



Midwifery Clinic

Offering personalised maternity care from the moment you know you are pregnant

SERVICES

The UniSA Midwifery Clinic offers personalised pregnancy care to suit your individual and family needs.

We provide high quality, woman centred and family focussed pregnancy, as well as post-birth services including:

- pregnancy care
- preparation for positive birth
- hypnobirthing classes
- care after birth, for up to six weeks
- support with early parenting and feeding
- one-on-one breastfeeding support by a certified lactation consultant
- breastfeeding and parenting education sessions
- referral to specialists if necessary

All care is provided by an experienced registered midwife in an accessible and comfortable environment. You'll see the same midwife each time, ensuring you experience continuity of care throughout your pregnancy, and when you return home with your baby.

You also have the option of a UniSA midwifery student participating in your care under the supervision of the midwife, and to provide ongoing birthing support as you need. Women who utilise the pregnancy and afterbirth services will be linked to their local hospital for birth.

SERVICES cont.

Pregnancy Care

At each visit, your midwife will check that you and your baby are progressing well. You will have time to ask questions and discuss your pregnancy, as well as plan for your labour and birth, and learn about care after birth. You will need to attend a 'booking in' appointment with the hospital you have chosen for your birth.

Care after the birth of your baby

Your midwife will check that you are recovering well and that your baby is growing, and provide reassurance or referral where there may be concerns. Your midwife can see you for up to six weeks after your baby is born.

Breastfeeding support

In South Australia, many women leave hospital before breastfeeding is fully established and may require further support. If you find you are experiencing challenges with breastfeeding and require additional advice, our clinic has a Lactation Consultant available.

For a schedule of fees and rebates, please speak with your midwife.

Appointments are essential.

Please see Page 2 for contact details.

TEACHING & LEARNING

In addition to providing valuable maternity care to the community, the Clinic educates our next generation of midwives studying at UniSA. Educated in state-of-the-art facilities, students gain invaluable practical experience and exposure to a wide range of client needs.

Midwifery students are required to have continuity of care experience with a woman through her pregnancy. This means that with your consent, students will be offered an opportunity to follow you through your pregnancy, birth and after birth.

COMMUNITY CLINICS

UniSA also offers a range of other services for the community including:

- Allied Health
- Exercise Physiology
- Legal Advice
- Marketing
- Occupational Therapy
- Physiotherapy
- Podiatry
- Psychology

To find out more, visit unisa.edu.au/community-clinics

CONTACT DETAILS

Please contact us to arrange an appointment and for pricing.

UniSA CITY WEST CAMPUS

Telephone: (08) 8302 0986

Email: midwiferyclinic@unisa.edu.au

Location

UniSA City West campus
27-29 North Terrace
Adelaide SA 5000

Clinic hours

Please contact the clinic for available appointment times.

Public transport

Public transport options are within walking distance of the clinic including the tram and buses.

Tram:

"Park n Ride"-Park your car at the Adelaide Entertainment Centre and catch the free Tram to the West Terrace tram stop.

Please visit adelaidemetro.com.au for further details.

