Meet new arrival Bindee Burlakoti

Jeanette Cordwell – wins medal at Masters. Her exclusive story inside!

Why is the PVC spending time with rubber ducks?

Roger Eston and Jodie Quilliam - up close and personal with Phil Smyth!
Hi all,

Welcome to the May/June Newsletter. You’ll be forgiven if you thought it was a copy of ‘Hello’ magazine! 😊 Nice one Ali! I can’t believe how time flies! Again, it has been a busy period with lots of positive things happening over the last two months, as you will see in this issue of the Newsletter.

Staff Movements

The 1st July 2015 brings about a number of changes in staff of the School of Health Sciences. I am sure you will all join me in welcoming the staff of the newly established Centre for Population Health Research (CPHR) as a key group of around 60 staff to the School of Health Sciences. As PVC Professor Bob Vink has already announced, Professor Elina Hyppönen has been appointed as the inaugural Centre Director: Population Health Research. Professor Hyppönen joined the University in 2013 from University College London, developing the Nutritional and Genetic Epidemiology Research Group within the School of Population Health. Her ability to seek out and engage with a range of colleagues and collaborators, will benefit CPHR in its situation within the South Australian Health & Medical Research Institute (SAHMRI) and in its transition into the School of Health Sciences. The establishment of CPHR within the School of Health Sciences now forms the largest School in the University (by staff, headcount: 200) and the second largest student cohort (headcount: 3231), which has grown by over 30% since 2010.

Welcome also to Associate Professor Marie Williams as Associate Head: Research from the 1st of July 2015. Marie returns to the School of Health Sciences after a three year secondment to the School of Population Health predominantly as Associate Head of School: Academic and recently as Acting Head of School of Population Health. Marie replaces Associate Professor Susan Hillier who commences her new role as Dean: Research and Research Education, for the next 12 months, to work with Professor Ian Olver as Director of the Sansom Institute for Health Research, focusing on operations that implement research strategy. Congratulations to Susan on her promotion and thanks for your support as the Associate Head of School: Research for the School of Health Sciences over the last three years.

**Success in the University of South Australia ‘Crossing the Horizon’ 100 Professors Scheme:**

I am delighted to welcome Professor Eva Bezak, formerly Chief Physicist at the Royal Adelaide Hospital, who joins the School of Health Sciences as Professor in Medical Radiation from August 3rd. This is a hugely significant appointment for the Medical Radiation suite of programs and for Medical Radiation education in South Australia! A short biography of Eva is enclosed under the staff news section.
Welcome to Dr Amy Baker recently appointed to a continuing Lecturer (B) post in Occupational Therapy. Congratulations to Lindy Williams, also appointed to a continuing academic lecturer post (A) in Occupational Therapy and to Katie Thomas on her appointment as lecturer level A in Podiatry. Welcome to Kate Lamb, who joins us as Lecturer (level A) in Medical Sonography until 2018 and also to Stuart Fletcher, who joined us recently as Store Clerk in the Central Store.Congratulations to Amy, Lindy, Katie, Kate and Stuart on your appointments!

Farewells
In June we said goodbye to two long standing lecturers in physiotherapy - Dr Coralie English and Dr Lucy Lewis. Congratulations to both on their appointments and respective promotions. Coralie has been appointed as Associate Professor at Newcastle University, Sydney and Lucy has been appointed as Senior Lecturer at Flinders University. We’ll miss Coralie and Lucy and wish them all the best in their new roles. Further details within. We also say goodbye and best wishes to Sylvia Starsky, Technical Officer: Laboratory Support at the end of July. Sylvia has served the School so well in her role as over the last 3 years. Sylvia is relocating to Poland later this year.

Magill Gym
One of the key points to come out of the UniJam conversation was a call from students for facilities to be more consistent from campus to campus. I think you'll all agree, the upgrade at the Magill Campus gym brings it more into line with the facilities available at Exercise Benefits City East! In addition to enhancing the student campus experience, it also provides a great space for UniSA Sport, student and community engagement activities. The community already recognise they’re welcome to become members of this facility at very competitive prices. The facility will play a significant role in meeting the placement needs of our students in a range of programs, including Exercise Science, Exercise Physiology, and Physiotherapy. The fantastic location provides easy access for our student led community programs such as ‘Motor to the Max’, a ‘student led’ physiotherapy program for pre-schoolers. This is just the first in a number of student led group programs planned for this space. We’re looking forward to the future opportunities a facility such as this encourages.

Provost’s Digital Teaching Equipment Fund
Thanks to those staff who put in requests for equipment to support teaching across the disciplines. Following initial review by the School Executive and the Dean of Clinical Education Office, several requests have been recommended to Provost Allan Evans for funding; outcomes to follow soon.

Accreditation – four programs in 12 months!
It’s certainly been a busy time for the accreditation of our programs. In the last few months we have received visits from the accreditation panels for programs in Medical Radiation and Physiotherapy, with a further accreditation visit for Occupational Therapy due in August. The volume of paperwork required for accreditation and the detail required for these events is quite significant, as you can imagine. From my perspective, the visits were received with positive discussion and engagement by all, and it was pleasing to note that the last three accreditation panels to visit have been most complimentary about the quality of our programs. A big thanks to Jane Shepherdson (Program Director: Medical Radiation Sciences) and Dr Shylie Mackintosh (Program Director: Physiotherapy) and Hugh Stewart (Program Director: Occupational Therapy) for leading preparations of the paperwork and the panel visits. Big thanks too to the respective administrative support teams Ryan McEachen, Tim Brooke-Smith, Helen Creedon and Narelle Korotkov. Where would we be without you guys?! I am also delighted to note that the ‘conditions’ for accreditation of the Bachelor of Clinical Exercise Physiology and the Graduate Diploma in Clinical Exercise Science programs were confirmed as ‘satisfied’ in June with accreditation as EPs for all students graduating between 2014 and 2018 (inclusive).

Some new invited contributions to the Newsletter
In this issue of the Newsletter, there are special reports from the two Associate Heads of School, Associate Professor Kerry Thoirs (AHOS: Academic) and Associate Professor Susan Hillier (AHOS: Research) in addition to separate reports from the Jodie Quilliam as Clinical Operations Manager and Dr Shylie Mackintosh, as Chair of the Teaching and Learning Committee. In future Newsletters, I look forward to including a ‘what’s happening in...’ report from each of the School’s research group directors Professor Jon Buckley (Alliance for Research in Exercise, Nutrition and Activity, ARENA), Professor Elina Hyppönen (Centre for Population Health Research,
CPhR), **Professor Karen Grimmer** (International Centre for Allied Health Evidence, iCAHE) and **Professor Lorimer Moseley** (Body in Mind, BiM).

**Contributions to the HLS Newsletter**
Thanks again for all your contributions. Our Newsletter is publicly available on the School of Health Sciences website [http://www.unisa.edu.au/Health-Sciences/Schools/Health-Sciences/Student-Resources/Newsletters/](http://www.unisa.edu.au/Health-Sciences/Schools/Health-Sciences/Student-Resources/Newsletters/)

News about research, national appointments, community engagements, awards, achievements, sporting endeavours, etc., are welcomed. Contact **Ali Kitchen** ([Alexandra.Kitchen@unisa.edu.au](mailto:Alexandra.Kitchen@unisa.edu.au)) to keep us informed of all your news. Thanks to Ali for taking this huge task on with such enthusiasm! I hope you enjoy this issue of the Newsletter!

Best wishes
Roger Eston 😊

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**DID YOU KNOW?**

- 15-24 year olds have the highest incidence of acquired brain injury of all age groups in Australia (Australian Institute of Health and Welfare).

- Ability to negotiate a flight of stairs can predict free-living physical activity in stroke survivors (Alzahrani, 2009)
  
  - *Simon Mills* (iCAHE PhD student)

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**Susan Hillier’s phone autocorrects ‘Roger’ as ‘Tiger!’ It’s led to some interesting emails!**

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**School iPads.**
Did you know that you can borrow iPads from the store? Check out what is available [here](#)

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The School awards an inscribed pen and card holder to PhD candidates who have passed their proposal!
**Q:** What’s another name for a clever duck?
**A:** A wise quacker!

**Q:** What happens when frogs park illegally?
**A:** They get toad.

**Q:** Why did the toilet paper roll down the hill?
**A:** To get to the bottom.

**Digital Strategy anyone!**
ASSOCIATE HEAD OF SCHOOL (ACADEMIC)

Program Management and Development News
Kerry Thoirs (Associate Head of School)

Reflections on our teaching and learning performance
The School of Health Sciences has a great track record in delivering quality programs which is reflected in very positive student feedback. We should be very proud of this. All around I see hardworking, enthusiastic and bright academic and support staff who contribute strongly to our successes. You can see in the table below our overall ratings for the Course Experience Questionnaire (CEQ) have steadily increased over the last four years (Australian Graduate Destination Survey).

