# **Professional Certificate in Pain Sciences**

# **Frequently asked questions**

# For whom is this course targeted?

The primary instructors are Australian trained physiotherapists and the courses form part of the <u>Master of Advanced</u> <u>Clinical Physiotherapy</u> program at the University of South Australia.

Pain Theory and Sciences is a general pain sciences course that is not specifically targeted to one profession.

<u>Pain Assessment, Rehabilitation and Management</u> includes content suitable to a general audience, such as pharmacological and educational strategies, but also covers content specific to clinicians working in the physical therapies.

# What prior knowledge is assumed?

**Pain Theory and Science** assumes an undergraduate degree level of knowledge in the key areas of anatomy and physiology. The self-directed preparatory modules that are made available four weeks prior to the course commencement date include quizzes and readings on topics including neural function and communication, neuroplasticity, homeostasis and regulation, healing processes and neuroanatomical pathways.

Pain Assessment, Rehabilitation and Management assumes a postgraduate degree level of knowledge of pain theory and biology.

# How is this course delivered?

Please refer to the individual course webpages for specific details. Students will be advised of the online session times after final enrolment numbers are finalised in June.

#### What is the expected workload?

Each course is 4.5 units - a student workload commitment of 157.5 hours. This equates to approximately 10 hours per week.

# Can I just do one of the courses?

Yes. Either course can be completed in isolation but both are required to attain the Professional Certificate. Enrolment into **Pain Assessment, Rehabilitation and Management** assumes a comprehensive understanding of Pain Theory and Science.

#### Can these courses form credit toward a Master program at UniSA?

Courses are equivalent to a 4.5 unit at postgraduate level.

Terms and conditions apply dependent upon the program being applied for.

#### Who teaches into these courses?

Pain Theory and Science and Pain Assessment, Rehabilitation and Management are coordinated by <u>Dr Mark</u> <u>Catley</u> and <u>Jeannie Burnett</u> respectively. Our course material is updated yearly and our primary contributors include <u>Prof Lorimer Moseley</u>, <u>Dr David Butler</u>, <u>Dr Tasha Stanton</u>, <u>Dr Jacinta Johnson</u> and <u>Dr Carolyn Berryman</u>.

#### Is this course accredited?

The courses have been mapped to the curricula recommended by the International Association for the Study of Pain (IASP) and form part of the Australian Physiotherapy Association accredited Master of Advanced Clinical Physiotherapy program.