

Open Door Health Clinic

Providing **free** physiotherapy and podiatry services for adults in crisis

SERVICES

The Open Door Health Clinic provides quality physiotherapy and podiatry services to adults in crisis or experiencing homelessness in South Australia.

Designed to address individual needs, we deliver hands-on quality care to help restore, maintain and promote optimal function.

The Clinic offers assessment and treatment across a variety of different areas.

Services are provided by professionally supervised final year undergraduate physiotherapy and podiatry students from the University of South Australia and/or fully qualified volunteer physiotherapists and podiatrists.

Podiatry services

Podiatrists can help treat any foot problem including:

- Callus or corns
- Foot and ankle injuries
- Foot pain
- Nail problems including infections

Physiotherapy services

Physiotherapists can assess and treat a wide range of conditions, including:

- Neck and back pain
- Joint and muscle injuries
- Headaches
- Neurological conditions
- Movement related disorders

We offer self-management strategies and exercises to clients with a range of issues that may occur. We can also design exercise programs and offer advice to improve fitness, health and wellbeing.

All services are free of charge and medical referral is not required.

Open Door Health Clinic is an initiative between the University of South Australia, The Salvation Army and SOS Health Foundation.

CONTACT DETAILS

Please contact us to arrange an appointment (walk-ins are also welcome).

Telephone: 1800 316 790 (Free call)

📍 Location

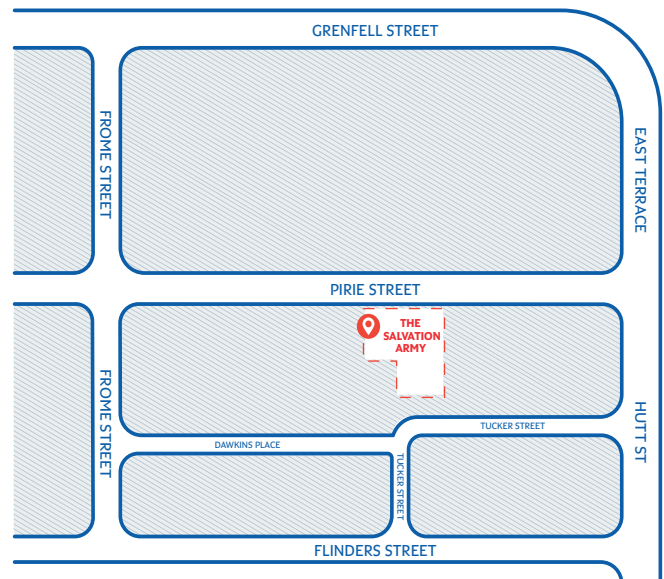
Open Door Health Clinic
The Salvation Army
277 Pirie Street
Adelaide SA 5000

Clinic hours

Wednesdays, 1:00pm–4:30pm

Car parking

Timed parking tickets can be purchased (coin or credit card) for parking on Pirie Street.



University of
South Australia



For further information, visit
unisa.edu.au/opendoor

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