<table>
<thead>
<tr>
<th>Overall Satisfaction Scale</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>IBHL - BHealthScience</td>
<td>73%</td>
<td>93%</td>
<td>94%</td>
<td>88%</td>
</tr>
<tr>
<td>IHT - BA(HumMovandHlthSt)</td>
<td>78%</td>
<td>90%</td>
<td>85%</td>
<td>83%</td>
</tr>
<tr>
<td>IBHU - BA(HuMov,HlthSt),BEd(M,Sec)</td>
<td>79%</td>
<td>93%</td>
<td>98%</td>
<td>84%</td>
</tr>
<tr>
<td>IBOC - BA(OccupationalTherapy)</td>
<td>84%</td>
<td>94%</td>
<td>94%</td>
<td>99%</td>
</tr>
<tr>
<td>IBOP - BPodiatry</td>
<td>69%</td>
<td>94%</td>
<td>95%</td>
<td>93%</td>
</tr>
<tr>
<td>IBPZ - BPhysiotherapy</td>
<td>94%</td>
<td>92%</td>
<td>87%</td>
<td>91%</td>
</tr>
<tr>
<td>IBRS - BMedicalRadiationScience</td>
<td>NA</td>
<td>85%</td>
<td>81%</td>
<td>92%</td>
</tr>
<tr>
<td>ICBR - GCBreastImaging</td>
<td>NA</td>
<td>100%</td>
<td>75%</td>
<td>100%</td>
</tr>
<tr>
<td>ICHP - GHScience</td>
<td>100%</td>
<td>100%</td>
<td>88%</td>
<td>100%</td>
</tr>
<tr>
<td>IGE - GClinicalExerciseScience</td>
<td>67%</td>
<td>83%</td>
<td>47%</td>
<td>75%</td>
</tr>
<tr>
<td>IGSO - GMedicalSonography</td>
<td>96%</td>
<td>93%</td>
<td>93%</td>
<td>93%</td>
</tr>
<tr>
<td>IHHL - BHealthScience(Hons)</td>
<td>NA</td>
<td>NA</td>
<td>71%</td>
<td>100%</td>
</tr>
<tr>
<td>IHHSc(Hons) or BApSc(Hons)</td>
<td>71%</td>
<td>100%</td>
<td>100%</td>
<td>NA</td>
</tr>
<tr>
<td>IHP - MHealthScience</td>
<td>91%</td>
<td>87%</td>
<td>100%</td>
<td>75%</td>
</tr>
<tr>
<td>IMOG - MOccupationalTherapy(GE)</td>
<td>70%</td>
<td>65%</td>
<td>68%</td>
<td>100%</td>
</tr>
<tr>
<td>IMPE - MPhysiotherapy(GradEntry)</td>
<td>90%</td>
<td>57%</td>
<td>75%</td>
<td>88%</td>
</tr>
<tr>
<td>IMPX - MMusculoskeletal, SportsPhysio</td>
<td>82%</td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td>IMSO - MMedicalSonography</td>
<td>100%</td>
<td>90%</td>
<td>100%</td>
<td>100%</td>
</tr>
<tr>
<td>Sch Health Sciences</td>
<td>85%</td>
<td>89%</td>
<td>87%</td>
<td>91%</td>
</tr>
</tbody>
</table>

Some other bragging points are that our Podiatry program, when benchmarked across other Australian Universities is ranked equal second top for the aggregate score of the CEQ. On the myUniversity website, our Occupational Therapy programs are ranked 4/13 for the ‘Quality of Entire Education Experience Scale’.

How can we maintain this high level of achievement, or even improve further on it?
Well done to us, but how can we keep this up? I want to share a qualitative analysis of the CEQ database\textsuperscript{1} which provides useful insight in how students perceive their experience and can help us structure our teaching to meet student expectations. It also identifies areas that we can focus on.

What do students regard to be important in their university experience?
The following are ranked elements by importance which students identified:

1. Course (Program) Design: learning methods
2. Staff: quality and attitude
3. Staff: accessibility
4. Course (Program) Design: flexibility & responsiveness
5. Course (Program) Design: structure & expectations
6. Course (Program) Design: practical theory links
7. Course (Program) Design: relevance
8. Staff: teaching skills
9. Support: social affinity
10. Outcomes: knowledge/skills
11. Support: learning resources
12. Support: infrastructure & learning environment

When responding to ‘best aspects’ of a course (Program) students placed greatest emphasis on interactive, practice-orientated, problem-based learning methods and resources. We do all of these in our school, so no surprise that we get good results! Less emphasis was given by students to knowledge transmission teaching methods (such as traditional lecturing) which shows us the importance of shifting the focus from teacher-centred to student-centred learning approaches. The study found that traditional face-to-face, one way, transmission forms of delivery have a place but students respond better to methods that involve interactive learning, link theory with practice, are practice oriented and problem focused.

Key areas of focus for teachers:
• Assessment (standards, marking, expectations, management and feedback);
• Student Administration and Support; and
• Course (Program) Structure and Expectations.

Key features of course (program) design
Course (Program) design was identified as a key area for quality management. The following design considerations were recommended and can be kept at forefront of our minds when designing learning activities, courses and programs.

• provide flexible learning pathways for students—including majors, sub-majors and the option to take electives—consistent both with their interests and the general course concerned
• optimise ease of access by seeking to match the most appropriate combination of learning times and locations to the profile of the group concerned
• explicitly check that the learning methods and resources being used specifically link to the assessment tasks to be completed and that they promote active, practice oriented, integrated problem-based learning whenever possible
• provide a clear sense of program coherence and direction
• base what is to be learnt on explicit and up-to-date research on the capabilities that will be most needed in the early years of practice in the specific discipline or profession concerned
• ensure that what is to be learnt is “digestible” and that the learning and assessment workloads between subjects are equivalent;
• ensure that there is minimal overlap in content between subjects and in the submission dates for assessment items across subjects in the same learning program
• enable students to “learn in their own time” by providing clear self-study materials that identify the integrated assessment tasks they must complete, give details of how these will be graded and provide a clear indication of how the various learning resources and strategies built into the subject will enable them to complete these tasks.

1Accessing the Student Voice, Using CEQuery to identify what retains students and promotes engagement in productive learning in Australian Higher Education, Geoff Scott, University of Western Sydney, Final Report 2005

Teaching and Learning Supports for Academics

New Division Strategic Direction for Teaching and Learning
In May, Professor Esther May (Dean of Health and Clinical Education) chaired a Division Teaching and Learning Planning meeting where the following priorities were set. These priorities will underpin planning of supports for staff and students that will contribute towards excellent student learning outcomes.

• Clinical Placements
  Includes developing student communication skills, preparation of students for clinical placement,
upgrading of student placement system and exploring opportunities for international placements

- **Program Approach**
  Using a program approach to align and scaffold teaching activities and assessment to the program learning objectives

- **Communication**
  Developing written and oral communication skills of our students. This includes communication skills relevant to research and clinical settings, and which is culturally and context appropriate.

- **Staff Development**
  Engaging staff in development activities, with the assistance of Academic Developers and online educational designers

**School Activities**

*Lunchtime teaching and learning sessions*
These occur approximately monthly, and I am pleased to see academic staff engaging in these sessions. Recent sessions have included discussions and presentations on Simulations to build professionalism in non-clinical health professions, on-line examinations, and how to use online quizzes. Next month I am planning a panel discussion on how to run OSCEs (Objective Structured Clinical Exams). Please come along to these as the sessions stimulate rich discussions.

**School Teaching and Learning committee**
This group discusses school related teaching and learning issues and looks at ways to assist academics and students. If you are interested in joining this group contact Gill Carr (Gillian.Carr@unisa.edu.au).

**First Year Experience group**
This is a new group to be formed in 2015. We are a group of academics who are interested in addressing the needs of students in their first year of university. Our first action is to survey first and second year students to get their perspectives, and will build our actions from that. If you teach into first year courses and have a special interest in the first year experience please you are very welcome to join this group.

**DPAAG (Division Program Advisory and Approval Group)**
This committee reviews all course and program amendments. There has been quite a lot of activity in this committee in recent months, with a lot of the work generated from University policy changes. This includes amendments for compliance:

- To meet the new policy that assessment in courses must be either all ungraded, or all graded passes
- The final year in a ‘with honours’ program should have 75% of AQF level 8 courses
- ‘with honours’ programs now must have different program codes against the equivalent ‘non with honours degree’

Thanks to all who have contributed to meeting mid-year deadlines for these changes, and in particular to Gill Carr, who has done a lot of work around the course amendments. To complicate things, as course amendments have been going through assessment names have been reviewed. The Division now uses a limited list of assessment types. The aim of having a limited list is to:

- Streamline assessment by using a more general assessment type naming convention in PCMS, with more detailed assessment information included in course outline in the learnonline site
- Ensure a consistent approach to assessment naming across courses and programs to increase clarity for students
- Reduce the number of amendments requiring DPAAG approval
- Enable a clearer mapping of course and program assessment for accreditation reporting purposes.

You can find the list of approved assessment types from the share point link below:

Recent new course/program approvals:

**Master of Advanced Clinical Physiotherapy**
This new program has been approved at DPAAG and now is subject to review by Academic Standards and Quality Committee (ASQC). In the next newsletter I hope to be able to report that we will be offering this new post-graduate physiotherapy program from 2016.

This program will offer three pathway options and will combine block face to face teaching with digital learning options for students. The pathways are:

- Advanced Musculoskeletal (prescribed courses)
- Advanced Sports (prescribed courses)
- Advanced Clinical (flexible and elective study options)

**Professional Certificate in Health Consumer Engagement**
This professional certificate will be delivered through iCAHE (International Centre for Allied Health Evidence). It is 13.5 units (2 courses). The audience for this professional certificate are health consumer representatives and health professionals working in policy, services and care and healthcare who are interested in establishing and maintaining partnerships with consumers and or carers. “Partnering with Consumers” is Standard 2 of the National Safety and Quality and Health Service Standards, and this program can assist key people in health organisations to develop skills and management plans to meet this requirement. For more information please contact Deb Kay (Debra.Kay@unisa.edu.au)

**Update on Digital Learning Strategy**
We need to be ready and responsive to opportunities that present that can assist us with developing and accessing funding and development opportunities. I know that some of you have been pro-active in responding to recent funding/development offers. I will be working with the Learning and Teaching Unit to develop capacity for staff to develop skills in digital learning, so expect to see workshops come up at different times. If you have any special requests, let me know. Workshops may not be just about the online tools, but also on how to integrate and use the online environment to structure and scaffold your teaching. To kick off, there will be a Virtual Classroom workshop (attendance by virtual classroom) in the next few weeks. Think outside the square, you may find this technology useful not only for running teaching sessions, but also for meetings i.e. when collaborating with staff at other campuses, or you might want to invite a lecturer from overseas to inspire your students online. More information will be available soon.

I will also be making time to meet staff individually and in teams to map the existing online teaching activities across the school and to look at where digital teaching might best be placed to achieve a blended learning approach.

**Useful information and reminders**

**e-books as textbooks**
Have you considered replacing your recommended text books with e-books. Your students may like you better if you can offer them a freely available text through the library. The library staff are happy to assist you in finding a suitable online text or investigating if your preferred text is available on line.

