



**University of  
South Australia**

# Occupational Therapy for Children and Youth

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Working together to build the skills for a fulfilling life

## SERVICES

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Based at UniSA's City West Health and Medical Clinic, the Occupational Therapy (OT) Service offers assessment and treatment for children and youth. Services are delivered year-round by fully accredited and experienced OTs.

We deliver services that are flexible and family-centered, which may be accessed through use of National Disability Insurance Scheme (NDIS) funded plans, Medicare Referral Plans, Private Health Cover, or self-funded.

As part of an interdisciplinary service, the OT will work with the important people in your child's life (for example family, teachers and other therapists) to share goals, progress and strategies.

By working together, we can gain a better understanding of your child's strengths and challenges, and provide them with consistency so that progress can be achieved beyond the therapy setting.

## SERVICES *cont.*

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Your child may benefit from occupational therapy if they have difficulty with functional skills that underpin their ability to learn, play, socialise and complete daily routines.

The OT can work with you and your family to support your child to build new skills and develop strategies for the following:

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Fine motor skills

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Gross motor skills

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Regulation

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Sensory processing

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Executive functioning

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Self-care

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Social skills

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Play

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*Appointments are essential. Referrals are not required but are welcome.*

Please see Page 2 for contact details.

## COMMUNITY CLINICS

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UniSA also offers a range of other services for the community including:

- Allied Health
- Exercise Physiology
- Legal Advice
- Marketing
- Midwifery
- Psychology
- Physiotherapy
- Podiatry

To find out more, visit [unisa.edu.au/community-clinics](https://unisa.edu.au/community-clinics)

## CONTACT DETAILS

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Please contact us to arrange an appointment and for pricing.

### UniSA CITY WEST CAMPUS

Telephone: (08) 8302 0986

Fax: (08) 8302 7888

Email: [citywesthealth@unisa.edu.au](mailto:citywesthealth@unisa.edu.au)

#### Location

UniSA City West campus  
27-29 North Terrace  
Adelaide SA 5000

#### Clinic days

Monday–Friday  
(please contact us for opening hours).

#### Public transport

Public transport options are within walking distance of the clinic including the tram and buses.

Please visit [adelaidemetro.com.au](http://adelaidemetro.com.au) for further details.

