Active Careers
A guide to careers in Health, Exercise and Sport

**HEALTH SCIENCE**
- Tailor your elective courses to your interests
- Undertake a health and wellbeing placement
- Gain specialised non-clinical skills for a diverse range of careers related to the improvement and maintenance of community health
- Study part of your degree overseas

**HUMAN MOVEMENT**
- Access state-of-the-art facilities
- Complete an industry placement giving you hands-on experience
- Select a study stream aligned with your career goals
- Benefit from postgraduate pathways including Teaching, Occupational Therapy and Physiotherapy

**EXERCISE AND SPORT SCIENCE**
- Learn from Australia's leading exercise scientists and high performance coaches
- Engage with industry through more than 140 hours of placement
- Eligible to apply for membership as an accredited exercise scientist with Exercise and Sports Science Australia (ESSA) (pending ESSA accreditation approval)

**CLINICAL EXERCISE PHYSIOLOGY**
- SA's only Bachelor degree qualifying you as an accredited exercise physiologist by Exercise and Sports Science Australia (ESSA) in 4 years
- Learn in dedicated laboratories and clinic facilities on campus with a dedicated honours degree
- Benefit from more than 600 hours of clinical placement experience

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**Clinical Trial Coordinator**
SAHMRI and Royal Adelaide Hospital
Michael Contibas
UniSA Health Science graduate

'I was always interested in healthcare and this flexible degree provided me with a well-rounded view of health as a whole, giving me a broad range of career options. It's rewarding working with patients who are benefiting from the studies we're running.'

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**Health & Wellness Coach**
Conscious Movement
Kirsty Welsh
UniSA Human Movement graduate

'This degree is a perfect springboard to kick-start any career in the ever-expanding health industry. The flexibility allows you to discover your own unique place in the field.'

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**UniSA PhD Candidate**
Port Adelaide Football Club
Daniel Rogers
UniSA Health Honours graduate

'I've always been active and enjoyed playing sport. Now, I get to work with elite athletes in a progressive sports science environment and learn from industry experts every day – things are never dull!'

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**Accredited Exercise Physiologist**
Helping Hand
Georgia Perkins
UniSA Clinical Exercise Physiology graduate

'I always had an interest in health and exercise so this degree was perfect for me. I get to improve the health of others through exercise whilst sharing my passion with them – it’s very rewarding.'
WHERE CAN MY INTEREST IN HEALTH TAKE ME?

**Exercise and Sport science**

- Community development officer
- Community support worker
- Health policy analyst
- Healthy ageing officer
- Project officer
- Clinical manager

**BACHELOR OF HEALTH SCIENCE**

- Community development officer
- Community support worker
- Health policy analyst
- Healthy ageing officer
- Project officer
- Clinical manager

**YOU COULD:**
- Improve community health
- Manage health care projects and develop policies
- Monitor health and growth of regions
- Coordinate healthy ageing programs for older people

**BACHELOR OF HUMAN MOVEMENT**

- Outdoor education and recreation instructor
- Physical training coordinator
- Allied health worker
- Sports coach
- Sport development officer
- Nutrition advisor

**YOU COULD:**
- Advise on exercise, health, wellbeing and nutrition
- Support and assist the work of allied health professionals
- Plan and coordinate outdoor group activities

**BACHELOR OF EXERCISE AND SPORT SCIENCE**

- Accredited exercise scientist*
- Physical training specialist
- Strength and conditioning coach

**YOU COULD:**
- Use biomechanics, physiology, psychology and performance analysis to increase fitness and performance
- Coordinate individual training plans
- Prepare athletes for high performance competition

**BACHELOR OF CLINICAL EXERCISE PHYSIOLOGY (HONOURS)**

- Accredited exercise physiologist

**YOU COULD:**
- Deliver clinical exercise, lifestyle and behaviour modification programs
- Prevent and treat injury and disease

These degrees can be studied as double degrees with Nutrition and Food Sciences or Psychological Science (Counselling and Interpersonal Skills)

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Find out more: unisa.edu.au/activecareers

Study at the No.1 University in South Australia for graduate employment in health* and:
- Gain real-world industry placements
- Experience state-of-the-art facilities
- Benefit from strong sporting team links
- Learn direct from Australia’s leading experts and researchers

* QILT: Australian Graduate Survey – Graduate Destinations 2016, UG Health Services and Support Full-time Employment Indicator