Make an enquiry at LBY-Health-DivLib@unisa.edu.au

**IT issues**
I am meeting monthly with Ricky Critcher where we discuss IT issues facing our school. If you have any IT concerns/issues, please let me know and I can feed it back to Ricky at our meetings.
Social Media Guidelines
A reminder about the school’s Social Media Guidelines which have been developed to help students be mindful of professional behaviour when engaging in social media. Feel free to post this on your course homepages and also to refer to this document in classes. You can find it in the Teaching and Learning Section of the school share point: https://teamsites.unisa.edu.au/hsc/hls/Teaching_and_Learning/Forms/AllItems.aspx

Aged Care Awareness website
This is a reminder of a great resource that was developed to increase awareness and understanding of the complexity of aged care service provision, as well as highlight the opportunities for learning and career development for health professionals in aged care. There are modules and resources that you might find useful to use in your teaching. http://agedcareawareness.com.au/

ASSOCIATE HEAD OF SCHOOL (RESEARCH)

School of Health Sciences Research Developments and Research Training News
Susan Hillier (Associate Head of School)

Welcome HDR Candidates

Welcome the following new Higher Degree by Research (HDR) candidates, who will be joining us for study period 5

- **Dot Dumuid** - Social and environmental determinants of physical activity, screen time and weight status in children: the International Study of Childhood Obesity, Lifestyle and Environment (ISCOLE) (Supervisors: Dr Carol Maher, Professor Tim Olds)
- **Jasvir Bahl** - International musculoskeletal research institute hip replacement biomechanics (Supervisor: Dr Dominic Thewlis)
- **Joseph Campbell** - Learn to move, move to train: amending the long term athlete development framework - effects of auditory feedback of motor skill performance during sport specific training in adolescent athletes (Supervisors: Dr Maarten Immink, Dr Kade Davison, Dr Margarita Tsiros)
- **Lisa Matricciani** - The relationship between objectively measured sleep duration and patterns and health outcomes in 10-11 year old Australian children (Supervisor: Professor Tim Olds)

Congratulations to **Dr Tash Stanton**, Research Fellow, BiM, (Tall Poppy) and **Dr John Arnold**, Lecturer: Exercise Science (SA Science Award) and best of luck for the finals.

Ongoing activities:

We continue to field regular questions from **would-be PhD candidates**. We triage the requests into cold, warm and hot: cold usually being some molecular scientist who addresses me as Dear Sir; warm being they have research training, not too many grammatical errors in the letter and are in the areas of interest to the School; hot is no errors of English expression, directly in our areas of strength and have the pre-prerequisites for admission. If you receive any inquiries please feel free to discuss with me (Susan/Marie) in the first instance and then we can respond according the level of “warmth” via the office (Deb/Ryan).

**Reviews of progress** – well done all PhD candidates for completing this important step in their candidature – the first round for 2015.

**Research week** – plans are afoot for 2015 Research Week. Based on feedback we will continue to sessions for first year PhD candidates, posters for mid-year and 5x5 for final year candidates. Staff will again be able to share their research in short sessions. We will not be holding a “fun” activity this year because not enough people
have time for “fun”. Sad but true. There will be Great Debate and hot topics are already being kicked around – none of which involve the Kardashians.

Granting – good luck to everyone fielding reviewer comments and rebuttals for NHMRC and others.

HDR Representatives

As many of you know, Joel Fuller has stepped down as HDR Representative effective June. Following a call for nominations, we’d like to welcome Brad Stenner to the role. Brad joins current HDR rep Carolyn Murray. Once again, sincere thanks to Joel for his outstanding representation of his peers during his term, and best wishes as he begins his Fulbright Scholarship.

We have also recently introduced a new HDR social representative role. We’re pleased to welcome Daniella Dougherty (ICAHE), Sarah Wallwork (BiM) and Max Nelson (ARENA) to these roles, and look forward to seeing where they take them!

Finally – thank you to everyone for your warm wishes for my secondment to the Division for up to 12 months (Dean: Research and Research Education). It is a great opportunity to gain some insights into the next level of research support and strategy. I look forward to sharing these with you all on my return. In the meantime Marie Williams will do a reprisal of one of her career defining roles. I will be in P5-06 if you need to find me.

Regards

Susan Hillier

MANAGER: CLINICAL OPERATIONS

School of Health Sciences Clinical Operations News
Jodie Quilliam (Manager)

It’s been a very busy and productive time in the clinical space the last few months and I do hope Raewyn enjoyed cruising the coast off Croatia in her yacht (yes people... in her yacht!!). Welcome back Raewyn I hope you had the best time!

- The Exercise Benefits Magill official launch was Friday the 12th of June. Mr Phil Smyth and Professor Robert Vink had to compete with 202 plastic ducks for the spotlight! Huge thanks to Deb Williams, Joseph Campbell, Denise Matthews, Judy Barnes, Kylie Fogarty and everyone else who contributed to pulling the launch together. The facility looks fantastic and will be an asset to the campus.
- The GP Clinic relocation to C2 is now in full swing with the anticipated handover date around the 3rd week of August, this will conclude the staged development of the C2 area and we are looking forward to presenting the new space at the next Open Day.
- We have established a clinical placement partnership with Far West Local Health District and the Far West NSW Medicare Local (soon to be WPHN) to deliver Podiatry Services to the Broken Hill Region. It was enormous amount of work to bring this 3 year deal together and in addition to Sara Jones’ remarkable scheduling prowess, a huge thank you to Katie Thomas and Lynn Corbett who have been fantastic in establishing the model in challenging circumstances and always with a smile, well done Ladies, I couldn’t have managed to pull this off without you all!
- We have our first formal partnership involvement with the PAFC community program when we send 2 staff and 2 students to Ceduna for an Indigenous Football Carnival – The Maurice Miller Football, Colleen Tschuna Netball Cup. I understand this is highly competitive each year so I think they will be seeing some great games.
There are a number of other irons in the fire that I can’t formally announce at this time so will save them for the next edition.

A big thanks to everyone for supporting me when Raewyn was on leave, I certainly appreciated your assistance and can’t believe that 6 weeks went so quickly so thanks guys!

Regards

Jodie

LEARNING AND TEACHING COMMITTEE

School of Health Sciences Teaching and Learning Committee News
Shylie Mackintosh (Chair)

The School of Health Sciences Teaching and Learning Committee has had a busy start to the year of new faces on the committee.

Teaching and Learning Committee

Shylie Mackintosh (joint chair)  Jane Coffee (joint chair)
Denise Ogilvie  Nayana Parange
Eileen Giles  Brooke Osborne
Caroline Adams  Mark Jones
Gillian Carr (EO)  Sara Jones
Sue Gilbert-Hunt  Kerry Thoirs
Hugh Stewart  Maureen McEvoy
Scott Polley  Jessie Childs
Brad Stenner  Alison Bell
Ryan Causby  Caroline Fryer
Jane Shepherdson  David Birbeck
Cristina Blefari

Lunchtime Teaching & Learning Sessions: These commenced last year and we have had some interesting presentations so far on:

- Embedding Simulation in Clinical Physiotherapy by Jane Coffee
- Teaching Portfolios by David Birbeck
- On-line assessments

A new initiative this year has been a monthly teaching tip from School TALC – a short snappy message that is hopefully timely for what is happening in the life of an academic.
A helpful tip from School TALC...

Did you know that results entry is not complete unless results appear in the Grade Roster Result and Grade Roster Grade columns on the Result Entry page?

If you would like to share a quick tip please contact us and we will share it with the school.

**Induction to Teaching:** We continue to work on developing an ordered, useful process to induct new academic staff members (sessional and contract) to the world of teaching and learning at the School of Health Sciences.

Other issues that have been discussed and redirected to other forums include: CEI’s for casual staff, first year experiences, developing databases of exam questions, assessment load, and student representation within programs.
STAFF NEWS

University of South Australia ‘Crossing the Horizon’ 100 Professors Scheme:

Introducing Professor Eva Bezak

On behalf of the School of Health Sciences and the Medical Radiation suite of programs, I am delighted to welcome **Professor Eva Bezak** (Professor in Medical Radiation) who joins us in a continuing, full-time post from August 3rd, 2015.

Professor Eva Bezak has an MSc in Medical Physics (University of Adelaide) and a PhD in Nuclear Physics (Australian National University). From 2006 till 2015 she was Chief Physicist at the Royal Adelaide Hospital and an Affiliate Associate Professor at the University of Adelaide where she was responsible for postgraduate student teaching and training programs. Eva has supervised over 25 postgraduate students to completion (Honours to PhD) and been a regular contributor in the Medical Radiation Program at the University of South Australia for a number of years.

Eva currently sits on the Australian Academy of Science working party to write a position paper on Future of Accelerators in Australia. In May 2015 she was elected to the Administrative Council of the International Union of Physical and Engineering Sciences in Medicine, and appointed to Chair the Women in Physics and Biomedical Engineering Task Group.

During 2009-2011 Eva was a member of the National Radiation Oncology Tripartite Committee (ANZCR, ACPSEM, AIR) developing standards and KPIs for the Radiation Oncology Quality Program and co-authored the Tripartite National Strategic Plan for Radiation Oncology 2012-2022. In 2010-2012 she was elected President of the Australasian College of Physical Scientists and Engineers in Medicine, also serving as an Australian representative on the Asia-Pacific Federation of Medical Physics Council. She was the project leader for the Department of Health and Ageing funded Australasian College of Physical Scientists & Engineers in Medicine (ACPSEM) proposal to develop a new national training program for imaging medical physicists.

Eva’s research includes radiobiological modelling with several world class models developed for microscopic tumour spread, microdosimetry for ionization damage on a sub-cellular level, investigation of peripheral neutron/photon doses in external beam radiotherapy for prostate cancer, associated risks of radiotherapy related cancer; investigation of tumour hypoxia in head and neck cancers and its impact on radiotherapy fractionation schedule. In addition to modelling, Eva’s research group has been developing new microdosimetry measurement techniques using Timepix detector (developed in CERN, the European Organization for Nuclear Research).
On the 26th of June we bid farewell to two of our long serving and wonderful physiotherapy colleagues, **Coralie English and Lucy Lewis**. Good luck ladies 😊!

![The Health Science team gather to wish farewell to Coralie and Lucy](image1)

![Coralie and Lucy at their farewell lunch](image2)

### New Arrival

Congratulations to **Dr Arjun Burlakoti** and his wife, Rakchha, on the arrival of their beautiful baby daughter Bindee!

Bindee was born on 11th May 2015 at 11:48am, weighing 3.39 kg, length 50 cm and head 34cm.

