the most sophisticated facilities for teaching and learning in regional Australia. The \$12.5 million state... > Watch video



#### New centre to stimulate innovation in South Australia

Business growth, and driving innovation and entrepreneurship in South Australia is the focus of the new Innovation and Collaboration Centre (ICC), launched at the University of South Australia. A... > Watch video

#### Events



Art Talks With Jeffrey Tate, Principal Guest Conductor

View all



UniSA Hong Kong Alumni Dinner



National Water Forum 2016



Art Talks With Pinchas Zukerman, Artist in Association

#### **Publications**



enterprise is a magazine that showcases UniSA innovation and research relevant to today's society. Read the latest digital edition of enterprise online.

#### Media Contacts

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Will Venn Media Liaison Officer Ph: (08) 8302 0096 Mobile: 0401 366 054 Email: will.venn@unisa.edu.au

#### **Useful Links**

Links to our previous and other news related websites

- > Previous news & events home
- > UniSA News
- > News archive 2000 2011



Join us in celebrating our 25th birthday by sharing your stories and photos, attending our events and reading about our history.



UniSA News is a monthly online publication that shares news from around the UniSA campuses, and celebrates the achievements of our staff, students and alumni.

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- Web Content Accessibility Guidelines
- Checklist for accessible online content
- Useful accessibility resources
- Ten tips for creating accessible content
- Information for people with disabilities
- UniSA Online Accessibility Action Plan
- Web Accessibility Network for Australian Universities

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The UniSA corporate website aims to:

- provide a text equivalent for every non-text element, for images, graphics, animations, applets etc
- ensure all information conveyed with colour is also available without colour, for example from context or markup
- use style sheets for layout and presentation
- use tables to mark up tabular information, for example data tables (not for layout purposes)
- ensure pages are accessible when viewed in older browsers, for example a browser that does not recognise style sheets should be rendered so that it is meaningful
- use relative rather than absolute unit sizes so that text in a window can be resized to larger (see Using this website)
- ensure that moving, blinking or scrolling text can be paused or stopped
- ensure that pages are usable when scripts, applets, or other programmatic objects are turned off or not supported
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• the nature of the problem you are experiencing.

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Welcome to the Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS) This is the official Australian Government website that lists all Australian education providers to offer courses to people studying in Australia on student visas and the courses offered.

**Course Search** 

Use this search to find information about courses offered by Australian education institutions.



#### **Institution Search**

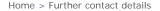
Use this search to find information about Australian educational institutions.

Additional information about registration of institutions and courses for overseas students O

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### Further contact details

If you've got an enquiry and would like get in touch with UniSA, you will find our contact information and campus location details listed below.

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#### **General enquiries**

University of South Australia GPO Box 2471 Adelaide, South Australia 5001 Australia Ph 1300 301 703 Fax +61 8 8302 2466

The University switchboard is attended from 9am to 5pm, Monday to Friday. If you know the extension of the person you wish to contact, dial (08) 8302, followed by the last four digits of the extension. You can also search for staff telephone numbers in the Directory.

#### Dialling information for external callers

Please note that all standard landline telephone numbers throughout Australia are eight digits in length. Australian mobile and toll-free numbers will differ. The numbers listed within this directory are internal university extension telephone numbers (unless otherwise indicated.)

For example, to call a university extension 26611:

- within the university, dial 26611
- within Adelaide (local number) and/or the 08 region, dial 830 followed by the extension eg 830 26611
- within Australia but outside of the 08, dial 08 83026611
- outside of Australia, dial (your international access number), then 61 8 830 26611

#### Security

All hours 1800 500 911 – free call (Internal callers dial 88888)

#### Future student enquiries

Ph: (08) 8302 2376 Fax: (08) 8302 0977 Make an Enquiry Address: Level 1, 101 Currie Street, Adelaide SA 5000 Mail: GPO Box 2471, Adelaide SA 5001

Open weekdays from 9:00am to 5:00pm, excluding public holidays.

#### International students enquiries

Future student enquiries (international)

#### Graduate Studies Office (research degrees)

SM Building, City West campus GPO Box 2471 Adelaide SA 5001 Ph: +61 8 8302 5880 Fax: +61 8 8302 0828 Email: research.degrees@unisa.edu.au

#### Campus postal addresses

University of South Australia GPO Box 2471 Adelaide SA 5001

#### City East - Campus Central

Level 3 – Playford Building, Frome Road Adelaide SA 5000 Ph: 1300 301 703 Fax: (08) 8302 2466 Email: campuscentral.cityeast@unisa.edu.au

#### City West - Campus Central

Level 2 - Jeffrey Smart Building Adelaide SA 5000 Ph: 1300 301 703 Fax: (08) 8302 0590 Email: campuscentral.citywest@unisa.edu.au

#### Magill - Campus Central

Level 1 Building B Lorne Avenue Magill SA 5072 Ph: 1300 301 703 Fax: (08) 8302 4090 Email: campuscentral.magill@unisa.edu.au

#### Mawson Lakes - Campus Central

Ground Floor - C Building Mawson Lakes Boulevard Mawson Lakes SA 5095 Ph: 1300 301 703 Fax: (08) 8302 3550 Email: campuscentral.mawsonlakes@unisa.edu.au

#### Whyalla - Campus Central

111 Nicolson Avenue Whyalla Norrie SA 5608 Ph: 1800 808 957 (free call)

or +61 8 8647 6161 (Local)\* or +61 8 830 26161 (Metro) Email: campuscentral.whyalla@unisa.edu.au

\* Note: interstate, overseas, SA country and Whyalla callers wishing to call the Whyalla extension should use 8647 (instead of the 830) followed by the last four digits of the extension, for example 26111 would become 8647 6111 (ie omit the 2).

