

Values and principles

- Consumer/carer engagement occurs from the beginning, and informs research priorities, planning, implementation and evaluation activities.
- Consumer/carer engagement is standard practice for increasing knowledge of key issues and research outcomes.
- Lived experience (LE) expertise and skill complements and informs professional knowledge and learning.
- Consumers and carers bring diverse forms of learning and experience.
- MHSPRG establishes a welcoming and supportive environment where LE partners feel a part of the research and teaching community.
- The scope of projects, roles and engagement processes is clear for everyone: be transparent.
- MHSPRG uses research and teaching methodologies which align with lived experience and co- production values.
- LE educators offer essential learning opportunities for students of mental health.
- MHSPRG values shared authorship in curricula design and research.
- Encourage reflection, feedback and ongoing learning for all parties.
- Authentic engagements and relationships are a benchmark of our success.

Supports and infrastructure

- Learning and preparation**
- Find opportunities and roles for people with LE who want to contribute: ensure flexibility
 - Provide orientation and education sessions with LE partners on relevant research methods and processes.
 - Provide learning sessions with research leaders on engagement practice and the value of lived experience.
 - Provide information and support regarding questions about ethics, privacy and confidentiality in research and teaching.
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 - Consider adjunct status for LE researchers and educators.
- Resources**
- Ensure office and educational infrastructure/practical supports can be accessed for LE researchers, educators and partners.
 - Provide appropriate reimbursement and employment processes for LE partners.
- Education practice**
- Prepare LE educators for understanding student learning needs and effective LE teaching approaches.
 - Support LE educators to teach in safe ways, including the use of principles, consumer or carer perspectives, service standards, theory and effective storytelling.
 - Prepare students, academics and classrooms for understanding the context of LE perspectives: ensure briefing and debriefing.
 - Ensure safe teaching and learning opportunities for students and educators with lived experience.

Engagement

Research

- LE partners generate a list of research priorities/questions that guide MHSPRG consideration of research grants, projects and student research topics.
- Set up flexible research partnership (steering) groups for research projects, enabling co-production of study information, recruitment process, consumer involvement, data collection tools and study promotion.
- Employ LE research assistants for individual research projects: engage in recruitment processes, data collection and analysis, reporting and promotion.
- Enable joint authorship and contribution to publications, information or presentations in various ways. LE panel membership for post grad supervision.

Education

- LE educators lead a Recovery Learning Network, focused on promoting consumer, carer and clinician learning regarding recovery practice.
- Partner with LE educators to co-produce curricula and develop learning activities and resources (podcasts, videos and virtual classrooms).
- Employ LE academic staff to directly teach into programs and courses, providing knowledge and skills on recovery practice and person-centred care. LE academic staff can also provide guidance on courses taught by others.
- Support leadership and learning regarding the peer workforce, consumer advocacy and recovery.

Consumer and Carer led

Partnerships

Consultation

Information

Levels of Engagement

Loughhead, M., Halpin, M. and Procter, N, 2020. MHSPRG Lived Experience Engagement Framework, UniSA. Acknowledgments: Shared Learning in Clinical Practice membership and SA Lived Experience Leadership and Advocacy Network.