![Dr Arjun Burlakoti, Rakchha and Bindee](image3)
**Achievements and Awards**

**Associate Professor Susan Hillier – Award from SA Government**

*Associate Professor Susan Hillier* receiving a certificate of appreciation from the Minister for Health, the Honourable Jack Snelling for her chairing of the SA Health Stroke Statewide Clinical Network. All networks have now been disbanded and new clinical governance structures are being created around activity specific working groups as part of Transforming Health.

**Dr Tasha Stanton – Tall Poppy Award (2015)**

*Dr Tasha Stanton* is a recipient of the Tall Poppy SA award, an award that recognises both excellence in research and in communication of this research to promote public engagement in science. She will attend a Presentation Ceremony at Government House on July 27th, 2015 to formally receive her award.

**Dr John Arnold – SA Science Award Finalist**

*Dr John Arnold* who recently completed his PhD in the School of Health Sciences has been announced as a finalist of the SA Science Awards PhD Research Excellence category. From Wednesday 15 July, South Australians will be able to visit the Science Awards website and vote for their preferred nominee for the People’s Choice Award. Finalists and winners will be announced on 13 of August. Congratulations John!

**Associate Professor Alison Coates – NHMRC Panel Chair Appointment**

*Associate Professor Alison Coates* was selected to be Assistant Chair on a Project Grants Grant Review Panel for the NHMRC and will spend a week in Canberra in August.

**Daniel Harvie and Ross Smith – SA State iAwards**

The University of South Australia team led by *Daniel Harvie* (Body in Mind) and *Ross Smith* (Wearable Computer Lab) has just been awarded a Merit at the SA State iAwards - the statewide prizes for ICT innovation. The awarded innovation is a virtual-reality based system designed to simulate motion. Using the system the team has already shown that visually simulated motion can modulate pain in people with chronic neck pain. The study, published in the top psychological journal, Psychological Science, attracted a great deal of attention here and overseas, for its innovation and elegant design. This is an outstanding achievement - presented by the Minister for State Development and grants the team automatic entry to the national iAwards in Melbourne in August. Check it out on YouTube at: [https://www.youtube.com/watch?v=IvthtyTXYzk](https://www.youtube.com/watch?v=IvthtyTXYzk)
Dr Kylie Johnston - Featured in Snapshot

**Dr Kylie Johnston** and team had their Project *Implementing care co-ordination plus early rehabilitation in high-risk COPD patients in transition from hospital to primary care,* featured in the Snapshot of Australian primary health care research 2015.


Dr Emily Ward – Country Health SA invite

**Dr Emily Ward** was invited to provide a video conference to 10 sites for Country Health SA on 1st June regarding evidence for intervention for Developmental Coordination Disorder (DCD). She was also invited to provide a lecture evening for the Australian Physiotherapy Association National Paediatric Group on Management Strategies for DCD on 18th June.

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### School of Health Sciences leads on Impact in ‘The Conversation’

Two articles in ‘The Conversation’ are among the top read articles:

**No brain, no pain: it is in the mind, so test results can make it worse**
By **Professor Lorimer Moseley** — 30 April 2015, > 18,000 reads

**Obesity wars revisited: is it the meat or the motion?**
By **Professor Tim Olds** — 27 April 2015, > 3400 reads

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### Grant Successes:

**Dr Michelle McDonnell** and **Associate Professor Susan Hillier** have been awarded a $30,000 grant from The Ian Potter Foundation for the project “Early active arm movement to drive cortical reorganisation following stroke”. They have also been awarded $40,000 from the Nancy and Vic Allen Stroke Prevention Fund.

Congratulations to Bachelor of Health Science Honours Program student, **Mr Lennie Shore**, supervised by **Associate Professor Alison Coates, Dr Alison Hill** and **Dr Sze Yen Tan**, for his award of both the **University of South Australia Computer Grant ($1,500)**, and the **University of South Australia Rural Transition Grant ($6,000)**. The University of South Australia Rural Transition Grants have been established to assist students from rural and isolated areas to fund the costs associated with relocating to pursue full-time undergraduate study at any University of South Australia campus.
UniSA Research Themes Investment Scheme

Congratulations to those staff who have been awarded as part of the DVCR’s inaugural UniSA Research Themes Investment Scheme.

- **Dr Ashleigh Smith**, Dr Hannah Keage, **Associate Professor Alison Coates, Professor Tim Olds and Professor Jon Buckley** - $36,941 for their project on ‘Development of a neurovascular marker of cognitive impairment’. There is overwhelming evidence linking vascular contributions to late life cognitive impairment and dementia risk. In collaboration with psychology, they will investigate the relationship between neurovascular health (by pairing two non-invasive neurophysiological techniques), cognitive function and cardiovascular risk factors in older adults (with and without cognitive impairment). By establishing this relationship, the findings will provide the first step in the development of a new, inexpensive neurovascular biomarker, indicative of future cognitive decline.

- Dr Kathleen Conellan, Dr Jane Andrew, **Dr Ben Sellar**, Janyce Allan, Susan Emerson and Dr Jonathon Crichton - $9200 to undertake research on issues of nutrition and food consumption in residential aged care facilities, and development of best practice models and policies for the design and delivery of spaces in which intergenerational social participation can take place in aged care facilities.

- Dr Svetlana Bogomolova, **Professor Jon Buckley**, Dr Adam Loch, Professor Larry Lockshin, Mr Graeme Longmuir, Dr Herb Sorensen - $40,000 for their project on ‘Can we ‘nudge’ consumer choices towards healthier locally produced foods in supermarkets?’ There is substantial evidence that food choices are primarily based on habitual semi-conscious behaviours. ‘Nudging’ is a novel approach to influencing behaviour on a semi-conscious level. About 70% of food consumed in developed countries comes from supermarkets, hence the healthfulness of supermarket choices greatly impacts on diet quality. Supermarket profit margins on many fresh foods, which are often healthier foods, are higher than on processed foods and the fresh foods are often produced locally. Therefore, there is economic incentive for supermarkets to promote healthier foods which also supports local economies. This project will apply nudging principles in a supermarket setting to develop a system of scalable in-store interventions that could lead to healthier food choices for the whole population, while at the same time improving the profitability of the supermarket and supporting local producers.

- **Professor David Roder**, Professor William Runciman, **Dr Kerri Beckmann, Dr Hanna Tervonen**, Dr Elsa Dent, Professor Ian Olver - $35,000 for their project ‘Enhancing and expanding a state-wide linked database to improve outcomes in colorectal cancer care.’

- **Dr Natalie Parletta**, Professor Mary Steen, **Dr Dorota Zarnowiecki**, and future PhD candidate Angie Willocks – scholarship awarded for postgraduate support package to a student who has an externally funded stipend for a project titled ‘An investigation of nutrition and peri-natal depression, health professional knowledge and translation into practice’.
A full range of podiatry services are now available to communities in Broken Hill and remote areas of the Far West of New South Wales thanks to a new partnership between Far West Local Health District (FWLHD), Medicare Local and the University of South Australia’s School of Health Sciences. Based on the highly successful UniSA Podiatry Clinic already operating in Adelaide for the past 15 years, the podiatry service forms part of the University’s undergraduate teaching program and will run with registered practicing Podiatrists supervising undergraduate Podiatry students to carry out podiatric assessment and treatment.

Professor Roger Eston (Head of School: School of Health Sciences) says he is delighted to be able to extend the service and provide a new landscape for training podiatrists to apply their experience, knowledge and skills.

“Our successful community-based model has a strong track record of not only providing accessible services to the community in metropolitan Adelaide, but also of bringing services to rural and remote communities who would not otherwise have access to podiatry,” Prof Eston says.

“The new service is sustainably structured to ensure continued availability of podiatric care and it will offer a unique experience for students visiting the rural and remote communities in the far west region.”

He says the three-party partnership will also collaborate with the Royal Flying Doctor Service (RFDS), Maari Ma Health and local General Practices to meet a community service needs and secures 60 student clinical placements per year.

“This is a fantastic opportunity to do a couple of really important things,” Prof Eston says.

“We are making a long term commitment to the far west region of NSW and many of its remote communities and at the same time we are giving future podiatrists the chance to practice and extend their skills. They will see a much broader and more interesting caseload and that is likely to encourage some of them to return to the regions to build their careers.”

A full range of regular podiatry services will remain free for eligible patients. Specialist orthotic services will be provided on a cost-recovery basis which will be discussed with the patient at the time of consultation.

CEO of the Far West New South Wales Medicare Local, Stuart Gordon, welcomed the collaboration.

“Together we will be ensuring better access to high quality Podiatry services in the Broken Hill township and surrounding communities,” Gordon says.

“We will work with UniSA, FWLHD, GPs and other service providers to ensure we deliver the best services based on the needs of individual communities.

“These developments are the product of some wonderful collaboration between our organisations and provide the opportunity for a very significant increase in service for the Broken Hill and surrounding communities.

“The cooperation and support of the Local Health District along with the enthusiasm and experience of the UniSA have created an innovative opportunity for stakeholders in the Far West.”
(By Jeanette Cordwell)

After 25 years and much coercing from our own Rose Boucaut (thank you, Rose 😊), I started to row again down at Port Adelaide. Having left rowing on a high note I wasn’t really sure what to expect but knew, if given the chance, I would really like to be on the ‘achieving’ side of my favourite sport. When I started I was lucky enough to fall in with a bunch of girls who also had the same desire for achieving and right from the start we talked about competing in the Australian National Masters rowing titles. Each competition we entered, we won and began to assert our authority as the rowers to beat. I started to get fitter and was able to push harder. That is when I was put in the Stroke seat (oh, the pressure! 😅). In March we won the state title for Quad and Coxed Four. We also came in under the required time for state selection.

After nine months of training I was heading off to my first National titles (although Masters) in 25 years. Our first day of completion was the Coxed Four. We hadn’t really trained in this boat and only rowed in this event four times but it was going to get us out and use to the Olympic venue at Penrith. 12 other crews meant we needed to come in the first 4 in our heat. We finished in a tight 2nd and in 1½ hours we were heading to the final. Masters distance is 1000 metres as opposed to Olympic distance of 2000 metres, thank goodness! Our first final for the regatta we didn’t get a great start but soon pegged back to finish a solid second. As we were the first club crew we got the bonus medal 😊.