Further contact details - University of South Australia

#### Mt Gambier - Campus Central

Wireless Road West Mount Gambier SA 5290 PO BOX 798 MOUNT GAMBIER 5290

Ph: +61 8 8721 8900 (local)\* or +61 830 28900 (Metro)

#### Email: mountgambier.enquiries@unisa.edu.au

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Alan Brideson Director Marketing and Development Unit

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Follow this link to download the latest version of Internet Explorer.

Please note that when viewed on Netscape there is some degradation to the look and feel of the site although navigation is not hampered. Users of Netscape should take note of the Netscape end of support notice.



Follow this link to download the latest version of Firefox web browser.

#### **Navigation**

There are a variety of ways to find information on this website. The groups of links at the top of the home page provide the main navigation to key areas of content. In sub pages, navigation menus on the left hand side link to more detailed information within the site.

The grey navigation bar at the top of the home page and every page provides quick access to frequently accessed information, including the search function. Privacy, disclaimer, copyright, contact, accessibility and CRICOS information is available from the footer. A web enquiry facility is available in the Contact UniSA page.

#### Accessibility

If you have a disability, refer to our web accessibility information. The Adobe Accessibility Resource

Centre provides tools that can help people who use speech readers to read the content of PDF documents. If you are encountering difficulties accessing the UniSA Corporate website, please email webenquiry@unisa.edu.au.

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#### STUDY RESEARCH PARTNER NEWS & EVENTS

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LOGIN Q

### Open Day was held on Sunday 14 August

This year's Open Day was the best yet with over 90 presentations, 80 information

booths and 43 things to see and do. We hope you enjoyed your time on campus and found all the information you needed about your pathway and study options. If you still have questions, make sure you attend our Open August Events or contact our Future Student Enquires Team.

#### Missed a presentation?

If you didn't manage to make it to Open Day, watch our **program overview videos** to find out more about the range of programs on offer.

### What's next?

#### UniSA's Open August Events

Open Day is held at our City West and City East campuses and is a great chance for you to explore all the study options on offer at UniSA in the one spot. Once you have decided on your direction, you will have another opportunity to step onto our Mawson Lakes, Magill and Whyalla campuses. You can explore the facilities and hear from current students, staff and industry professionals. Attend Magill @ Twilight if you are interested in studying Education, Psychology, Social Work, Communication, Media & Arts. Discover Mawson is for those thinking about careers in the areas of engineering, information technology, environmental science, geospatial science, science and advanced materials, aviation and mathematics. Find out about education, nursing, social work, business and Foundation Studies at Whyalla Open Day.

Event	Date	Location
Magill @ Twilight	Wednesday 24 August	Magill campus
Discover Mawson	Thursday 25 August	Mawson Lakes campus
Whyalla Open Day	Sunday 28 August	Whyalla campus

Further information and registrations

#### Open August events



UniSA's Open Day is part of Open August, a series of events giving prospective students and parents a range of

opportunities to visit our campuses, ask questions and assist with the selection of courses and careers.

#### Open August events

#### We're here to help



Contact Future Student Enquiries for more information on studying at UniSA.

**Contact Future Student Enquiries** 



### How to Apply



View our step-bystep video explaining how to submit your UniSA application. Future Student Enquiries Team

### Areas of study and research

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#### Browsealoud

Browsealoud is a text to speech tool that you can download and use on our website. It converts text to audio which allows the content of our websites and any Browsealoud capable website to be read to you.

#### Features

- reads aloud all website content including PDF and MS Word documents
- words are spoken aloud as you move your cursor over them
- choose the voice to use
- change the reading speed
- create shortcut/hotkeys to start/stop reading
- have the program start when the computer starts

#### **System Requirements**

In order to download and run BrowseAloud, you must have the following System Requirements:

#### PC users

Operating Systems: Windows XP, Vista and Windows 7 Pentium 4 1.8GHz Processor 512 MB RAM (1 GB RAM recommended on Windows Vista and above) Sound Card + Speakers 15MB Free Disk Space

Recommended Browsers: Internet Explorer 6, 7 or 8. Firefox 3.6 For PDFs: Acrobat Reader 9

#### Apple Mac users

OSX 10.3.9 or later (now supports Mac OSX Snow Leopard) 256 Mb RAM (512 Mb is preferable) Compatibility with Power PC or Intel processor. Browser: Safari v3 or later 20MB disk space



For more information or support please visit the Browsealoud support page.

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