The next day was our Quad race which is what we had been training in for most of the season. There were 23 other crews and the competition was much fiercer. We had to finish in the top 3 for our heat – which we did. Again lining up for the final we were one of the slowest out of the start. By the 500 metres we had managed to power on and were in the mix. We lack the competition that other states have throughout the season but we crossed the finish line in a very proud 3rd. There was one last race which was the state championships. Our mantra is to ‘beat the Vics’. Unfortunately, we weren’t good enough and came 4th but only by 1¾ of a second to third place. We were the only club crew in the race with all other states having their best rowers in their boats.

I am already looking forward to getting back into a scull, training harder every day and looking ahead to next year and to ‘beat the Vics’! 😊

A proud Jeanette displaying her medal with team members. Well done ladies!
Appreciation Quotes

Roger

The past couple of weeks I have had cause to work with many sections of the School and University more broadly: BDU, finance, travel, facilities, security, catering, academic and teaching staff, students and admin, HR, the Ethics Committee and senior staff within the School. I haven’t had a single bad experience – quite the reverse. In a number of cases people have gone out of their way, unprompted, to make something a bit challenging work. What’s more, in a number of those exchanges I have been working with/on behalf of external parties and it’s been great to see their surprise and satisfaction at the efficiency and courtesy of our staff. I know admin and systems processes can be slow and appear cumbersome so thought it worth noting this experience of great service on so many fronts.

Have a great weekend!

Debra Kay, ICAHE

Medical Radiation Accreditation Visit:

- Great job well done team! Hope all went swimmingly Jane and the accreditation panel were happy - Jodie Quilliam

- Thanks to everyone with the Med Rad Accreditation visit this week. A big shout out to Ryan McEachen for preparing all that documentation and the huge workload involved in getting it done on time and to the accreditation panel. Tim Brooke-Smith

- Dear Tim (Brooke-Smith). Thank you so much for your assistance over the past few days and in the build up to the accreditation team visit. To have tasks simply and efficiently taken care of in a professional manner was fantastic both for all the documentation and the visit as well. My thanks are also extended to the rest of the C8 team who are always there to assist as and when required with a smile and calming word for stressed people and I have certainly been there of late. Their professional approach to the accreditation process and the team and my last minute requests for information or guidance were very much appreciated. Please pass on my thanks to all of them. We are blessed to have such a great support team- Jane Shepherdson
**NEWS FROM RESEARCH GROUPS**

**iCAHE website statistics/analytics**

On average 2/3rds of the traffic to the Sansom Institute comes in through the iCAHE website, which attests to quality of the iCAHE website and the resources made available. Data reflect statistics from the first quarter of 2015.

<table>
<thead>
<tr>
<th>Research Group (including sub-pages)</th>
<th>Page Views</th>
<th>Unique Page Views</th>
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<tr>
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<td>Exercise for Health and Human Performance</td>
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<td>Aboriginal Health</td>
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<td>Molecular and Evolutionary Physiology of the Lung</td>
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A short course in conditioning elite athletes was recently completed. It was developed and conducted jointly by Professor Kevin Norton [UniSA] and Dr Darren Burgess [Port Adelaide Football Club] with assistance from Adam Hewitt [UniSA] and a number of other high-performance staff at the PAFC. There were 11 students enrolled in the 9-day program. The students came from a variety of backgrounds [3 physiotherapists, 1 pharmacist and 7 sports scientists] and locations around the world.

Some were already working with high-performance athletes in other sports [Gaelic football in the Irish league, Manchester City in EPL soccer, English national rugby 7’s team, Australian national netball and extreme sports conditioning in California], while others had a desire to work with elite athletes. The full time course included attending 2 AFL games, an SANFL game and formal lectures on exercise science. However, it concentrated on hands-on screening and conditioning principles used in high-performance environments such as the AFL and was therefore based at the PAFC. The AFL is globally recognised as a leader in the areas of athlete conditioning and the use of technologies [such as GPS] and strategies [for example, altitude and heat training] to monitor and condition players. The students attended medical and sports science meetings, were behind the scenes on game day to experience the game-day player preparation as well as seeing post game recovery methods. There were also numerous on-field conditioning lessons with the players and sports science staff. The course finished in Melbourne with a game at the MCG [see photo]. The student course evaluations rated it +91/100.

Prof Kevin Norton
Dr Darren Burgess with students

Students watch PAFC players warm-up

International students with coaching staff from PAFC
The Exercise Benefits Magill Health and Fitness Centre was officially opened on Friday, 12 June 2015. Mr Phil Smyth and Professor Robert Vink (Pro Vice Chancellor: Division of Health Sciences) attended the launch as distinguished guests to officially open the centre, together with key community stakeholders including Basketball SA.

The new health and fitness facility encompasses both new infrastructure and an innovative and enthusiastic approach to providing health & fitness services for students, staff and the general public. It is part of the Division of Health Sciences and at the forefront of education and service provision across the spectrum of human physical capacities. Exercise Benefits Magill links by referral with our UniSA Health Allied Health support clinics that can provide laboratory monitoring for people with chronic conditions, exercise therapies for rehabilitation, through to sports science expertise and testing facilities for high-performance athletes.

This development looks sensational and delivers a dedicated high-class workout space for students, staff and the general public. Exercise Benefits Magill also plays a significant role in meeting the placement requirements of our Bachelor of Applied Science (Human Movement) students and will be the new host of our Physiotherapy for Children Program “Motor to the Max” supporting student delivered physiotherapy services to preschool children.

If you have the opportunity please do not hesitate to visit this exciting new space for student, staff and general public health and wellbeing.
Pluck a Duck!

What a lot of ducks! Jon Buckley and Phil Smyth look on in wonder.

Kade Davison collects his prize from Denise Matthews.

Jessica Sanderson breaks the pole in enthusiasm to get a duck! Well done Jess! 😊

PVC Bob Vink checks out his duck! Meanwhile the ‘real’ duck in the foreground decides to join in on the fun! 😊
“The event was our first community-based, hands-on engagement with Port Adelaide Football Club’s WillPOWER program which supports rural health programs. Initially Sue Gash, Joseph Campbell & 2 students (Rhys Brook – Human Movement & Samantha Saunders – Health Sciences) went as support to figure out how we can continuously track schools’ and individuals’ participation after events and back into their home areas. We ended with ‘Squats for Tops’ & ‘Push Ups for Prizes’ as we figured it best for the students (and adults) to do a bit of exercise for their goodies. You’ll see in the video lots of smiles and encouragement as all types worked up a sweat in the name of good health & sportsmanship. One young athlete was even brave enough to take on past Power player Wade Thompson in a push up contest! Good times, good cause & good takeaways!!

Thanks to the UniSA School of Health Sciences & Paul Vandenbergh for organising our participation with the Power Aboriginal WillPOWER Program.”
Exercise Right Week  
By Claire Neylon

‘We celebrated Exercise Right – a week to celebrate the work of Accredited Exercise Physiologists and promote the importance of exercising correctly for your individual body and mind. Accredited Exercise Physiologists are allied health professionals who have been university trained to work with people dealing with chronic conditions, using movement and physical activity to assist in the management and treatment of their condition and overall wellbeing. Some particular conditions we work with include but are not limited to cardiovascular disease, diabetes, osteoporosis, mental health problems, cancer, arthritis, pulmonary disease.

On Wednesday the 27th May the UniSA Health Exercise Physiology Clinic and students held an event in the City East plaza to help spread the good word and educate our campus about exercise physiology and the importance of remaining active. Given the concentrated population of people that tend to spend a large amount of time sitting at a desk either working or studying we conducted some lunch time stretching and spoke to many individuals about the importance of physical activity for stress management and mental health and lower back pain. There was also a raffle in which 3 lucky winners won complementary assessments in our Exercise Physiology Clinic. Anyone who approached us were able to undergo a health screen and speak one on one to one of our students about their health and physical activity habits.

After speaking to many people we feel that the day was a great success and look forward to repeating the event on an even bigger scale next year. I would like to give a big thank you to all staff and students that assisted in making this event happen.

Anyone interested in learning more please come down to the Exercise Physiology Clinic on level 2 of the Centenary Building. Our friendly staff would love to speak to you and assist you in working towards your goals so that you can exercise right for you!!!

EXERCISE SAVES LIVES SO SPEAK TO YOUR ACCREDITED EXERCISE PHYSIOLOGIST TODAY!
On Thursday 4\textsuperscript{th} and Friday 5\textsuperscript{th} June the Physiotherapy Clinic and the Mobile Allied Health Clinic were at Alberton Oval for the Aboriginal Power Cup. Dr Maureen McEvoy and Mr Ian Fulton brought the students on placement at the Physiotherapy Clinic to Alberton Oval to perform injury assessments and massages to the high school students taking part in the Power Cup. This event provides a fantastic opportunity for our students to interact with the Indigenous community and to see a range of injuries which occur on a football field.

Roger Eston with student mentors from the Schools of Health Sciences, Psychology and Education. Thanks and well done to all of you!

Players and guests at Port Adelaide Football Club 2015 Aboriginal Power Cup (you can just make out PVC Laura-Ann Bull and Steve Dowdy (Head: UniSA College) in the background).
Following visits from a Myanmar delegation in 2012 and visits to Myanmar by Heads of Schools in the Division of Health Sciences in 2013 and 2014 with Professor Bob Bauze (University of Adelaide) the Department of Foreign Affairs and Trade (DFAT) has awarded over $750k to support the visits of 25 Australia Award Fellows from Myanmar in 2015. UniSA is the lead organisation contracting with DFAT in collaboration with the Universities of Adelaide and Sydney.

The Australia Awards are prestigious international Scholarships and Fellowships to develop skills and knowledge and build relationships between Australia, regional neighbours and the international community. The Fellowships provide short-term study, research and/or professional development programs in Australia for current and future leaders and mid-career professionals from eligible developing countries.

The School of Health Sciences welcomes two more Australia Award Fellows Mon Mon Hnin Lwin and Saw Mya Soe who join the Physiotherapy team until the end of September.
The School of Health Sciences has partnered with the SA Brain Injury Rehabilitation Service at Hampstead Rehabilitation Centre, with Associate Professor Susan Hillier, Simon Mills and Dr Maggie Killington running a workshop for physiotherapists on Rehabilitation After Severe Brain Injury.

Severe acquired brain injury often results in multiple, complex issues that completely change an individual’s skills and lifestyle. Evidence shows that there are huge variations in outcome for different people who survive a severe acquired brain injury. While some people make a remarkable recovery, others make much more limited progress, so building our understanding of what best aids recovery is a priority for health professionals. The workshop highlighted how meaningful recovery after severe brain injury can occur despite having very severe impairments, a long timeframe since injury or being in an older age group.

The workshop covered areas including how to apply clinical assessments to people with severe deficits, addressing issues of severely impaired muscle performance, and strategies for cognitive and behavioural rehabilitation. Case examples were used to demonstrate application of principles to practice. The importance of rehabilitation "driving" recovery was a recurring theme.

This is the first time that this dedicated training on severe Brain Injury recovery has been provided in South Australia. The workshop was a great success, and has highlighted priorities for research in this field.
SHOWCASE RESEARCH AND CALL FOR PARTICIPANTS

Exercise to improve brain health

By Dr Ashleigh Smith

Excitingly, research has shown that engaging in regular aerobic exercise plays a protective role against dementia in healthy people. Participation in cognitively stimulating activities like playing cards or attending the theatre, social activities like having a coffee with friends and physical activities like gardening or attending a gym class also significantly reduces the progression to a dementia diagnosis in individuals living with memory complaints or mild cognitive impairment. Therefore, maintenance of a healthy lifestyle through stimulating leisure activities and regular aerobic exercise is a promising therapeutic strategy to reduce dementia. The current challenge we face is in the uptake and maintenance of sustainable and enjoyable aerobic exercise in many older adults.

In the proposed research we will address this challenge by using a novel computer based virtual reality exercise program on a stationary bicycle. Participants involved in the study will be invited to ride the bike and steer an animated figure on a computer screen around a track. We believe that this task will be physically challenging, enjoyable and stimulating for the brain. This research is the first of three studies associated with an Alzheimer's Australia fellowship (held by Dr Smith).

We are interested in inviting any older adults >65 years, who are currently living with mild cognitive impairment or, who are concerned about their memory, to take part in this study which will involve 3 visits to the University of South Australia’s Alliance for Research in Exercise, Nutrition and Activity (ARENA) laboratory. Participants will undergo a brief health screening, an assessment of cognitive performance and memory and 2 supervised exercise sessions on a stationary bike (at an intensity selected by yourself). If you are interested (or you know someone who may be interested) in the study please contact Dr Smith on 8302 1735 or Ashleigh.smith@unisa.edu.au

About the author: Dr Ashleigh Smith is an Alzheimer’s Australia Dementia Research fellow who is working within the School of Health Sciences. Her work focuses on reducing age-related disability in older adults through applying novel, sustainable and enjoyable exercise interventions and exploring the nexus between physical activity, brain function and cognitive health. This study is being conducted in collaboration with Dr Hannah Keage (PSW) Professor Roger Eston (HSC), Associate Professor Gaynor Parfitt (HSC) and honours students Mr Liam Mcauliffe (HSC) and Ms Caitlin Gray (PSW).
Do you know where your hands are?

Sure you do! But in the Body in Mind lab, Valeria Bellan can make you doubt it.

Valeria just got her PhD in Experimental Psychology and Cognitive Neuroscience from the University of Milano-Bicocca in Italy, supervised by Dr. Alberto Gallace, but she spent most of her time at BIM (www.bodyinmind.org) co-supervised by Prof. Lorimer Moseley. In February 2015, she officially entered the UniSA family as a post-doctoral fellow. Her work is focussed on so-called ‘self-localisation’, namely the ability to localise one’s own body parts. To do this, she employs different body illusions that trick your brain into believing your arms are somewhere they are not, or, in fact, nowhere at all!

The very first experiment on this matter has recently been published on Experimental Brain Research and a couple of others are on their way, too. There are two main illusions: the disappearing hand trick and the tendon vibration illusion. In the disappearing hand trick, she asks you to put your hand inside a grey box: you’re able to see your hand through a glass, but, at one point, your right hand disappears from view and when you try to touch it with your left hand…your right hand is no longer where you last saw it! This funny illusion was developed at University of Nottingham by Associate Professor Roger Newport and then the machine (called MIRAGE, www.miragelab.co.uk) has flown down under to land in BiM’s lab.

If this illusion is all about vision, the second one is all about proprioception. In the early ‘70s, between psychedelic rock’n’roll and drug-induced hallucinations, some researchers found out that by vibrating a tendon the brain is tricked into thinking that the muscle is contracting. This can affect one’s whole body position and even one’s own body shape. The step from this to the so-called Pinocchio illusion was very short. If you hold your nose while you perceive that your arm is extending you might experience what the poor wooden puppet did when he told a lie: since your fingers holding your nose are getting away from your face (because your arm is extending), but you still feel the tip on your nose between your fingers, the only possible solution is…your nose is elongating! Valeria, together with Sarah Wallwork, is running a brand new experiment by using the tendon vibration illusion. So, if you’d like to have a go or if you’re just curious about Mirage, just pop your head in Valeria’s office and she’ll be happy to show you her work.
PUBLICATIONS BY STAFF AND STUDENTS

5 Year IF=2.188; 2 Year IF=1.659 (45/86 Health Care Sciences & Services).

Abstract

Impact Factor NA.

Abstract

Impact Factor NA.

Abstract

5 Year IF = 2.341; 2 Year IF = 1.824 (27/49 Geriatrics & Gerontology).

Abstract

5yr IF= 3.281 (115/252 in Psychology).

Abstract

5 Year IF= 4.499; 2 Year IF=3.972 (34/124 Endocrinology & Metabolism. 12/79 Nutrition & Dietetics).

Abstract

Impact Factor N/A.

Abstract


Abstract


Impact Factor N/A

Abstract

5 Year IF=3.733, 2 year IF= 4.029 (13/65 Peripheral Vascular Disease).

**Abstract**


5 Year IF= 4.18, 2 Year IF = 3.30 (10/51 Behavioral Sciences, 98/252 Neurosciences).

**Abstract**


Impact Factor N/A

**Abstract**


5 Year IF=3.793; 2 Year IF=3.079 (9/81 Sport Sciences).

**Abstract**


Impact Factor N/A.

**Abstract**


5 Year IF = 1.312; 2 Year IF = 1.111 (114/162 Public, Environmental & Occupational Health).

**Abstract**


5 Year IF = 0.958; 2 Year IF = 0.730 (77/89 Health Care Sciences & Services).

**Abstract**


5 Year IF= 5.159; 2 Year IF=4.617 (25/194 Clinical Neurology. 1/63 Rehabilitation).

**Abstract**


5 Year IF = 2.286; 2 Year IF = 2.175 (6/22 Integrative & Complementary Medicine).

**Abstract**


5 year IF = 4.626; 2 year IF = 3.976 (1/64 Rehabilitation, 31/192 Clinical Neurology).

**Abstract**

**5 Year IF = 5.411, 2 Year IF = 5.035 (5/27 Critical Care Medicine).**

**Abstract**


**5yr IF= 6.560, Rank 13/192 Clinical Neurology**

**Abstract**


**5 Year IF = 4.58, 2 Year IF = 4.01 (28/192 Clinical Neurology, 63/252 Neurosciences).**

**Abstract**


**5 Year IF = 2.563; 2 Year IF = 2.040 (113/192 Clinical Neurology).**

**Abstract**


**5 Year IF = 6.24, 2 Year IF = 5.21 (Anesthesiology 2/30, Clinical Neurology 17/192, Neurosciences 35/252).**

**Abstract**


**5 Year IF = 3.011; 2 Year IF = 2.441 (9/63 Rehabilitation).**

**Abstract**


**5 year IF = 3.67; 2 year IF = 3.29 (8/118 Pediatrics)**

**Abstract**


**5yr IF= 3.281 (115/252 in Psychology)**

**Abstract**


**5yr IF= 6.536 (13/153 Medicine)**

**Abstract**


**5 Year IF = 4.58, 2 Year IF = 4.01 (28/192 Clinical Neurology, 63/252 Neurosciences).**

**Abstract**

Abstract N/A.

5 Year IF = 3.79, 2 Year IF = 2.53 [15/72 Orthopaedics, 8/64 Rehabilitation].

Abstract

5yr IF= 3.356 (58/192 Clinical Neurology).

Abstract

5 Year IF = 3.04, 2 Year IF = 2.56 [Psychology, Multidisciplinary 23/129].

Abstract

5 Year IF =4.58; 2 Year IF = 4.01 [28/192 Clinical Neurology; 63/252 Neurosciences).

Abstract

5 year IF = 3.221 2 year IF = 2.986 (9/72 Orthopedics)

Abstract

5 year IF = 4.533; 2 year IF = 4.476; 9/77 Nutrition & Dietetics

Abstract


Abstract

5 year IF = 2.103; 2 year IF = 1.838 (38/57 Respiratory System, 22/27 Critical Care Medicine).

Abstract
The 'peas and carrots' were Ashleigh Clark (carrot) and Josh Howden (peas). The costumes were Ashleigh’s idea.

Graduate Entry Physiotherapy Year 1 half way through their OSCE - forcing a smile. Anything for an extra 5%!

The students in Human Nutrition (a second year course that is common to students studying Human Movement (IBHT), Clinical Exercise Physiology (IBCP), Health Science, Nutrition and Food Science and an elective for students in Medical Science) gave group presentations comparing an analysis of their diets with dietary guidelines. One particular group of students are to be commended for the enthusiasm they brought to this exercise by dressing up as vegetables. This was a great way to encourage healthy eating and to remind people to eat 5 serves of vegetables every day. Great effort!!

Adelaide Radiotherapy Centre celebrated Biggest Morning Tea across all 4 Adelaide sites. ARC staff and University SA Medical Radiations students put on morning tea for patients having cancer treatment at their facilities. And thanks to the generosity of patients their friends and family they raised over $1990. A BIG thanks to all staff for their time, enthusiasm and baking prowess!
**Achievements and Awards**

**Sujatha Raj - Endeavour Foundation Endowment Challenge Fund**

Congratulations to *Sujatha Raj* who has been successful with an Endeavour Foundation Endowment Challenge Fund Student Award ($5,000) to support her PhD studies investigating home-based occupational therapy in people with Down’s Syndrome and dementia (supervisors Mandy Stanley, Shylie Mackintosh and Caroline Fryer). Did you know that adults with Down’s Syndrome have an increased risk of developing younger-onset Alzheimer’s disease because of their chromosomal anomaly?

**Jane Chalmers – Ian Gould Prize**

*Jane Chalmers*, PhD student, Body in Mind Research Group was awarded the 2015 Ian Gould Prize for Experimental Science. This award is open to all higher degree students at the University. Jane continues BiM’s stellar track record for this prize - to have won it three years in a row is absolutely outstanding.

**Tory Madden – Conference Award**

Congratulations to *Tory Madden*, PhD student, Body in Mind Research Group, on winning the free platform prize at the recent South African Pain Congress, held in Johannesburg from 22-24 May 2015. Tory’s presentation was entitled ‘Can pain be a classically conditioned response?’

**Dr Jayne Barbour – PhD Award**

Congratulations to *Dr Jayne Barbour*, who had her degree conferred at the June meeting of the University Council. Jayne was supervised by *Associate Professor Alison Coates, Associate Professor Janet Bryan, Professor Jon Buckley and Professor Peter Howe*, and her thesis was titled ‘Health benefits of peanuts: Effect of peanut consumption on cognition, vascular and cardio-metabolic risk factors and satiety’. Jayne will attend the upcoming graduation ceremony in August to receive her degree.

**Melissa Hull – First Publication**

Congratulations to *Melissa Hull* for her first publication from her Honours thesis, entitled: ‘Relationships between digit ratio (2D:4D) and female competitive rowing performance’ published in *American Journal of Human Biology*. Melissa is now studying toward her PhD looking at *Cultivating farmer health: Profiling health seeking behaviours in South Australia’s farmers* with supervisors *Associate Professor Jim Dollman, Dr Martin Jones* and *Dr Kate Gunn*.

**Dr Stefania Velardo – Bachelor of Health Science PhD progress**

The Bachelor of Health Sciences commenced in 2007 with the first graduates finishing in 2009. We now have our first PhD from the graduates of the program. *Dr Stefania Velardo* - Title of thesis: ‘Understanding preadolescent nutrition literacy in a low socioeconomic region of South Australia’. Stefania’s research specifically addressed questions around the construction of children’s nutrition literacy, by exploring the ways in which children access, understand, evaluate, and use nutrition information in their everyday lives. The socio-ecological nature of this research highlighted the dynamic connections between various interpersonal agents and organisational structures in shaping children’s nutrition literacy, including the home setting, the school setting, and traditional and non-traditional media. Congratulations to Stef, who is also now on staff at Flinders University.
Mendelson Scholarship

The City of West Torrens has finalised the recipients for the Mendelson Scholarship for this year. The scholarship is available to full-time undergraduate students who, at the time of enrolment, have been resident in the City of West Torrens for a minimum of five years prior to application closing date and are Australian citizens. The scholarships will be awarded for a one year period to the commencing student with the highest entrance score and the continuing student with the best academic performance during the previous year. The value of the scholarship is determined by the West Torrens City Council.

Congratulations to Alexandra Rice, Bachelor of Physiotherapy, Kenneth Do, Bachelor of Medical Radiation Science and Eva Benkic, Bachelor of Medical Radiation Science

The scholarship presentation ceremony was on Friday, 26th June.

Reflective Reports


By Judy Sprod – PhD candidate ARENA – HLS Conference Scholarship recipient

In June this year I was fortunate to receive financial assistance from a School of Health Sciences Conference Scholarship to attend the International Society for Behavioral Nutrition and Physical Activity (ISBNPA) conference in Edinburgh, UK. A kilted bagpipe player (of course!) opened the conference in front of a record number of 1220 delegates. Other unique features of this event were the provision of standing places instead of seats, the use of 'active applause' which involves standing during applause and the healthy food provided at breaks.

The presentations and posters of particular interest for me were those on physical activity and sedentary behaviour in older adults and also the measurement of activity. It was useful to find out what and how activity was measured in other studies across the world with associated positives and negatives of each method.

During the conference I gave a short oral presentation entitled 'Changes in sedentary behaviours over the transition to retirement' which allowed me to present some of the findings from my PhD research. The messages from sessions I had attended was that life stage, rather than age, should be investigated, that there are limited studies that include both subjective and objective measures of activity and that there are few longitudinal studies. I was pleased that my study met all these criteria.

In addition, as a co-author, I stood by a poster submitted by Dr Katia Ferrar as she was unable to attend the conference. The poster was entitled 'How stable are time use patterns in retirement' and involved cluster analysis of the data set from my PhD research. Being at my poster station provided excellent networking opportunities. Emma Thomas from the Nuffield Department of Population Health spoke to me about the ways in which she is measuring time use with the assistance of 'tomorrow' diaries and chest mounted cameras. Prof Magnus Lindwall from the University of Gothenburg, Sweden mentioned the group called Integrative Analysis of Longitudinal Studies of Aging (IALSA) which harmonises the findings of health and retirement studies worldwide. He has been involved with the Survey of Health, Ageing and Retirement (SHARE), a large population study across 17 countries in Europe.
Overall it was a great buzz to meet prominent authors in the field and hear about the research activity that is occurring worldwide. If you would like to hear more please feel free to contact me.

13th National Rural Health Conference, organised by the National Rural Health Alliance Report

By Melissa Hull - PhD candidate ARENA - Conference Scholarship

In late May I had the opportunity to travel to Darwin to present at the 13th National Rural Health Conference, organised by the National Rural Health Alliance (NHRA). This year the theme was focused on the People, Places and Possibilities of rural health in Australia. Almost 1200 delegates from across Australia and neighbouring pacific countries attended the four day conference. One key focus of each National Rural Health Conference is to provide evidence based recommendations on rural health issues that can be actioned by Government.

I was invited to present some pilot research my supervisors and I conducted last year comparing the barriers farming and non-farming rural adults’ face when accessing health services. In the lead up to the conference I was asked to accept a place on the program as part of the special Men’s Health colloquium. As part of this colloquium I was given the opportunity to be involved in regular planning teleconferences, as well as presenting a five minute summary of our work during the colloquium (this was quite a challenging task for my first conference presentation).

Throughout the week I attended a wide range of sessions including keynotes where the challenges of completing quality rural health research were discussed. With over 400 concurrent abstracts included on the program, I was able to attend a wide range of sessions. Several were extremely relevant for my current PhD research including a presentation about some of the practical and logistical implications of physical activity and nutrition interventions in rural Australia, the successful use of local field days as health screening and education events and how rural men’s perceptions can influence their health and wellbeing.

A highlight from the final session was the keynote given by the lead author of the Regional Wellbeing Survey. I was quite excited to discover the upcoming release date for the latest 2014 report and that the report had been expanded following the 2013 release to include occupational specific health and wellbeing data.

The conference dinner held on Monday night was another highlight with some hilarious interpretations of the ‘Darwin Tropical Rig’ theme which had to be seen to be believed. Besides the many Hawaiian shirts there was one notable NHRA delegate who arrived dressed as a stuffed foam carrot!

As someone who is still quite early in my candidature attending this conference has provided me with valuable skills including expanding my networking and presentation skills as well as increased media exposure, and an increased understanding of the planning required to organise such a large conference. Overall attending the Darwin conference was a worthwhile and exciting opportunity. Being able to meet and talk to a wide range of clinicians, academics and service providers has helped to reaffirm the importance of my ongoing work in this area.

I would like to thank UniSA for providing the conference scholarship which was a huge help in covering the costs and my supervisor As Pr Jim Dollman for his advice and guidance in the lead up to the conference.
The Centre for Social Evaluation Workshop

The Centre for Social Evaluation hosted a workshop on the 18th May 2015 focussed on Developmental Evaluation. A call was put out to students undertaking the newly implemented “Principles and Practises of Evaluation” course for students to assist on the day as a great means of gaining some professional development.

Two students from the Bachelor of Health Sciences program, Bianca Fisher and Veneza DaCosta Luz Ferreira eagerly took up this option and as part of this wrote a guest blog on the experience for Together SA. The content of their blog is below but if you want to see the real blog with a couple of accompanying photos the link is here: http://www.togethersa.org.au/?p=728

“Mark Cabaj’s workshop on Developmental Evaluation was an invaluable opportunity for us as students to learn and build upon our prior knowledge of evaluation. We were not only part of the audience, but encouraged to engage in the works of the seminar, through which we gained new experiences and learned valuable skills. With the help of Moira Deslandes, we were taught how to send tweets, caption pictures and tag other organisations into our tweets, as Veneza and I had never used Twitter before. We were expected to Tweet often during the all-day seminar, keeping the community involved and up to date with what was occurring. During lunch and snack breaks we had the opportunity to network with all sorts of amazing people; to learn their stories, how they ended up in their careers and what they hoped to achieve in their jobs. We were surprised to see such a wide range of people attend from all over Australia, from not-for-profit organisations to those in the Department of Education, and were very grateful for the opportunity to meet these remarkable people.

We found the seminar reflected what we had learned in our university subject ‘Principles and Practices of Evaluation’. Although Developmental Evaluation had not been a form we had studied before, we found it shared various aspects with many of the forms we had researched. Canadian Mark Cabaj had extensive knowledge of this emerging form of evaluation and his humorous and passionate delivery kept us the audience engaged and attentive. Discussed in this seminar were the themes of accountability, improvement, cross-scale complexity and data interpretation (among others) which solidified what we had learned in our course. What really stood out for us was the way he reiterated the importance of a continuous cycle of evaluation; ideally, after each time a project is completed, it should be evaluated then improved and then reimplemented. Each time the program is rolled out it should be better than last time, but unfortunately lack of resources or an absence of desire to give resources makes a situation like this highly unlikely to occur. Interesting issues and discussions came out of this seminar and provoked our own thoughts on the subject, contributing to our critical thinking ability which is a skill the majority of our academic essays rely upon. We are certain we can use skills like these in the future, in everyday life and our careers in health promotion.

Overall, we are extremely thankful that we were chosen to participate in this workshop, through the sponsoring of UniSA and the help of our teachers. We would also like to thank Moira Deslandes, our supervisor, who taught us so patiently the ways of Twitter and allowed to us to have an active role in the workshop. Being part of a team and working together with Together SA and SIMNA was definitely a positive, enriching experience.

Bianca and Veneza”
FUTURE EVENTS and ANNOUNCEMENTS

The Bob Hawke Prime Ministerial Centre, Pain Adelaide and the Australian Network for Art and Technology (ANAT) present The Art of Pain, an exhibition, keynote lecture and panel discussions about the experience of chronic pain.

We encourage you to join us over these three days of events.


Expressions of Interest

The foundation seeks EOI from research teams interested in funding for health services research to begin in 2016 that will drive improvements in the quality, safety, appropriateness and cost effectiveness of health care in Australia.

Please visit: http://www.hcf.com.au/about-us/hcf-foundation/ if you are thinking of submitting an application please contact Senior Business Development Manager Bruce Chadwick on ext 22333 or Bruce.Chadwick@unisa.edu.au
In 2015, the University is again a sponsor of the **State Population Health Conference** (SPHC) to be held on Saturday, 31st October. A call for abstracts is now underway and it would be wonderful to see many of our staff and students in attendance; registration is highly affordable and the conference provides a local opportunity for students and staff to engage in this area of research. As articulated in the flyer, abstract submissions are invited from staff and students, both undergraduate and postgraduate.

**Call for Abstracts**

2015 State Population Health Conference

The SA State Population Health Conference is the premier developmental opportunity for emerging public health researchers and practitioners to present their work to a local audience.

We invite abstract submissions on any topic in public health, from public health students (undergraduate, postgraduate, coursework and research), ECRs, AFPHM Trainees, and practitioners.

In keeping with our theme this year we are also asking that in your submission you directly address implications for policy and practice.

**Why should you submit your work to the State Population Health Conference?**

- it’s a friendly and supportive environment in which to present and to encourage networking
- we welcome both qualitative and quantitative presentations
- abstracts can be submitted regardless of the stage of your project or thesis
- choose oral or poster presentation
- affordable registration charges ($30 students; $70 members PHAA/AHPA/AEA/AFPHM; $80 non-members)
- prizes for Best Oral, Best Poster and Most Popular Presentation

**ABSTRACTS DUE FRIDAY AUGUST 14TH AT 5PM**

"Keynotes were interesting, presentations were engaging and provided a valuable opportunity to present in front of a friendly audience, lots of opportunity to mingle”

Would you please forward this on to the relevant academic staff and student groups in your school, and/or include content in your local newsletter? If you require further information, please contact [Dr. Liz Buckley](#), the UniSA representative to the SPHC Organising Committee.
Young Investigator Award

The Information for Applicants (including key dates), Audio Tips and Verification Form can be accessed via https://www.wchfoundation.org.au/young-investigator-award-2015

The closing date for applications is Monday 13th July 2015 at 4 pm.

Call for Applications for 2015 Young Investigator Award

The Young Investigator Award recognises and promotes the outstanding research undertaken by young investigators in the area of women’s and children’s health. It also enables young researchers to present their research in a way that is easily understood by the general population.

Now in its 16th year, this highly prized award is an ideal forum for promoting media interest in the excellent and varied research undertaken at the hosting institutions by investigators researching women’s and children’s health issues.

For more detailed information about the Award including eligibility and application requirements, please go to:


YIA applications close on Monday 13th July 2015.

For more information, please contact:

Dr Andrea Averis
Chair, YIA Committee
Telephone: 81617703
E-mail: andrea.averis@health.sa.gov.au
Invitation to Open Seminar on ADHD, Aspergers/Autism new Treatments

As invitation is issued to interested groups to attend a complimentary seminar about breakthrough technology being used to treat the above conditions. The Open Seminar will be held at the Crowne Plaza Adelaide on Friday August 21. The Seminar is linked with the Applied Neuroscience Society of Australasia Conference which may also be of interest to health science. Registrations will only be accepted through the ANSA CONFERENCE 2015 website: http://www.plevin.com.au/ansa2015/

“Treatment of ADHD and Autism/Aspergers using Neurotherapy”
Friday August 21st, 6:30pm to 8:00pm
Crowne Plaza, Adelaide, South Australia

REGISTRATION AVAILABLE AT THE CONFERENCE WEBSITE

Neurotherapy has been used as a treatment for ADHD for more than 40 years. Research has shown its effects to be at least equal to improvements gained through medication. Furthermore, there is no risk of side effects and the gains made with neurotherapy are long lasting.

Neurotherapy has also been shown to improve functioning for those diagnosed with Autism, and/or Asperger’s Disorder. Studies indicate that neurotherapy can improve cognitive function, attention, self-regulation skills and reduce anxiety. A number of studies have also reported a decrease in core autistic symptoms as a result of neurotherapy.

PRESENTER: DR. MICHAEL LINDEN
Dr. Michael Linden is a clinical psychologist and has been Director of a Centre specializing in neurotherapy for more than 25 years. He has specialized in the assessment and treatment of children, adolescents, and adults with ADHD and Autistic Spectrum Disorder since 1982.

Dr. Linden undertook the first controlled study using neurotherapy for people diagnosed with ADHD. Since that time he has continued to be involved with research regarding the assessment and treatment of ADHD with neurotherapy.

Dr. Linden identified six subtypes of Autism and two types of Asperger’s based on QEEG brain localisation, which has greatly improved the success of Neurotherapy and other treatments for Autism Spectrum Disorder. He has published numerous journal articles and book chapters regarding assessment and treatment of Autism using neurotherapy. Dr. Linden is currently involved in a multi-site study of the effects of QEEG-guided Neurofeedback on connectivity measures, such as DTL, in Autism. Dr. Linden has also worked with athletes with ADHD/Asperger’s using neurotherapy to enhance performance, improve attention and manage anxiety.

Dr. Linden is also known for his presentations at professional conferences and also on a number of television programmes.

FREE ENTRY PROVIDED REGISTRATION IS COMPLETED ON THE CONFERENCE WEBSITE.
LIMITED PLACES AVAILABLE.

ANSA Conference Convenors
Dr. Tim Hill and Prof. Richard Clark
Nepal Fundraiser

Please join us to raise money for the Red Cross Nepal Earthquake Appeal

*Saturday July 18th at 7pm, at St Chad's Church Hall in Highgate.*

A three course dinner will be provided for your ticket ($40) and wine or beer may be bought at the bar.

We will have a silent auction to raise more money. If you have an item you would like to donate please do donate it!

[https://www.facebook.com/events/521397344681948/](https://www.facebook.com/events/521397344681948/)

If you are interested please contact Nicola, massy-westropp@unisa.edu.au

We hope you would like to come and bring a friend, or a table of friends!

Nicola, Harsha and Arjun.

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High Tea

**Melanoma Institute Australia**

Please join me on Sunday the 23rd of August

To support Melanoma Institute Australia in raising much needed funds for research and treatment

*Grange Golf Club, 2pm – 6pm, Tickets $40 (children free)*

*Dress: Smart Casual, RSVP by 19th of July 2015*

How will your $40 help? From every ticket sold, $20 will be donated to Melanoma Institute Australia

If you cannot attend but would still like to make a donation, please visit:


Please email Ali Kitchen ([Alexandra.kitchen@unisa.edu.au](mailto:Alexandra.kitchen@unisa.edu.au)) if you are interested in attending.
LIBRARY REPORT

NEW resource - AMIRSYS Imaging Reference Center

The library has purchased perpetual access to the Amirsys Imaging Reference Center. This database features 4,000 classic, clinical diagnoses; and nearly 72,000 high-quality, proprietary images such as MRI, CT scans, ultrasounds, x-rays and medical illustrations. Each diagnosis includes terminology, imaging, top differential diagnoses, pathology, and clinical issues.

The database can be searched or browsed, topics and images can be printed, and images can be downloaded to PowerPoint for easy use in your teaching presentations.

Amirsys will be added to the Database list, under the Medical Radiation subject heading, but in the meantime you can access it here: http://ezlibproxy.unisa.edu.au/login?url=http://access.ovid.com/demo/amirsys/imaging/amir15.html

Library Collection Relegation and Relocation

Later this year construction will start on the new collaborative teaching space (CTS) which will be located in the Doris Taylor Wing (Centenary Building) of the Library. In order to accommodate the CTS we will be relocating a large part of our health sciences print collection. Furthermore we are taking the opportunity to remove and relegate print titles published prior to 2009 that have not been borrowed in the last 7 years. All books being removed from our collection will be made available to staff and students to take for free. A number of titles will be relegated to our offsite store as per our Deselection and Relegation Policy. These titles can still be requested and borrowed by University staff and students.

At the end of 2014 our collection of ejournals, streaming video and other electronic resources (599,000 titles) exceeded our print collection (596,000 titles). This e-collection will continue to grow as we support the UniSA Digital Learning and Research Strategies to provide timely access to relevant resources anytime, anywhere on any device.

From July 6 we will begin the deselection and relegation of titles and place them on trolleys in the foyer for anyone to browse and collect for their personal use. Due to space constraints these deselected titles will be only be available for browsing for 2 days before being disposed of. We are taking the opportunity to do a considerable amount of this work during the mid-year break (July 6-24) to minimise disruption. As the work progresses some parts of the building and collection will become temporarily unavailable so please ask at the Service Desk if you have any questions.

By the end of this year we will have reduced our print collection by half (around 30,000 volumes) allowing more diverse learning spaces for our students on a campus where space is a premium. However, we will continue to provide the services and resources to support your students, your teaching and your research as we have done in the past. If you have any questions please contact the Academic Library Services Team.

Help with your author profiles - Do you have all your author profiles created, or up-to-date? The Academic Library Services team can assist you with:

- creating and/or updating your ResearcherID
- reviewing your Scopus ID, and checking your h-index
- creating an ORCiD profile, and linking ORCiD to your ResearcherID and Scopus ID profiles

ORCIDs are increasingly being used by funding bodies and journal publishers as a way to identify researchers. You may be required to add your ORCID when submitting papers with some publishers, or applying for certain grants. Registration is free and quick http://orcid.org/.

For help please email LBY-Health-DivLibrarians@unisa.edu.au. Also, see the Promote and Share Your Research guide > Create a Profile tab